

Brilliant Star

BAHÁ'Í NATIONAL CENTER

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Brilliant Star empowers kids to explore their roles as world citizens. Inspired by the principles of peace and unity in the Bahá'í Faith, we encourage readers to use their virtues to make the world a better place.

The Bahá'í Faith is the second most widespread religion in the world, with over five million Bahá'ís. It was founded by the Prophet Bahá'u'lláh ("Glory of God" in Arabic) in 1863. Bahá'u'lláh taught that all people are part of one human family, and all religions come from one God. Bahá'u'lláh's eldest son, 'Abdu'l-Bahá, interpreted His teachings and led the Bahá'í community after Bahá'u'lláh's passing.

Today, Bahá'ís work to bring love and justice to the world, and end prejudice and discrimination of all kinds.

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FAVORITE FEATURES



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Maya's Mysteries
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We Are One
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Radiant Stars
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Stargazer: Roman OronaDedicated to sharing his culture and faith



Shining Lamp: Saichiro Fujita He brought laughter and joy to 'Abdu'l-Bahá.



Cosmo's Corner
A crossword and more from our favorite chameleon



aMAZEing ADVENTUREBee patient as you buzz through this happy hive.

BETTER TOGETHER VOL.51 NO.6



NEW DESTINATIONS



Recipe for Cooperation

Find ingredients that make teamwork sweet.



Shine Bright

Imagine and draw your radiant actions.



"Be Natural, Be Happy"

'Abdu'l-Bahá loved to see people smile.



Bloom with Friendship

Tips to help your relationships blossom



Primate Pals

Macaques go wild for helping friends.



Quiz: Do You Stay Connected?

How do you keep your safety net strong?



Space Ace

Scientists answer your cosmic questions.



What Do You Say?

How do you handle disagreements?



Be(A)st F(R)iends

Help crabby creatures exercise virtues.



Ear-resistible Service

Invite friends to leap into service!





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How do your friends help you sail through life? Maybe they help you look after your pets, or they cheer at all of your games. Or maybe they always make you laugh.

There's nothing sweeter than a true friend. In the past few years, the *entire world* has been learning

together how to navigate the twists and turns of a global pandemic. When the waters of life get choppy, family and good friends can help you stay afloat.



In this issue, explore the power of friendship.

Discover a recipe for cooperation. Practice resolving conflicts with respect. Quiz yourself on how well you stay in touch with friends. Join Nur in making a treasure chest gift for a pal. And get to know Roman Orona, an Indigenous artist and performer who inspires us to remember how we're all connected.

We can't avoid life's storms, but we can try to be a safe harbor for someone who needs it. How will you chart a course toward kindness today?

BRILLIANT STAR *



Shine Bright

"Polish the mirrors of hearts in order that they may become illumined and receptive of the divine light." –'Abdu'l-Bahá

hen light streams into a room and you look in a mirror, you'll see a clear image shining back. In a similar way, the love of God is like a light, and you can be a mirror that reflects it.

Challenges such as selfishness or dishonesty are like dust on a mirror—they block your radiant strengths. But you

can clear away the grime. If you make a mistake or hurt someone's feelings, apologize sincerely. Reach out to others with kindness. Lend a hand with a task or tell a friend how much you appreciate them. Prayer and meditation are refreshing, too.

With a polished mirror, your virtues will shine bright and help illuminate the world!



A Brief Timeline

The Life of Bahá'u'lláh

The highlighted area marks the time in which this story takes place.

1817 November 12

Birth of Bahá'u'lláh in Tihrán, Iran

1844

Recognizes the Báb as a new Messenger of God

1852

Imprisonment in the "Black Pit" of Tihrán

1853-1863

Exile in Baghdád, Iraq. From 1854-1856, He goes into the mountains to pray in solitude.

1863 April

Declares Divine Mission as Prophet-Founder of the Bahá'í Faith

1863-1868

Exile in Constantinople (Istanbul), then Adrianople (Edirne), Turkey. Begins writing letters to kings and rulers in 1867, urging world unity

1868

Last exile, to prisoncity of 'Akká, Israel

Finally free to live in countryside homes of Mazra'ih and then Bahjí, outside 'Akká

1892 May 29

Bahá'u'lláh passes away at Bahjí.

Bahá'u'lláh's Life: Mission of Peace A Friend in the Mountains

√hroughout His life, Bahá'u'lláh was known for being a kind friend to all, even when facing challenges. When He was young, He spent His time exploring nature and helping people. By His early 20s, He was known as the "Father of the Poor."

Even when His life was in danger, He continued to support others. In 1852, Bahá'u'lláh was arrested by government leaders for following the peaceful teachings of the Báb. His family's home was ransacked and their belongings stolen. He was thrown into an awful dungeon in Tihrán known as the Black Pit. Still, Bahá'u'lláh praised God and uplifted the spirits of other prisoners. He taught them to chant, "God is sufficient unto me; He verily is the All-sufficing! In Him let the trusting trust."

When Bahá'u'lláh was released four months later, He was exiled to Baghdad, Iraq. His family had lost everything, and they lived very simply. But Bahá'u'lláh persisted in caring for others. People were attracted to His generous spirit.

His half-brother, Mírzá Yahyá, grew jealous of the love and admiration shown to Bahá'u'lláh. Mírzá Yahyá spread lies about Him, causing confusion and disunity in the community. Still, Bahá'u'lláh treated him kindly and let Mírzá Yahyá live in His home.

But Mírzá Yahyá's jealousy grew. Hoping to bring peace and relieve His half-brother's anger, Bahá'u'lláh left Baghdád. He lived alone in a cave on the mountain of Sar-Galú in Kurdistán. He had only one change of clothes and ate meals of bread and cheese.



Bahá'u'lláh stayed alone in the mountains of Kurdistán for about two years, praying and meditating.

One day, Bahá'u'lláh met a young boy crying by the side of the road. Bahá'u'lláh asked why he was so sad. The boy explained that he couldn't practice his handwriting for school because he didn't have any calligraphy to copy. He was afraid to return to school without his work.

"Weep no longer," Bahá'u'lláh gently replied. "I will set a copy for thee, and show thee how to imitate it."*

At school, the boy proudly showed his teacher the calligraphy that Bahá'u'lláh had created for him. The teacher was astonished by its elegance and knew that the quiet man living alone in the mountains was more than He seemed. A group of scholars visited Him and were amazed at His wisdom. Soon, people from all over the region—rich and poor, academic and uneducated—were drawn to Bahá'u'lláh's magnetic warmth and insight.

After about two years away, Bahá'u'lláh returned to Baghdád. The community had become discouraged and conflicted under Mírzá Yahyá's poor

"Incline your hearts, O people of God, unto the counsels of your true, your incomparable Friend." — Bahá'u'lláh

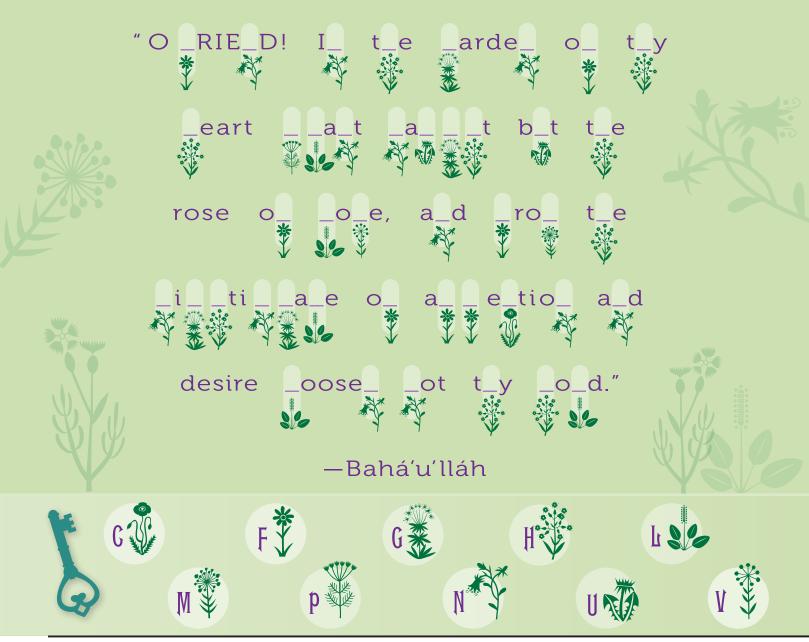
leadership. Bahá'u'lláh encouraged and guided them so their faith and unity grew. The community once again began to flourish.

In time, Bahá'u'lláh would reveal many teachings to help unite humanity. His Faith continues to inspire millions of people around the world to be a friend to all and build lasting peace.



The Bahá'í Faith now has over five million followers. Its World Center has about a million visitors yearly.

Use the key to decode this quote that Bahá'u'lláh revealed in Baghdád.



ANSWER ON PAGE 28 VOL.51 NO.6 ★ Brilliant Star



"Be Natural, Be Happy"



elcome, my boys," 'Abdu'l-Bahá said to William and his brother Wendell. Then he lovingly chanted a prayer for them. It was November 1901, and the young Dodge brothers had just arrived in 'Akká (now in Israel) after a long journey from New York, U.S. William was 21 and Wendell was 18.

The brothers stayed in 'Abdu'l-Bahá's home for 19 days, eating meals with him and some Persian Bahá'ís. As 'Abdu'l-Bahá spoke, the young men eagerly took notes. The talks were published in a booklet by the New York Bahá'ís.

'Abdu'l-Bahá told them, "One of the most severe of the world's diseases is that of contention and strife... The faithful followers of God must be as the banner of peace and as the most luminous sun of harmony and union."

'Abdu'l-Bahá talked of serious subjects, but he had a good sense of humor. One day, a thick soup was served. William rested his spoon in the soup and raised his hand to adjust his collar. As he brought his hand back down, his elbow hit the spoon's handle. Soup flew right into the whiskers of the Persian Bahá'í sitting next to him!

William was terribly embarrassed. But 'Abdu'l-Bahá laughed and said, "Do not worry. That is a blessing."

Wendell asked, "Who gets the blessing, Bill, you or the friend with the whiskers?"

'Abdu'l-Bahá laughed again.

William said, "Wendell and I were so glad to be with 'Abdu'l-Bahá. At . . . times we were quite jolly."

But their interpreter, Dr. Amin Farid, was uneasy about their carefree attitude. He said when they were with 'Abdu'l-Bahá, they should be reverent, bow their heads, and avoid smiling.

So the next time William and Wendell went to the dining room, they entered with bowed heads



After 'Abdu'l-Bahá was released from 'Akká in 1908, he welcomed guests from around the world to his home on Haparsim Street in Haifa.

and did not smile. But 'Abdu'l-Bahá quickly passed them by, paying no attention.

Back in their room, the brothers wondered why 'Abdu'l-Bahá's attitude toward them had changed. They decided that they weren't very good actors. At the next meal, they smiled.

'Abdu'l-Bahá smiled and hugged them. He said, "That's the way I want you, boys, to act—be natural, be happy."

When 'Abdu'l-Bahá told them goodbye in December, he gave them a letter for their father, Arthur Dodge, a devout Bahá'í. He wrote, "Thy two happy sons have presented themselves to this blessed spot . . . The traces of the love of God are brilliantly manifested in their faces."

Nearly 11 years later, in April 1912, the brothers and their parents met 'Abdu'l-Bahá's ship in New York. Wendell, a journalist, wrote an article about 'Abdu'l-Bahá that was published worldwide.

William built a career as a lawyer and judge. Speaking about his experiences at age 78, he said, "I am truly grateful for the sacred privilege of knowing and associating with 'Abdu'l-Bahá."



Gems of Friendship: A Treasure Chest Gift

"Ye are My treasury, for in you I have treasured the pearls of My mysteries and the gems of My knowledge." -Bahá'u'lláh

y awesome friends Jade and Ruby are jewel beetles. Similar to sparkling gemstones, they come in amazing colors. They share their cool games and gadgets, too. But that's not why I love them. I treasure them for their kindness and honesty. We have so much fun playing and making art together!

My beetle buddies have a culture that's different from my firefly family's culture. Still, they listen to me, respect me, and encourage my creative interests. And I get super inspired learning about their traditions and crafts. The brilliant way they use color lights up my imagination!

To show my thanks, I made Ruby and Jade a treasure chest gift. Inside are photos, drawings, and souvenirs of our best memories.

What do you love about your friends? Create this gift to express what makes them shine!



You'll Need

- 2 pieces of 3½" x 2½" (8.9 cm x 6.4 cm)sturdy cardboard
- 17" x ½" (43.2 cm x 1.3 cm) ribbon
- 2½" (6.4 cm) circle for tracing
- craft sticks

- · craft gems
- ruler
- scissors
- pencil
- · tacky glue
- · decorative bead
- decorative paper
- masking tape

- 1 (a) Draw a line across both pieces of cardboard that's 2" (5.1 cm) from a short end. Cut along lines to make four rectangles. (b) Place circle over smaller rectangle so edges meet (on three sides). Use pencil to trace it. Cut rounded corners. Repeat for other rectangle.
- 2 Trace each cardboard shape twice on paper. Cut out shapes and glue to front and back of cardboard pieces.







Place seven sticks in an even row to form bottom of box. Tape across center to hold sticks in place.



4 Cover one long edge of both cardboard rectangles with glue. Center each gluey edge ¼" (0.6 cm) from end of sticks. When dry, remove tape.



5 (a) Turn bottom of box on its side. Glue five sticks centered on short edges of cardboard to form a side of the box. Let dry. (b) Turn box over and repeat Step 5 on opposite side.





6 (a) Place twelve sticks in an even row. Tape across center of row to secure sticks. Place two more tape pieces about 1/2" (1.3 cm) from central strip on each side. (b) Cover curved edge of each small cardboard piece with glue. Center each gluey edge upside down, ¼" (0.6 cm) from ends of sticks. Carefully wrap sticks around edges of both curves to form curved lid of chest. Cup hands underneath to support curve. When dry, remove tape.





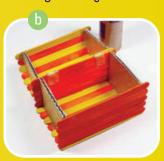
7 Glue two 7" (17.8 cm) pieces of ribbon around lid's top, about 1" (2.5 cm) from each side. Make sure extra lengths of ribbon hang over same side.





8 (a) Fit lid over chest base. Trim or press cardboard edges a bit for closure, if needed. Glue extra lengths of ribbon along back of box as a hinge to attach lid. Let dry. (b) Open lid. Glue two pieces of 11/2" (3.8 cm) ribbon inside box to reinforce hinge. Let dry.





9 Glue ½" x 2½" $(1.3 \times 6.4 \text{ cm})$ paper strips to cover exposed cardboard edges.



Decorate box with bead and gems. Fill with treasures (such as photos, drawings, or souvenirs) that honor your friendship. Give as a gift to your friend!





"The winds of tests are powerless to hold back them that enjoy near access to Thee from setting their faces towards the horizon of Thy glory . . ." -Bahá'u'lláh



WARMTH OF FRIENDSHIP

thought entering my school's science fair would be a breeze. But when it was time to sign up, I had a storm of ideas swirling in my head. It was kind of overwhelming to choose a project!

Like a breath of fresh air, my friend Kiara suggested we team up. We made anemometers to measure wind speed in different places. At the same time every day

for two weeks, she went to the park, and I went up to the bridge. The wind was a lot faster on the bridge! That high up, there were no buildings in the way to slow the wind down.

Our project showed me that it's great to have helpful neighbors! They may have awesome ideas. Friends can warm your heart when chilling stress blows your way.

MAKE YOUR OWN ANFMOMFTER

You'll Need: Five 3 oz. (89 mL) paper cups, two straws, hole punch, ruler, pushpin, pencil with eraser, timer

1. Punch four holes (equally spaced) just below rim of one cup.



2. Push straw through holes opposite each other. Push second straw through other holes to make a "+" shape.



3. Punch two holes in other cups, $\frac{1}{2}$ " (1.3 cm) apart and $\frac{1}{2}$ " from rim.



4. Thread end of each straw through two holes, with all cup openings facing same direction. Mark one cup with "X" on the bottom.



5. Use pencil tip to poke hole in bottom of center cup. Insert pencil, eraser first. Wiggle pencil to widen hole so pencil moves easily. Lightly press pushpin through center of straws, into eraser. (If cups don't spin easily, loosen pushpin.)



6. Holding anemometer outside in wind, count how many times X goes by in 15 seconds. Multiply by four to get rotations per minute.

HOW IT WORKS

As wind blows, there's always one cup with the opening facing the wind and one with the base facing the wind. The cup with the opening facing the wind "catches" the wind. More force is generated on that cup, making the whole system rotate around the pencil at the center.



EXPLORE AND PROTECT THE EARTH AND ITS CREATURES

"All the members of this endless universe are linked one to another." —Bahá'í Writings

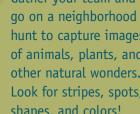
EARTH-SAVING TIP

Photo Safari

Gather your team and go on a neighborhood hunt to capture images of animals, plants, and other natural wonders. Look for stripes, spots, shapes, and colors!



Massive redwood trees take care of each other! Their intertwined root systems offer nearby trees stability and nutrients.



Forests cover 31% of Earth's land. We rely on them for wood products, medicine, food, shelter, and jobs. They provide habitats for countless species. But forests are cut down at an alarming rate often for raising beef cattle. We

OUR CONNECTIONS

need to find sustainable ways to use trees to help people, animals, and the environment. We can help by conserving paper, eating less beef, and buying earth-friendly products.

PROTECTING OUR PLANET

Dr. Daniel Swain is a climate scientist in Colorado. He studies how global warming impacts extreme conditions, such as droughts, floods, and wildfires. He blogs about it at weatherwest.com. His research encourages him "to work with people to make sure that the outcomes in the future are better than the outcomes we've seen recently."



WHERE IN THE WORLD?



In this southern island nation, one in ten people are part of the Indigenous Maori culture. With large populations of Pacific Islanders, Asians, and Europeans, the country's largest city is known for diversity and friendliness. *Unscramble the letters* to find its name:

CAUKDALN, EWN DALNZAE

AMAZING ANIMALS



Intelligent, social, and friendly, these small birds are native to Australia. They show affection for mates or humans by chattering, playing, or cuddling. They're such good mimics that one bird learned 1,728 English words! Fill in the blanks to find their nickname:



What Makes a Good Friend?

met some friends at my new school! Most of them are great, but I'm not sure I want to hang out with a couple of them. They're nice to me, but they gossip a lot about other birds, which isn't cool. And today, they asked me to skip school and go to the beach with them! I said no, but they kept pushing. It made me really

I talked to my friend Pip about it. I've known him since we were fledglings, and he's been through tough stuff like this. He said that good friends listen to you and respect your feelings, even if they disagree. They can help you feel more confident and less stressed. You can be your true self around them. I'm definitely myself around Pip-and we can get pretty weird sometimes!

If you feel insecure or bad about yourself around someone, it's not a healthy friendship. You might feel

like you're being pulled into

their drama, which can be super draining. A good friend won't always complain about their problems or put their own needs first. They'll be there to support you, too.

I shared these ideas with my parents, and they agreed. They said I should be kind to everyone, but that doesn't mean I need to spend time with everyone. If someone makes me uneasy, I should spend more time with friends I trust, like Pip. Who's a friend that you can count on?

"Send down... from the clouds of Thy mercy the rains of Thy healing..." -Bahá'u'lláh

Explore & Soar:

Boost Bonds of Friendship

ry these ideas to strengthen good friendships and avoid unhealthy ones.

- □ Do you and your friend like the same book, movie, or game? Celebrate your common interests!
- Be yourself, and communicate openly and honestly.
- If you're being pulled into conflicts between friends, stav calm and encourage them to work things out with kindness.
- □ If you make a mistake, admit it and apologize.
- □ Invite friends to try a new activity you're all excited about.



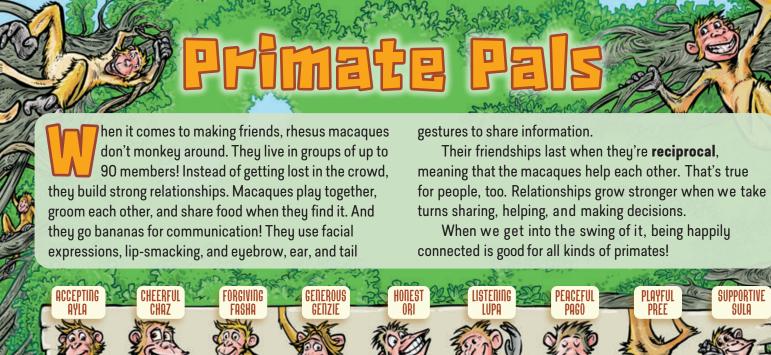
- Respect your friends' choices, as long as they stay safe. It's okay to disagree.
- Create a work of art to encourage your friend to achieve their dreams.
- ☐ If a friendship ends, that's okay. Accept that sometimes friends grow apart.

Curiosity Canopy



uncomfortable.

riendships boost humans' health and happiness, and having friends can help other creatures, too—like baboons! Researchers found that female baboons are less stressed and live longer if they have a network of close friends. And, for humans as well as baboons, having strong friendships is more important than having a bunch of them.







-IGHTNING & LUNA











LET'S CHECK IT OUT! BE CAREFUL-THE WIND'S FIERCE!













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Getting to know kids who shine

Connect with kids around the world! How are they like you? How are they different? Each of us has a unique story to tell. What's yours?

Lili G.

Age: 12

I live in: Washington, U.S.

I want to be: A therapist

This career interests me because:

I want to help people with their problems.

Hobbies or sports: Playing badminton, reading, and drawing

Favorite Bahá'í activity: Children's classes

Favorite animal: Tardigrade (water bear)



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A hero or role model: Táhirih [Bahá'í poet]

When I disagree with a friend or sibling: I listen to their side . . . and try to see their train of thought.

Qualities of a good friend: Honesty, kindness, and bravery

To show friends I care: I... pay attention to their interests.

A time a friend helped me: I fell and scratched my knee, and [my friend] helped calm me down and got bandages for me.

If I could create a supercool clubhouse:

It would be in a tree. with a boba tea [maker], a vending machine, a claw machine, an aquarium, and 12 cats!

Kian B.

Age: 14

I live in: Arizona, U.S.

I want to be:

Something that has to do with some sort of engineering or design, like urban planning.

This career interests me because:

I could be with people and help people by designing cities.

Virtues I admire most: Service and giving

Favorite Bahá'í activity: Holy day celebrations

Place I'd love to visit: Machu Picchu [ancient Inca ruins in Perul

A hero or role model: My parents

A favorite food: Mazemen (dry ramen)



I like to help people by: Doing things that need to get done

When I disagree with a friend or sibling: I talk about it and try to make it better.

Qualities of a good friend: Kindness, compassion, and loyalty

If I could create a supercool clubhouse: It would have a lot of underground levels, and the top would be a greenhouse. The walls would be made of dirt, and it'd be cool inside.



Eliana A.

Age: **11**

I live in: Illinois, U.S.

I want to be: Artist

This career interests me because:

I love making art, such as drawing, making pottery, and designing paper sculpture.

Virtue I admire most: **Trustworthiness**

Favorite Bahá'í activity: My junior youth group, "Bob's Toothpaste"!

A hero or role model: [Scientist] Marie Curie I like to help people by: Caring for them, making them laugh, cheering them up if they're ... sad or disappointed

It's important to be friends with different kids because: You are able to learn about their culture, background, and other things about them . . .

When I disagree with a friend or sibling: I try to stay calm and speak calmly, even if I am feeling mad or frustrated.

Qualities of a good friend: Empathy, acceptance, and trust

If I could create a supercool clubhouse:

It would have all our favorite snacks/treats. a pet cat named Magic, and it would teleport all around the world.

Suri P.

Age: **11**

I live in: Texas, U.S.

I want to be:

A teacher or doctor

This career interests me because:

I would love to teach and help people learn new things [and] to help people's health.

Virtue I admire most: **Kindness**

Hobbies or sports: **Dancing, singing, journaling**

A hero or role model: **[Gymnast] Simone Biles**

A good friend is: **Kind, caring, helpful**

To show friends I care:
Sometimes I give them gifts and write them cards. I like to invite them to my house.

Favorite Bahá'í activity: Going to children's classes every Sunday

A time a friend helped me: My friend stood up for me when I was getting picked on by [other] friends.

If I could create a supercool clubhouse: It would be pastel-colored [and] have fancy designs like crystals all over it. I'd like bubble tea machines and popcorn makers . . . cozy chairs and on-demand movies.



Isaac R.

Age: 13

I live in: Washington, U.S.

I want to be:

Software engineer

This career interests me because:

I like coding.

Hobbies or sports: **Baking and archery**

Favorite Bahá'í activity: **Junior youth group**

A hero or role model: 'Abdu'l-Bahá

It's important to be friends with different kids:

To show that all the world is one

When I disagree with a friend or sibling:
It depends on the person . . . In general,
[I] apologize and try to forget about it.

Favorite animal or pet: **My bunny, Momo**

To show friends I care, I: Bake for them or give them a gift—either a physical gift or words

A time a friend helped me: When I was anxious to act on stage, a friend encouraged me.

If I could create a supercool clubhouse:
It would be a huge tree in the U.K., and there would be a room where magic was taught.



"God has crowned you with honor and in your hearts has He set a radiant star; verily the light thereof shall brighten the whole world!" — 'Abdu'I-Bahá

Sophia J.

Age: 13

I live in: Luxembourg

I want to be:

Maybe a kindergarten teacher or a baker

This career interests me because:

I like children and want them to be able to play. I also love baking.

Virtues I admire most: **Love for everyone, justice**

Hobbies or sports:
Playing piano,
swimming, riding,
singing, cooking

Favorite Bahá'í activities: The weekly junior youth prayer gathering online. I also love to be part of the junior youth group in my village. I like to help my aunt in the children's classes.

Favorite animal or pet: Horses (we have two: Ingo and Frisby)



A hero or role model: My grandma Marianne, because she teaches me a lot of things...[and] she likes to laugh a lot, which makes others happy.

Qualities of a good friend: Trustworthiness, kindness, honesty

If I could create a supercool clubhouse: It would be a tree house in a beautiful forest. It could hold at least six kids. It would be [made] out of wood ... have a tiny kitchen ... and would be warm and cosy. It would have a balcony [so we could] sleep outside or observe the stars in the sky.

How to be a Radiant Star:

- 1. If you're age 7-14, go to www.brilliantstarmagazine.org. From the top menu, choose "Discover." Then click "Become a Radiant Star or Trailblazer," and fill out the form. Or email us at brilliant@usbnc.org. Include your name, age, birthdate, mailing address, and phone number.
- 2. When it's your turn to shine, we'll send you questions and a form for you and your parents to sign.
- 3. Answer the questions and send them to us with the signed form, along with at least two good-quality, close-up photographs of your smiling face. Photos should be in sharp focus and show your eyes clearly. Please don't send color copies, low-resolution digital images, or copyright-protected images (like school portraits).



Sophie S.

Age: 8

I live in: Utah, U.S.



I want to be: Marine biologist, artist

This career interests me because:

I love learning and helping the ocean. For the artist part, I am inspired by art.

Favorite Bahá'í activities: Ayyám-i-Há,* giving gifts

A hero or role model: [Activist] Rosa Parks

I like to help people by: Finding a friend for someone or being a friend to them

Qualities of a good friend: Show kindness, be gentle, and be honest

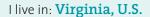
To show friends I care, I: Ask if they're okay when they're upset or hurt

If I could create a supercool clubhouse: I would pick up [my friends, and we'd] jump into their tree and then jump into a dragon's mouth, [and] then we're at our clubhouse. My friends and I will read and play and go back in time like in the Magic Tree House books. Our parents never noticed we were gone, because it had only been a couple seconds. We were in a forever-lasting adventure and arrived home just in time for dinner.



Zayn R.

Age: 10



I want to be:

A pro soccer player

This career interests me because: Watching [Lionel] Messi play for Barcelona all these years made me want to be a pro like him.

Favorite Bahá'í activity: Going to Green Acre [Bahá'í School in Maine]

It's important to be friends with different kids because: If everyone is the same then it's just boring. I like to learn from friends who are different from me. such as learning and sharing about our cultures.

A good friend is: Kind, supportive, funny



To show friends I care: I am always there for them when they need me, like when they're sad. I try to be a good listener . . .

A time a friend helped me: When I was sad and feeling depressed one day, I called my friend and she made everything feel better.

If I could create a supercool clubhouse: [It would be] a place for gaming and sports that is full of multiple snacks and drinks.

Ouddus A.



I live in: Maryland, U.S.

I want to be: **Paleontologist**

This career interests me because: I love learning about dinosaurs.

Virtue I admire most: Courage

Favorite Bahá'í activities: Children's class, Feast*

Place I'd love to visit: **Australia**

A favorite food: Tibs (an Ethiopian dish)



A hero or role model:

Hobbies or sports: LEGO [building], reading, drawing

I like to help people by: Helping [them make] big decisions

It's important to be friends with different kids: To help them feel included, to stop racism

When I disagree with a friend or sibling, I: Give them space so we can talk about it later

A time a friend helped me: Someone comforted me when another friend was being mean to me.

If I could create a supercool clubhouse: It would have hoverboards, snacks, and secret tunnels.

Zophia S.

Age: 7

I live in: Michigan, U.S.

I want to be: Veterinarian, ballerina, gymnast

This career interests me because: I love animals and want to help save them. I love dance . . .

Favorite Bahá'í activities: Children's class and Ayyám-i-Há

Place I'd love to visit: **New York**

A hero or role model: My mom. She takes care of me and loves me . . .

Qualities of a good friend: Kindness, respect, and trustworthiness

Favorite foods: Indian chicken curry and Brazilian rice



It's important to be friends with different kids because: I learn different things and we learn from each other.

To show friends I care, I: Write a note or give a present

A time a friend helped me: My mom is my best friend—she helps me when I get hurt.

If I could create a supercool clubhouse: I'd build a tree house that can take us to another dimension.



DO YOU STAY CONNECTED?

"O God! Unite us and connect our hearts with Thy indissoluble bond." —'Abdu'l-Bahá

ave you ever wondered what it's like to fly through the air on a trapeze or balance on a tightrope? The brave people who perform these feats are amazing! But they don't learn their daring tricks alone. They have a team of people to support them.

As you're soaring through life, you need to have a safety net of family and friends to rely on. True friends are people

you can count on to help you if you fall. You can be honest with them, and they encourage you to reach your goals.

With a pandemic keeping us apart, staying in touch with friends can feel like a balancing act. But you don't have to fly solo. Pick up the phone to call, text, or video chat. Send a note or gift in the mail. Juggling everything in life is more fun when family and friends are with you in the show.

Do you make the effort to stay in touch with friends? Circle your answers, then add up your points.



- 1. I check in with a friend if I haven't heard from them in a while.
 - Often = 3 Sometimes = 2 Rarely = 1
- 2. I call or text friends to let them know I'm thinking of them.
 - Often = 3 Sometimes = 2 Rarely = 1
- 3. I reach out to friends for birthdays, holidays, and other special events. Often = 3 • Sometimes = 2 • Rarely = 1
- 4. I'm honest with trusted friends about my challenges and my wins. Often = 3 • Sometimes = 2 • Rarely = 1

- 5. I give my friends time to return texts or calls, instead of getting upset if they don't reply right away.
 - Often = 3 Sometimes = 2 Rarely = 1
- 6. When a friend is working on something important to them, I ask them how it's going.

Often = 3 • Sometimes = 2 • Rarely = 1

7. If I haven't heard from a friend. I don't just assume they've forgotten me or don't like me anymore.

Often = 3 • Sometimes = 2 • Rarely = 1

- 8. I listen and encourage my friends with their hopes and struggles. Often = 3 • Sometimes = 2 • Rarely = 1
- 9. If friends ask for help, I stay positive and brainstorm with them on solutions. Often = 3 • Sometimes = 2 • Rarely = 1
- 10. I send friends notes, cards, or small gifts to make them smile.

Often = 3 • Sometimes = 2 • Rarely = 1

11. I try to find activities that my friends and I can enjoy together.

Often = 3 • Sometimes = 2 • Rarely = 1

12. If friends share their interests. I listen and ask questions.

Often = 3 • Sometimes = 2 • Rarely = 1



MY SCORE

36-28 POINTS You're flying high with a strong social safety net. Keep soaring along with family and friends! 27-20 POINTS You're getting into the swing of reaching out to friends! Keep looking for opportunities to practice.

19-12 POINTS You're learning to build strong friendships! Choose a few tips from the guiz to help your skills develop.

VOL.51 NO.6 ★ Brilliant Star 19 Images: seamartini/Getty

SPACE ACE



ASK A SPACE SCIENTIST

Our universe is full of mysteries, and some of the most mindboggling are in space. Curious kids asked questions, and we sent them to a space scientist. Have questions about space? Send them to brilliant@usbnc.org (with your name and age).

When will humans be able to live on Mars?

-Roya, age 15

Hi, Roya,

Mars is a pretty desolate place to live, but with the proper equipment, humans explore harsh areas on Earth, such as Antarctica and the deep sea. Living on Mars is possible with preparation. For example, the air on Mars is mostly carbon dioxide. It's also about 100 times thinner than on Earth and has very little oxygen. Humans exploring Mars would need to provide breathable air for the habitats where they live and for their spacesuits. Because Mars is farther from the Sun than Earth, the average temperature on Mars is -80° F (-62° C), so a heating system would be a must. However, the biggest challenges to living on Mars are the



The Mars helicopter, named Ingenuity, makes the first powered, controlled flight on another planet when it lands on Mars in 2021.

costs and difficulties in developing spaceships to get us there, finding enough water to drink, and growing food. Like many things in life, progress depends on the efforts we make. With the orbiters, landers, and even a helicopter paving the way for human exploration of Mars, we are making progress. But we have a long road ahead of us. Check out these and other steps NASA is taking on this road at mars.nasa.gov. — Steve



Only Mercury and Venus orbit closer to the Sun than Earth does, Planets that orbit closer. to the Sun from your location are called:

- A) Dwarf planets
- C) Inferior planets
- B) Sneaky planets
- D) Tatooine & Zilizag





What would you say is the most fascinating thing about being a scientist at NASA? - Setiyana, age 13

Hi, Setiyana, I feel that the most fascinating thing about being a scientist at NASA is that there are always new challenges to explore and difficult problems to solve. And when you're engaged in solving a difficult problem, you just can't get bored! No one person can solve these challenges alone, so learning to work with other scientists and engineers as a team is essential. In the best teams I've been on, the members of the team learn from each other and come up with solutions that are better than any one person could have imagined. It can be an amazing and rewarding experience! -Steve





Top: In 2021, astronauts (from left) Mark Vande Hei, Shane Kimbrough, Akihiko Hoshide, and Megan McArthur enjoy the first chili peppers grown in space. Bottom: Astronauts Kayla Barron and Raja Chari harvest cotton cell samples on the International Space Station in 2022.



STEVE SCOTTI is Brilliant Star's STEM Education Advisor and a Distinguished Research Associate at NASA Langley Research Center in Virginia, U.S. His background is in developing lighter, stronger materials and structures for aircraft and spacecraft. Watching the first astronaut launched into space inspired his interest in space exploration.

ON THE WEB

In our Space Ace video interviews, meet two amazing astronauts!



LELAND MELVIN was a pro football player and a NASA

astronaut. When he went to space. it changed his perspective forever.



Johannes Kepler, a German mathematician born in 1571. discovered that planets orbit the Sun, not in perfect circles, but in ovals called:

IP E



PEGGY WHITSON was a NASA astronaut and the first female

commander of the International Space Station. She broke other records, too.



Check out both videos on Dr. Scotti's STEM Station at brilliantstarmagazine.org/themes/DrScotti

Roman Orona



've always been a performer, ever since I was a little kid," says Roman Orona. Growing up in the only Bahá'í family in a small town in New Mexico, U.S., Roman sometimes felt like an outsider. But performing in his garage for the neighborhood helped him connect with others. He was 15 when his father gave him his Apache name: Ish Hish Itsaatsu, meaning "one who dances like or with eagles."*

As he got older, Roman still loved performing, but he felt obliged to have a more conventional career. He earned a bachelor's degree in civil engineering and biology, then worked in environmental engineering. Eventually, his desire to be a full-time artist and share his Indigenous culture and the Bahá'í teachings became irresistible. Roman began recording albums of traditional Apache music and Bahá'í writings set to Apache rhythms. In 2016, he won "Best Male Vocalist" at the Native American Music Awards. Later, he started iamHUMAN Media, a nonprofit company that produces videos, short films, a podcast, and arts classes. Roman now lives in Arizona with his family.

Q: What's one of your favorite childhood memories?

A: We used to go a lot to Camp
Mary White in New Mexico...
It was a Bahá'í campout and
retreat, and I remember hanging
out with all the other youth...
It was really, really fun, up in
the mountains...[to] really be
kids—get out in the forest, climb
trees, throw rocks in the lake.

Q: What was the most challenging experience for you as a kid?

A: I grew up in a small place . . . and everybody there was . . . Christian . . . We were the only Bahá'ís. Those were hard times, but I think they were good times . . . because it solidified a lot of who I am today.





Left: At about age 8,
Roman and his family
lived in New Mexico,
where they were the
only Bahá'ís in their town.
Right: Roman earned a
spot on the baseball
team at his high school
in Illinois when he was
about 14.

Q: Please tell us about your Apache name.

A: Ish Hish Itsaatsu—one who dances like or with eagles.* It was given to me by my dad. To me, it means lofty one. It means one who pushes the bounds, one who tries to elevate himself and others. For Indigenous cultures . . . the eagle was the bird that flew closest to the Creator . . . [It's] that spirit that my dad saw within me, to be able to take it high, or to go lofty . . . I try on a daily basis, because those names are not to be taken lightly. It's a name that was given because they've studied you, they've prayed . . . I think [my dad] saved it until [I was] 15, because within the Bahá'í Faith, [it's] the age of maturity.

Questions and

Answers with an

Inspirational Bahá'í



Q: What is iamHUMAN Media, and what topics do you address?

A: iamHUMAN Media is a national nonprofit working towards helping artists . . . I'm trying to ... teach [kids] art ... because in school, they're not getting to learn the guitar, the piano . . . or taking pictures, or painting or voice lessons. I started with 60-second videos. People would tell their story, [saying] . . . "I am," and [then] fill in who they were . . . We filmed them from the feet . . . to the head. We would zoom in to their eyes, and they would say their name and "I am human." . . . I try to make people . . . recognize that humanity—we're all related, simply by being human. Recognize gender equality [and] social justice . . . I want to give a voice to my Indigenous brothers and sisters as well. Because 'Abdu'l-Bahá [said] that the Indigenous peoples . . . [when] we become educated, that we will in turn illumine the whole world.





Above: Roman celebrates Mother's Day in 2020 with his wife, Shahrzad; their son, Tahj (left); and their daughter, Kaya (right). Left: Roman performs his song "Human Tests" in a Bahá'í Blog Studio Sessions video in 2017.

Q: Your videos aim to bring people out of their comfort zone to spur change. Why is it important for people to come out of their comfort zone?

A: As soon as we stop changing . . . we stop growing, we stop learning . . . I'd like to spur people to be a little bit uncomfortable . . . then they can look within themselves and say, "Why does that make me uncomfortable? What do I need to change?" . . . I tell my kids, when things get hard, be a blade of grass in the wind. Blades of grass don't break; they flow, they bend, but they don't break . . . You're getting blown hard one way, eventually with prayer and continuing to have perseverance, you're going to rise up and stand nice and tall again. And you'll be ready to take on the next winds. And those winds are those challenges in life, and we'll always have those. I tell my kids, when those challenges come, the Creator, God, is telling you you're ready to grow.

Q: This issue of *Brilliant Star* is about friendship. What can kids do to create friendships with people from diverse backgrounds?

A: The first thing is to smile and say hello . . . It's our responsibility to find those individuals that are sitting by themselves and not part of the group to introduce ourselves . . . We have to show people what it is to be friends, what it is to show love, what it is to create unity. Especially when there are so many negative forces coming at you, be that shining light . . . In Indigenous cultures, friendship equals family . . . When we meet somebody new, we bring them immediately into our family.

WHAT DO YOU SAY?

8

ou want to get along with your friends, but big conflicts can happen. Super uncomfortable, right? It takes courage to speak up when you disagree with someone. But good friends will want to work it out. They like you for who you are. They won't try to make you do things that don't feel right.

It's hard to know what to say when a conversation heats up. But practicing how to respond can help you handle tough situations. The other person is more likely to listen when you stay calm and respectful. If you keep your cool, you have a better chance of helping everyone chill out.

What do you say when you disagree with a friend?



LET'S GIVE HER A CHANCE! IT'S GOOD TO BE FRIENDS WITH LOTS OF DIFFERENT PEOPLE. SHE'S REALLY FUN AND KIND. LET ME INTRODUCE YOU TO HER.

WRITE WHAT YOU WOULD SAY:



THAT'S NOT COOL. LET'S INVITE HIM TO PLAY SOCCER WITH US. COME ON, YOU WOULDN'T LIKE IT IF SOMEONE SAID THAT TO YOU.

OR

WRITE WHAT YOU WOULD SAY:



NO, THAT'S NOT FOR ME! NOPE. I DON'T WANT THAT STUFF IN MY BODY!

WRITE WHAT **YOU** WOULD SAY:

OR

BEAST FRIENDS

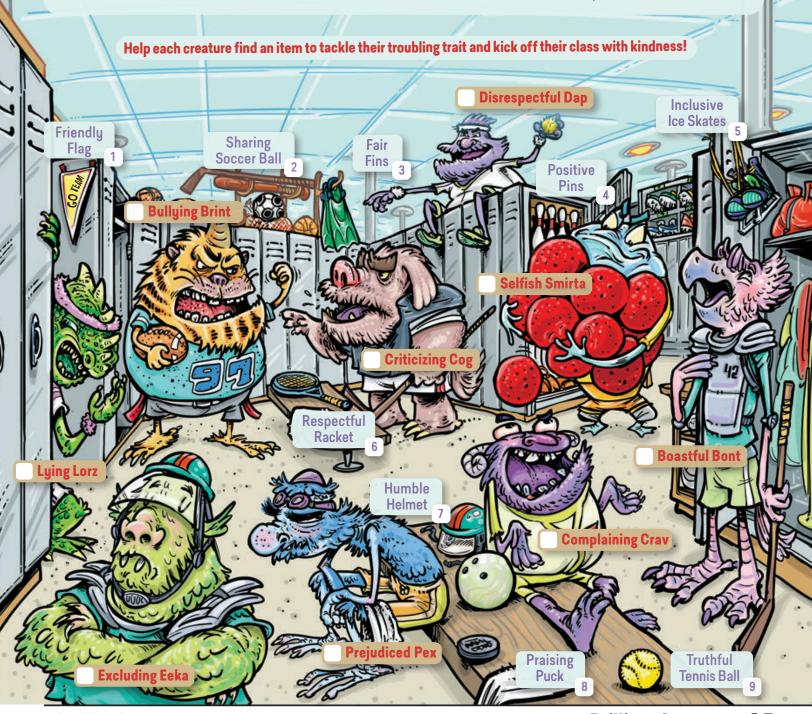
"Give light to our eyes, hearing to our ears, and understanding and love to our hearts.

Render our souls joyous and happy through Thy glad tidings." —'Abdu'l-Bahá

t's gym class at Spooky School, and for these creatures, making friends can be a big hurdle. Some interrupt with grunts and growls, or strike with their claws. They break the rules and shout mean comments when teammates make mistakes.

It can be scary to see such beastly behavior. But

we all have virtues we can exercise! When a game isn't going our way or someone is being unkind, it's a chance to show our strength of character. With caring, respect, and patience, we can tame ugly urges and bring out the best in ourselves, instead of the beast. Everyone wins when we triumph at friendship!



ANSWERS ON PAGE 28 VOL.51 NO.6 ★ Brilliant Star 25

SHINING LAMP

A Bahá'í who served humanity with radiance

Saichiro Fujita (1886-1976)



hen 'Abdu'l-Bahá's train pulled into the Chicago station in September 1912, he saw an unusual sight: a man was eagerly perched on a lamppost high above the crowd. 'Abdu'l-Bahá called out to him and invited him to share a meal. The man was Saichiro Fujita, and it was the start of a long and loving friendship.

Travel Companions

Fujita, as he was known, was born in 1886 in Japan. His family was wealthy, and he moved to the U.S. for school. Fujita enjoyed the excitement of going to parties and the theater. But his interests changed when he learned about the Bahá'í Faith while living in California. He became a Bahá'í at about age 19. 'Abdu'l-Bahá expressed the hope that Fujita would serve humanity with a "perceiving eye, attentive ear, eloquent tongue and radiant face . . . "

Fujita was excited to meet 'Abdu'l-Bahá in person at the Chicago train station. 'Abdu'l-Bahá enjoyed his company so much, he invited Fujita to join him on his journey to the western states. After two months, Fujita asked if he could return with him to Haifa (now in Israel). 'Abdu'l-Bahá agreed, but encouraged Fujita to finish his degree in engineering and horticulture first.

Cherished Friendship

In Haifa, Fujita helped in every way he could. He installed electric wiring, fixed and drove 'Abdu'l-Bahá's car, and tended gardens. He often

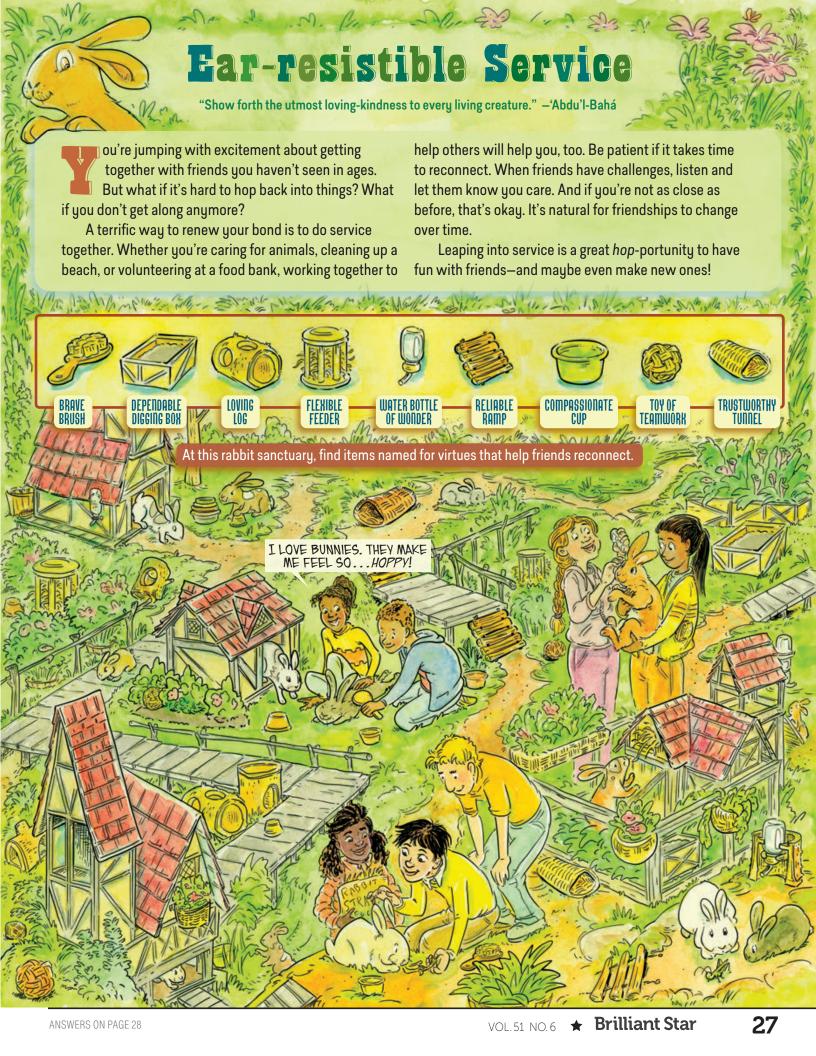
helped visitors, since he spoke English and had a warm and welcoming personality. He translated letters to and from Bahá'ís in Japan. Mostly, Fujita loved to be near 'Abdu'l-Bahá.

'Abdu'l-Bahá t<mark>ook grea</mark>t comfort in Fujita's pure spirit and joyful manner. He often invited Fujita to eat breakfast and lunch with him, and the meals were full of laughter. Fujita made 'Abdu'l-Bahá laugh by hiding his cat, then releasing it to race across the room to 'Abdu'l-Bahá. Fujita said, "'Abdu'l-Bahá was very, very kind to me. We had many trips, many jokes."

When 'Abdu'l-Bahá passed away on November 28, 1921, Fujita was heartbroken. He wept as he traveled to 'Akká to share the sad news with 'Abdu'l-Bahá's friends and family. He also wrote to infor<mark>m the Bahá'ís in Japan.</mark>

Fujita remained in Haifa and helped Shoghi Effendi, 'Abdu'l-Bahá's grandson and the Guardian of the Bahá'í Faith. But in 1938, as World War II approached, Shoghi Effendi grew concerned about Fujita's safety. He urged Fujita to return to his family in Japan. Fujita stayed in Japan for 17 years, then moved back to Haifa, where he lived until he passed away at age 90. The Universal House of Justice, the international governing body for Bahá'ís, praised Fujita's tireless service, calling him a "SHINING" EXAMPLE" to future generations of Japanese Bahá'ís.

Before Fujita's passing, a friend asked him how he had helped 'Abdu'l-Bahá for all those years. Fujita humbly replied, "I never felt that I could do very much for 'Abdu'l-Bahá. One thing I did was perhaps acceptable-sometimes, I made him laugh."





4. People are more likely to listen when you stay __ and respectful. (p. 24)

6. When friends help each other, their relationship is _____. (p. 13)

WHAT'S THE BEST KIND OF SHIP TO HAVE

IN ROUGH SEAS?

9. Nur's friends Jade and Ruby are ______ beetles. (p. 8)

10. The mountain of Sar-Galú is in ______. (p. 4)

11. Isaac and Sophia both enjoy _____. (p. 17)

12. A flower's specific _ ____ can attract the insects that pollinate it. (p. 7)

13. When you _____ with friends, everyone's strengths blend together. (p. 2)

14. Maya and Kiara built anemometers to measure ___speed. (p. 10)

1. Roman Orona says, "In Indigenous cultures, friendship equals ______." (p. 23)

- 2. Honeybees ____ ___ in patterns to let other bees know where to find food. (p. 29)
- 3. These cover 31% of Earth's land. (p. 11)
- 5. Good friends _____ to you and respect your feelings, even if they disagree. (p. 12)
- 7. A terrific way to renew bonds with friends is to do ____together. (p. 27)
- 8. Dr. Scotti says on the best teams, members ____ from each other. (p. 21)
- 9. Saichiro Fujita translated letters to and from Bahá'ís in this country. (p. 26)
- 12. Having _____friendships is more important than having a bunch of them. (p. 12)
- 13. If they had a supercool clubhouse, Lili and Eliana would want to have this pet inside. (p. 16)

FROM OUR MRILBOX



I like reading about other Bahá'í kids and what they want to do for a job. Reading about other kids inspires me. I also really like the "Lightning and Luna" comics. I'm always excited to get the magazine! -Anisa B., age 10, Arizona, U.S.

ANSWERS

A FRIENDSHIP - IT HELPS US THROUGH STORMS!

DOWN

KEY: T=Top, C=Center, B=Bottom, L=Left, R=Right

Page 2: Butter at CR, eggs at TL, flour at BL, sugar at BL, baking soda at TC, vanilla at CR, milk at TL, salt at CL, cocoa at BR

Page 5: "O FRIEND! In the garden of thy heart plant naught but the rose of love, and from the nightingale of affection and desire loosen not thy hold."

Page 7: 1) count, 2) learn, 3) truthful, 4) Laugh, 5) positive, 6) respect, 7) Thank, 8) encourage, 9) bright

Page 11: Auckland, New Zealand; Budgies (short for budgerigars, or parakeets)

Page 13: Ayla at TR, Chaz at CL, Fasha at C, Genzie at CR, Ori at CL, Lupa at BL, Pago at BL, Pree at TL, Sula at TC

Pages 20-21: C) Inferior planets, Ellipses

Page 25: 1) Bullying Brint, 2) Selfish Smirta, 3) Prejudiced Pex, 4) Complaining Crav, 5) Excluding Eeka, 6) Disrespectful Dap, 7) Boastful Bont, 8) Criticizing Cog,

9) Lying Lorz

Page 27: Brush at BC, box at TR, log at CL, feeder at TL, water bottle at BR, ramp at C, cup at BL, toy at CL, tunnel at BR

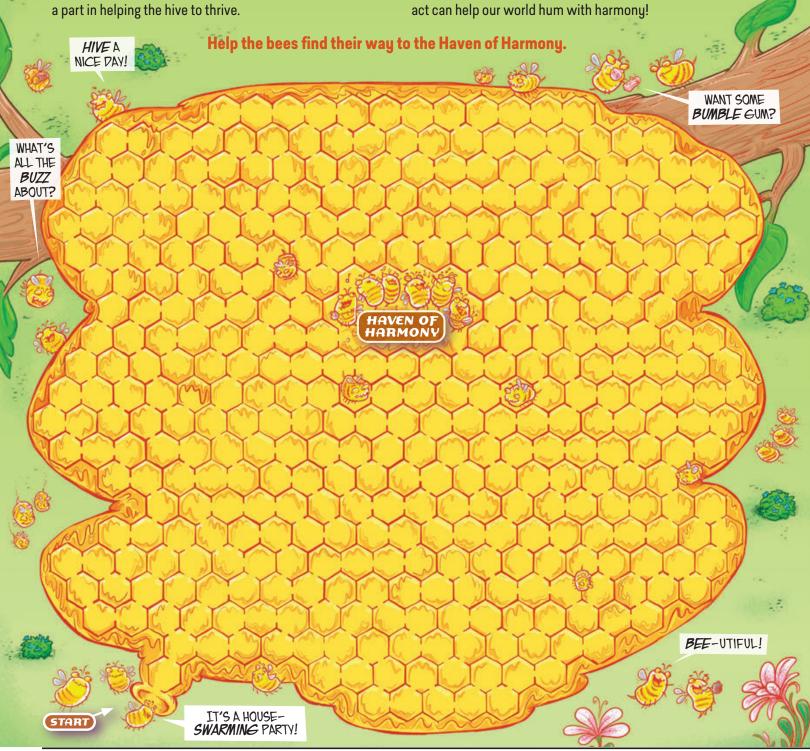




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hat keeps a beehive buzzing? Teamwork! Honeybees are un-bee-lievably skilled at communicating and collaborating. They dance in specific patterns to let other bees know where to find food. They also work together to take care of baby bees, collect nectar and pollen, defend the hive, and more! Bees of all ages live together, and each plays a part in helping the hive to thrive.

Like bees, when we all make a team effort, we can create happy homes and communities. What can you do today to help your family, friends, or classmates? Maybe you could send a friend a cheerful text, help them learn a new skill, or make a sweet treat together. If someone is in a sticky situation with a project, try to bee of assistance. Every kind act can help our world hum with harmony!



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