

GAMES

FOR

CHANGE



Did you ever think that playing games could help change the world? It's true! Whether you love video games, board games, or sports, playing helps build communication. Everyone gets to practice focus, determination, and handling challenges. Why not invite a neighbor or your classmates to play? Your time together can help bring change and friendship to your community.

WALK AS ONE



Form teams of 4–6 people. Everyone on a team links arms. The outsides of their shoes must touch the shoes of the people on either side. The whole team moves from a starting line to a finish line without their feet losing contact (as if glued together). If anyone's feet stop touching, the team goes back to start. The first team to reach the finish line wins.

MAKE WHAT YOU HEAR



Divide into pairs. Each partner gets the same set of 20 LEGO pieces. Sit so partners can't see each other's work. One person builds something, then explains to the other how to assemble it, without saying what it is. No LEGO bricks? Draw a picture and describe it instead. Compare your art, then switch roles.

HULA HAPPINESS



Invite the group to stand in a circle. Place a hula hoop on one person's arm, then ask everyone to join hands. Challenge people to move the hula hoop all the way around the circle without anyone releasing hands. It takes cooperation to maneuver the hoop over people's heads and under their feet — and it leads to laughs!

CATCH A QUESTION



Write questions in permanent marker on a beach ball. For example, "What's your favorite way to help others?" Everyone stands in a circle. Play music while tossing the ball from person to person. Stop the music! The person holding the ball reads aloud the question closest to their right thumb and gives the answer. Start the music again and keep playing.