

MONSTERS OF THE MIND

"Turn these souls into heavenly angels . . . so that the perilous darkness of ignorant prejudice may vanish . . ." —Bahá'í Writings

Have you ever been surprised by a mean, unfair thought that pops into your head? "Those clowns never pay attention—they'll probably flunk the test." "The new kid's clothes look expensive. I bet she's stuck up."

Prejudice can sneak up on us, like a monster jumping out from a dark hiding place. Even if we want to be friendly to everyone, we may have prejudices we're not aware of. They can slink into our minds for many reasons, including what we see in the media.

But there is good news—those monstrous thoughts can be tamed. Learning about other people's cultures and experiences can help us understand them better. And when we get to know people from different backgrounds, we can see things through their eyes and treat them with fairness and respect.

Check out these nasty monsters that can be found in gloomy corners where prejudice hides. Have you met any of them lurking in your mind?

These monsters are learning to overcome prejudice and negativity. Match each one to the book that will help.

1 Angry Argolf

THEY SAY MY TEMPER'S BIG AND BAD. IF YOU ANNOY ME, I'LL BE MAD.

2 Hateful Huck

IN HAPPY GROUPS, I'LL NEVER BLEND. DON'T EVEN TRY TO BE MY FRIEND.

3 Ignorant Ichabod

SO WHY SHOULD I LEARN MORE AND GROW? I'M SMART ENOUGH WITH WHAT I KNOW.

4 Arrogant Argus

EVERYONE SHOULD BE LIKE ME. IT IS THE GREATEST WAY TO BE.

5 Selfish Stanko

I ONLY WANT WHAT'S GOOD FOR ME, AND THAT'S THE ONLY THING I SEE.

6 Negative Nonon

DON'T SMILE AT ME. I THINK THAT'S DUMB. I SEE THE WORLD AS DARK AND GLUM.

7 Inflexible Iggy

I'M NEVER WRONG. I LOVE TO JUDGE. I WILL NOT CHANGE—I'LL NEVER BUDGE.

8 UnFair Ugor

EVERYTHING MUST GO MY WAY. AND THAT IS ALL THERE IS TO SAY.

BE COOL, BE CALM

Becoming Positive

Journey to Justice

GIVING IS GRAND

I CAN ADAPT

Wisdom Quest

How to Be Humble

Power of Love