

Brilliant Star

1233 Central Street Evanston, Illinois 60201 U.S. 847.853.2354 brilliant@usbnc.org

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Amethel Parel-Sewell EDITOR/CREATIVE DIRECTOR C. Aaron Kreader DESIGNER/ILLUSTRATOR Amy Renshaw SENIOR EDITOR Susan Engle ASSOCIATE EDITOR Annie Reneau ASSISTANT EDITOR

CONTRIBUTORS

Peter Adriance • Lisa Blecker • Barbara Brown • Sydney Cameron Neda Alai Changuit ● Matthew De Souza ● Meg Downey Sylvia Earle • Roxana Hodge • Naseem Serene Koen Gaukhar Kozhasheva • Doug Marshall • Joaquin Medina Lucas Miller • Gil Miller-Muro • Fatima Moldashova Jomei Quddús Newkirk • Gabriel Peer-Drake • Donna Price Mary K. Radpour • Ella Reneau • Mark Schroder • Charlotte Vick

Original illustrations by C. Aaron Kreader, unless noted. By Lisa Blecker: Art for p. 17, colorizing for cover Historical photos courtesy of National Bahá'í Archives, unless noted.

> Story and activity credits: By Amy Renshaw: 6, 7, 11, 22, 24, 29 By Susan Engle: 4, 12, 18, 20, 28 By Annie Reneau: 2, 3, 8, 17, 26 By Lisa Blecker: 5, 9 By Donna Price: 10, 14, 16, 21, 27

Brilliant Star magazine invites all kids to explore the Bahá'í Faith. It is the second most widespread religion in the world, with more than five million Bahá'ís.

The Bahá'í Faith was founded by the Prophet Bahá'u'lláh ("Glory of God" in Arabic) in 1863. Bahá'u'lláh taught that all people are part of one human family, and that all religions come from one God. Bahá'ís work to bring peace and unity to the world, and end prejudice and discrimination of all kinds.

Bahá'u'lláh's eldest son, 'Abdu'l-Bahá, interpreted His teachings and led the Bahá'í community after Bahá'u'lláh's passing.

Brilliant Star encourages kids to bring their virtues and talents to light, and use them to make the world a better place. Brilliant Star is produced bimonthly by the National Spiritual Assembly of the Bahá'ís of the U.S.

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We welcome submissions and ideas from contributors of all ages. For editorial themes or submission guidelines, mail your request with a self-addressed stamped envelope, or e-mail us (above).

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TENDING TO OUR EARTH JULY/AUGUST 2011



NEW DESTINATIONS



Polar Pals

Friends from afar with fur, feathers, and fins



Exploring a World of Wonder

Try new outdoor adventures and have fun in the sun.



Stuart & Gabriella: Curious about Climate ChangeAre you climate-smart? Try Stuart's quiz to see.



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Which earth-friendly jobs sound most fascinating?



Animal Planet News Chronicle—Saving Humans

Animal Ambassadors call for global action.



Robot Recyclers

Where does all the trash go?



What Shade of Green Are You?

Find your "ecotype"— how you like to help the earth.



Green City of the Future

Imagine an earth-friendly place of your dreams.



The Mysterious Orchard

What do two friends do when they discover a treasure?



Saving Sea Turtles

How can we help these endangered creatures?





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DEAR FRIENDS

Earth is home to nearly seven billion people. It's the only home we've got, and it's in danger like never before.

Our planet is getting warmer because pollution from factories, cars, power plants, and other sources traps heat in the atmosphere. That's changing our climate in big ways. Heat waves, droughts, melting glaciers, floods, and other hazards threaten people, animals, plants, and habitats.

Scientists continue to study our changing climate and what it means for our future. One thing is certain—we'll need unity, justice, and cooperation as world citizens to solve these global problems.

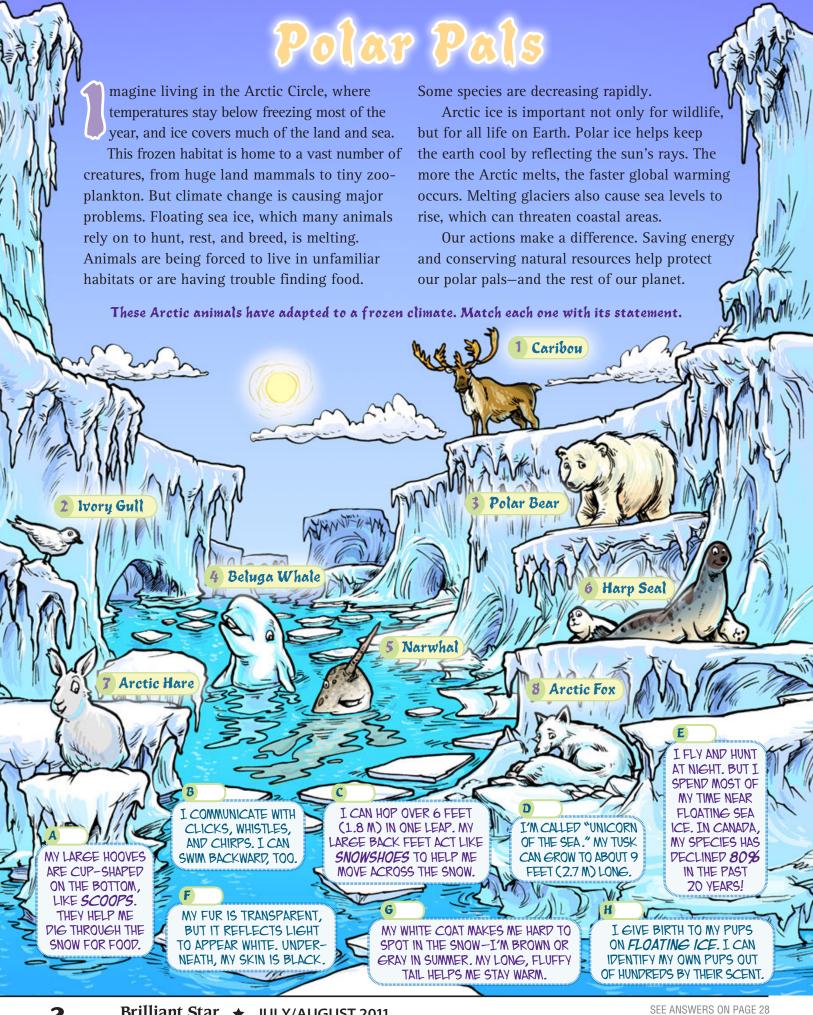
In this issue of Brilliant Star, you can learn more about our environment and how climate change affects life on Earth.

Meet Peter Adriance, who educates people about caring for our planet.

Take a quiz to discover your "ecotype," draw a green city of the future, and make your own recycled paper.

Now and in the years ahead, you can be a leader in helping to save our one and only home.

With love from Brilliant Star



A Brief Timeline

The Life of Bahá'u'lláh

The highlighted area marks the time in which this story takes place.

1817 November 12

Birth of Bahá'u'lláh in Tihrán, Iran

1844

Recognizes the Báb as a new Messenger of God

1852

Imprisonment in the "Black Pit" of Tihrán

1853-1863

Exile in Baghdád, Iraq. From 1854–1856, He goes into the mountains to pray in solitude.

1863 April 22

Declares Divine Mission as Prophet-Founder of the Bahá'í Faith

1863-1868

Exile in Constantinople (Istanbul), then Adrianople (Edirne), Turkey. Begins writing letters to kings and rulers in 1867, urging world unity

1868

Last exile, to prisoncity of 'Akká, Israel

1877

Finally free to live in countryside homes of Mazra'ih and then Bahjí, outside 'Akká

1892 May 29

Bahá'u'lláh passes away at Bahjí.

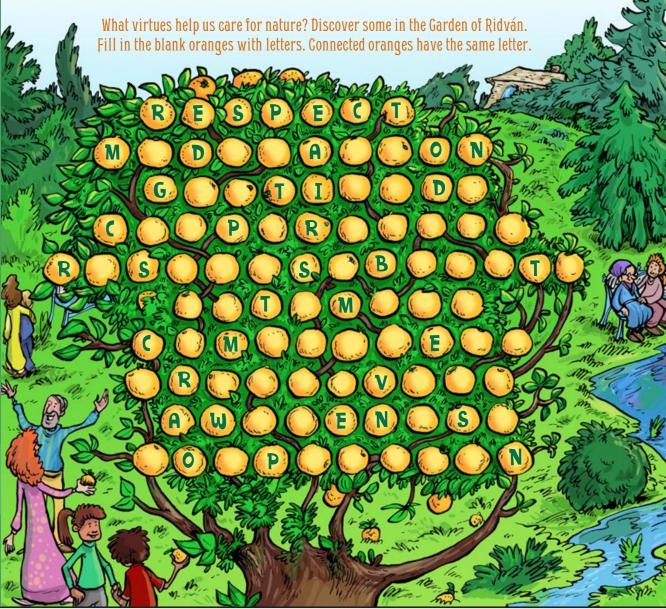
Bahá'u'lláh's Life: Mission of Peace Garden of Paradise

hat if you couldn't see trees or plants for nine long years? This happened to Bahá'u'lláh, Who loved nature from childhood. Officials who wanted to stop His new religion sent Him to the prison-city of 'Akká, in what is now Israel. From 1868 to 1877, He didn't see a single blade of grass.

When Bahá'u'lláh was finally released, He visited a beautiful garden that His son, 'Abdu'l-Bahá, and others had prepared for Him outside of 'Akká. The fragrant flowers and fruit trees brought Bahá'u'lláh great joy. He wrote, "Every tree uttered a word, and every leaf sang a melody." He called it Ridván, which means "Paradise" in Arabic.

One day, a swarm of locusts began eating the trees. The gardener, Abu'l-Qásim, was distraught. Bahá'u'lláh smiled and said, "The locusts must be fed; let them be." Still, Abu'l-Qásim was upset to see the destruction, and he begged Bahá'u'lláh to do something.

Bahá'u'lláh then said to the locusts, "Abu'l-Qásim does not want you; God protect you." He shook the hem of His robe, and the locusts flew away. To this day, the Ridván Garden remains a paradise for all who visit it.







Turn Trash into Treasure

"Humanity must learn to make use of the earth's natural resources . . . in a manner that ensures sustainability . . ." — Bahá'í International Community*

ou've heard of recycling, but how about upcycling? That's when items that would normally be thrown away are used to create something new and useful. Upcycling doesn't involve breaking items down before they're reused (such as when aluminum cans are melted in a recycling plant).

An example of upcycling is making tote bags or umbrellas from old drink, food, or detergent packages. These are imaginative and helpful ways to reuse trash that might otherwise end up in a landfill. Upcycling saves Earth's natural resources. It can also help decrease pollution, because the items may require less energy to produce. And upcycled products are often more valuable than the original

materials they were made from.

Turn trash into treasure right in your own home. Check out the activity below to see how you can upcycle by creating a cool kite from used grocery bags.

ole than the original

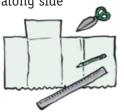
OUPCYCLING
IS REALLY
UPLIFTING!

You'll Need Two grocery bags (one brown paper and one plastic) • ruler pencil • markers • ball of thin string at least 30 ft. (9 m) long • hole punch thin bamboo skewer about 10" (25 cm) long • clear tape • scissors

Make a Grocery-Lag Kite

1 Cut paper bag open along side and bottom creases.

Measure a 13" x 17"
(33 cm x 43 cm)
rectangle and
cut it out.



2 Fold paper in half so short ends touch.



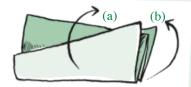
1" Fo

Fold top wing
diagonally so 1"
(2.5 cm) of top
edge is exposed
and 8" (20 cm)
of bottom edge
is visible.

Tape along inner seam.



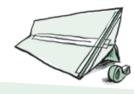
Flip paper over. Fold wing (a) to meet corner of wing (b).



open wings and turn paper so taped side faces up.



7 With an adult's help, carefully cut point off of skewer. Lay skewer across top of kite wings, touching corners. Make sure skewer isn't longer than wing tips. Secure with tape.



Turn kite over, with flap facing up. On flap, punch a hole 4" (10 cm) from top of kite, about 1" (2.5 cm) from flap's edge. Thread string through hole and tie a knot.

P Decorate kite with markers.
To make tail, cut plastic bag into 1½" (4 cm) wide strips and tie them together until tail is 6 feet (1.8 m) long. Tape one end of tail to

bottom of kite.

ON A WINDY DAY, FIND AN OPEN AREA. HOLD THE KITE CLOSE TO YOU, WITH THE FLAP STRAIGHT UP AND DOWN. WHEN A GUST OF WIND COMES, RUN AND SET IT FREE. SLOWLY RELEASE STRING WHILE KEEPING IT TAUT, AND WATCH YOUR KITE **SOAR!**



STUART & GABRIELLA: Curious about Climate Change







TRY OUT THIS QUIZ I CREATED FOR MY SCIENCE CLUB. SOME QUESTIONS HAVE MORE THAN ONE RIGHT ANSWER.

MAKE A CLIMATE QUIZ DISPLAY FOR YOUR SCHOOL, CLUB, OR SCOUT TROOP.

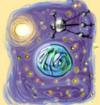
- 1. Which of these are likely to contribute to climate change?
- a. Driving gas-burning vehicles
- b. Taking walks and riding bicycles
- c. Burning fuels in power plants
- 2. Why are some gases called greenhouse gases?
- a. They trap heat in the atmosphere, warming Earth like a greenhouse.
- b. They are made by greenhouses growing green veggies around the world.
- c. They give the air a greenish color.
- 3. Which of these are greenhouse gases?
- a. Carbon dioxide and oxygen
- b. Carbon dioxide and methane
- c. Methane and oxygen
- 4. Which are used by scientists to study the history of our climate?
- a. Time travel
- b. Rings in tree trunks
- c. Ice core samples

- 5. Which countries have the highest levels of carbon dioxide pollution?
- a. The U.S. and Canada
- b. China and the U.S.
- c. Russia and Greenland



- 6. What are fossil fuels?
- a. Fuels made from the remains of ancient plants and animals
- b. Coal, oil, and natural gas
- c. Foods eaten by dinosaurs in prehistoric times
- 7. About how much of the world's energy comes from fossil fuels, which are limited resources that take millions of years to form?
- a. 20%
- b. 50%
- c. 80%

- 8. Which of these are likely results of our warming planet?
- a. Increased space travel
- b. Rising sea levels
- c. Changing weather patterns



- 9. How can climate change affect some animals?
- a. They may have difficulty finding food.
- b. Their habitats may change or disappear.
- c. They may become extinct.
- 10. Why are solar and wind power called renewable resources?
- a. They're replenished by nature and we won't run out of them.
- b. They were invented recently.
- c. They can only be used once.



*On average, Earth has warmed about 1.3°F (0.74°C) in the past century, according to the U.S. Environmental Protection Agency.



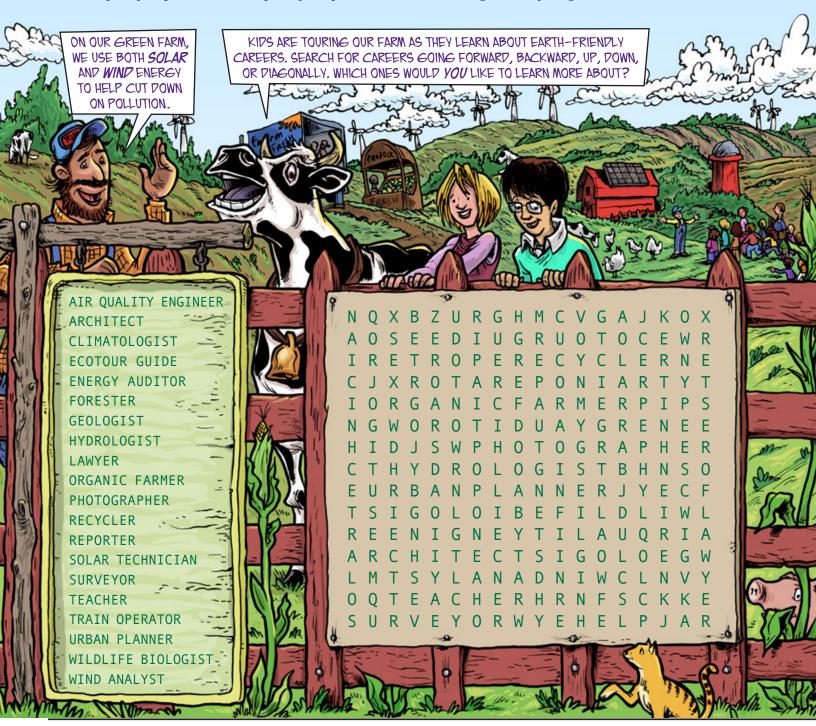
My Path to Going Green

hen you think of farms, the word "green" may come to mind. Although many farms have acres of grassy land, some are green in another way. Green farms often grow organic crops using methods that protect the environment, such as conserving water and choosing natural fertilizers. They also make special efforts to treat animals with care and respect.

Even if you don't have a "green thumb" for farming, there are plenty of jobs that can express your passion for

the planet. In any field, from sciences to the arts, you can find an earth-friendly role. If you love writing and research, you could write about the environment as a journalist. If science excites you, you could work with renewable energy or wildlife. And if you long to travel, you could lead adventurous ecotours in natural areas.

Start exploring careers by volunteering in your community. No matter where your interests lead you, there's a green way to get there!





RILEY'S RAINFOREST

"Send down... from the clouds of Thy mercy the rains of Thy healing..." -Bahá'u'lláh

Cast Park

Moderation Is Magic

ave you ever liked a food so much that you kept eating, even after you were full? Overeating can make you feel uncomfortable, sluggish, and even ill. Moderation in food, exercise, and sleep is essential for feeling your best.

In many ways, Earth is like a human body, with built-in systems that keep it balanced and healthy. Plants and trees act like lungs, cleaning and recycling our air. Oceans and rivers flow continuously, like blood circulates through the body. The ozone layer, a shield of gas in Earth's upper atmosphere, protects us from the sun's intense rays—much like skin protects our inner organs.

Just as moderation is important for your body's health, it's also vital to the health of our planet. When we use too many resources and produce too much waste, it upsets Earth's balance. The result is major environmental problems—including water shortages,



pollution, and global warming—which affect all living things.

To help our planet stay in balance, we have to make choices that are sustainable. That means they meet our needs while keeping in mind the needs of future generations. We must conserve energy, water, and other precious resources. We can also reuse and recycle items to reduce garbage in landfills. By using only our fair share, we can help create a healthy environment for all to enjoy—now and in the future.

Canopy of Questions

hat do you want to know about staying healthy and happy? Health can involve your body, mind, emotions, and spirit. Send your questions to brilliant@usbnc.org. Responses are given by a health professional.

How is your spirit affected by the health of your body?
— Sydney, age 10

Dear Sydney,

Our spirit is definitely challenged by the body's illnesses. Though your true spirit or soul isn't harmed when you're sick, it's difficult to remain optimistic and enthusiastic when you do not feel well. Stress increases the level of the hormone cortisol in the body. In small amounts, this can be helpful, but when you have too much cortisol for too long, it can lead to serious health problems.

Our spirit also affects the body. The way you think and feel about things affects your health. If you are pessimistic, you will not recover as quickly from illnesses. If you see difficulties as a chance to train your spirit to be patient, you can grow stronger and healthier.

Wishing you health and happiness, Mary K. Radpour Licensed Family Counselor

Explore and Soar: Be a Green Shopper

If you get an allowance, do you save some money, donate some, then buy something you need? Are you a green shopper who spends wisely to help save Earth's resources? Grab your reusable shopping bag, then ask:

- □ Do I *really* need this item? Do I already have something similar that I can use instead?
- ☐ Is it recyclable or made from recycled materials?
- ☐ Is there a more earth-friendly version, such as one with less packaging?
- □ Could I find a used version at a thrift store?
- □ Is it just a fad? Or will I use it for a long time?



CHECK OUT MY RECYCLED PAPER. I MADE IT MYSELF!



Precious Paper

ell phones, digital tablets, and computers. Our world is full of electronics. But paper, invented about 2,000 years ago, is still a big part of our lives. We may not even realize how often we use it. It's in everything from egg cartons to masking tape to money—to the magazine in your hands.

A lot of paper gets recycled, but a lot ends up in the trash, too. Nearly 26 million tons of paper products are *not* recycled each year—in the U.S. alone. You can find lots of ways to help cut down on wasted paper. Use cloth instead of paper napkins, write on both sides of your paper, and reuse giftwrapping materials.

Recycling paper also helps reduce landfill waste, energy use, and pollution. When your family buys paper products, look for ones made from recycled materials. You can even create your very own recycled paper with the technique below.

Make Your Own Recycled Paper

You'll Need: Six full sheets of non-glossy newspaper • 7" x 9" (18 cm x 23 cm) sheet of aluminum foil empty 1-gallon (3.8 L) milk jug • dried leaves or flowers • rubber gloves • scissors • water

1 Carefully cut off top half of jug, with an adult's help.



2 Tear two sheets of newspaper into stamp-sized pieces and place them in jug. Add warm water so it just covers the newspaper. Let soak overnight.



3 Wearing rubber gloves, shred paper into fine pieces so paper pulp is the consistency of oatmeal.



4 Lay four sheets of newspaper in a stack and place foil flat on top.



5 Cup hands to scoop up pulp. Let water drain off, then place pulp on foil. Repeat until you have a layer of pulp with a 1" (2.5 cm) border of foil. Make sure there are no holes in pulp layer. Add dried leaves or flowers on top.



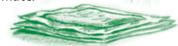
6 Gently press pulp flat. As water emerges, pick up foil and pour

water back into jug. Continue until no more water can be drained out of pulp.



7 Let paper dry for about two days.

Drying time may vary due
to thickness of paper
and climate.



When dry, peel foil off. Use your paper to write a message to a friend or family member about helping the earth.

Animal Planet News Chronicle

DISASTROUS DROUGHTS AND FLOODS ARE CAUSING MILLIONS OF PEOPLE AND MANY ANIMALS IN AFRICA TO FACE FOOD AND WATER S = OR = A6 = S.

ruba A. G<u>orill</u>a

WARMER OCEAN WATER NEAR AUSTRALIA DECREASES ALGAE THAT FEED CORAL REEFS. THESE ECO_Y_TE_S ARE HOME TO THOUSANDS OF SEA SPECIES.

Saving Humans

Isle d'Unité (APNC) — Ambassadors from all continents met today to discuss climate change. The United Animal Ambassadors (UAA) are frustrated about the snail's pace of human action to save Earth. Quick, global efforts are needed to decrease pollution from cars, power plants, factories, and other sources. The gases are trapping heat in our atmosphere, intensifying the "greenhouse effect" and raising Earth's average temperature.

"Animals and humans have a long history together on this planet," said Mr. Izuba A. Gorilla, President of the UAA. "Humans are smart and determined once they decide to do something. We need to take matters into our own hands and act fast to save the planet we all share."

At a UAA convention this summer, ambassadors talked about environmental threats in their regions. Fill in the missing letters to complete the words.

RICE FARMS IN ASIA, THREATENING FOOD SUPPLIES. MILLIONS OF PEOPLE LESS RAINFALL COULD THREATEN SOUTH LIVE NEAR COASTS AROUND THE WORLD AMERICAN R_IN_ORE_TS. THE TREES PROVIDE VITAL OXYGEN AND STORE CARBON DIOXIDE.

. Santoso J. Rhino

SEA LEVELS MAY FLOOD

NORTH AMERICA MAY SEE MORE HEAT WAVES, SHUTTING POWN POWER, INCREASING _ ILP_ IR_ S, AND CAUSING MANY OTHER PROBLEMS.

Christina Crane

SOME PARTS OF ANTARCTICA ARE WARMING RAPIDLY, GLACIERS AND SEA ICE ARE $M \perp LTI \perp G$. SOME ANIMAL SPECIES, INCLUDING PENGUINS, ARE DECLINING.

Emilio M. Whale

CROP PRODUCTION AND LEAD TO FOOD SUPPLY ISSUES. 5. Giorgos Frog

IN SOUTHERN EUROPE, HOT, DRY W_AT_ER MAY LOWER



EXPLORE AND PROTECT THE EARTH AND ITS CREATURES

"All the members of this endless universe are linked one to another." —Bahá'í Writings

EARTH-SAVING TIP

Recycle your light bulbs.

Compact fluorescent light bulbs (CFLs) are energy savers, but they contain small amounts of mercury. Recycle them to keep this toxic chemical out of the environment.

WOW, REALLY?

90% of all large fish, such as tuna, swordfish, and cod, have disappeared due to overfishing.



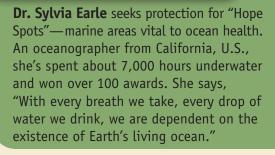
OUR CONNECTIONS



Earth's changing climate is studied by thousands of scientists from around the world. Many work with the IPCC—the Intergovernmental Panel on Climate Change. The

IPCC reports that there is no doubt that our climate is warming, and it's very likely that the changes are due to human activities, such as burning coal, oil, and gas in factories and cars. The IPCC won the 2007 Nobel Peace Prize, shared with former U.S. Vice President Al Gore.

PROTECTING OUR PLANET







Earth's highest point, this mountain reaches over 5 miles (8 km) in the Himalayas between Nepal and Tibet. Its glaciers are melting, which could cause devastating floods. *Unscramble* the letters to reveal its name:

TOMUN VEREETS

AMAZING ANIMAL!



These critically endangered creatures use their beak-like mouths to dig sponges and other food out of coral reefs. A major threat is illegal creation of jewelry and other items from their shells. Fill in the blanks to find their name:



<u>Getting to know kids who shine</u>

Connect with kids around the world! How are they like you? How are they different? Each of us has a unique story to tell. What's yours?

Ella R.

Age: 7

I live in: Illinois, U.S.

I want to be:

Painter and horse trainer

Best quality or virtue: Love

Something I like about me that makes me unique: I can gallop like a horse.

Hobbies or sports: Playing outside and doing cartwheels

Favorite Bahá'í activity: Going to [Bahá'í] Feast*



Favorite animal or pet: Horses and kittens

Place I'd love to visit: Australia, to visit my cousin

I like to help people by: Giving people bandages when they need one

Ways I help care for Earth: Picking up garbage

What environmental problem concerns you the most? I don't like garbage in the water because the fish might eat it and get sick.

If you could make one law to protect Earth, what would it be? Don't throw garbage on the land.

What are the most amazing places or creatures in nature? Horses, because they run fast, and they are friendly.

Joaquin M.

Age: **10**

I live in: California, U.S.

I want to be:

Film photographer

Best quality or virtue: I just try to be myself. I don't try to be "cool." I'm also very honest, caring, and loyal.

Something I like about me that makes me unique: I like old things, especially old technology (1840s to 1989).

Hobbies or sports: Dance, theater, music, photography

Favorite Bahá'í activities: Teaching the [Bahá'í] Faith, attending children's classes

Favorite animal or pet: Mountain lions, wolves

Place I'd love to visit: The whole world!



I like to help people by: Cleaning and repairing things for them

What environmental problem concerns you the most? The Amazon Rainforest and also other forests being cut down, because we all depend on them for oxygen, and so many animals live there.

If you could make one law to protect Earth, what would it be? Stop making shopping malls and start using smaller, older businesses.



Matthew D.

Age: 8

I live in: **Trinidad** and Tobago

I want to be: Professional soccer player

Best quality or virtue: Creativity

Something I like about me that makes me unique: I make people around me feel happy.

Hobbies or sports: Playing with LEGO [toys], drawing planes ... soccer

Favorite Bahá'í activity: Children's class

Favorite animals or pets: Our six dogs

Place I'd love to visit: Rio de Janeiro [Brazil]

I like to help people by: Making them smile

Ways I help care for Earth: Not to litter

What environmental problem concerns you the most? Pollution, because it is destroying our planet, and we need clean air to breathe.

If you could make one law to protect Earth, what would it be? I would make it against the law to destroy animals' habitats.

Jomei N.

Age: 10

I live in: Fort Smith, Canada

I want to be: A musician, author,

and screenwriter

Best quality or virtue: Compassion

Something I like about me that makes me unique: My imagination

Hobbies or sports: Writing stories and songs, drawing, basketball

Favorite Bahá'í activity: I like to serve others.

Favorite animal or pet: My dog, Eko

Places I'd love to visit: Haifa [Israel] and China

I like to help people by: Giving them confidence

What environmental problem concerns you the most? The pollution created by

removing the oil from the sand, [which] is being dumped into the water and the air, downstream from where I live. This pollution is affecting the health of the people, of animals, and of the land. Fish are sick and plants are contaminated. The food chain is being poisoned and it is ruining the Dene way of life.*

If you could make one law to protect Earth, what would it be? To not use cars that run



"God has crowned you with honor and in your hearts has He set a radiant star; verily the light thereof shall brighten the whole world!" — 'Abdu'l-Bahá

Neda C.

Age: 9

I live in: Maryland, U.S.

I want to be:

A teacher and then become the President of the United States of America

Something I like about me that makes me unique: I can speak . . . Farsi, and [I] love cats.

Hobbies or sports: Basketball, softball, ballet, swimming, art, piano

Favorite Bahá'í activities: Singing at Holy Days and chanting prayers at Feast* and attending Bahá'í children's classes

Places I'd love to visit: China, Iran, Italy, France, Rwanda, India, Brazil, Australia

Ways I help care for Earth: Plant trees, flowers, and other plants

I like to help people by: Someday helping build good homes for people who need them. I like to give food and

What environmental problem concerns you the most? I am concerned about people who are destroying trees and polluting by littering.

supplies to shelters.

What are the most amazing places or creatures in nature? Deer, gorillas, birds, Machu Picchu, camels, llamas, and people!

Gabriel P.

Age: 9

I live in: Wisconsin, U.S.

I want to be:

Video game designer

Best quality or virtue: Creativity, because I like to draw stuff and make stuff up.

Something I like about me that makes me unique: I always try to improve myself. When I get a B in school, I work hard to get an A next time.

Favorite Bahá'í activities: Sunday School. I have visited the House of Worship in Illinois. I read ... about 'Abdu'l-Bahá, the Báb, and Bahá'u'lláh, and I say prayers.

Favorite animal or pet:

I have an iguana named Mr. Frenacles.

The most amazing places or creatures in nature? Orangutans . . . they're so intelligent. [And the] arapaima [fish]. It can jump...out of the water and head-butt you . . .

Ways I help care for Earth: Pick up trash outside. I have a garden and feed it compost. I recycle and remind people if they don't recycle.



<u>You can be a Radiant'Star!</u>

Here's how:

- **1.** If you're age 7–14, write us at brilliant@usbnc.org or Brilliant Star, 1233 Central Street, Evanston, IL 60201. Include your name, age, mailing and e-mail addresses, and phone number. Mention "Radiant Star" in the e-mail subject line or in your message.
- **2.** When it's your turn to shine, we'll send you questions and a form for you and your parents to sign.
- **3.** Answer the questions and send them to us with the signed forms, along with at least two goodquality, close-up photographs of your smiling face. Photos should be in sharp focus and show your eyes clearly. Please don't send color copies, low-resolution digital images, or copyrightprotected images (like school portraits).



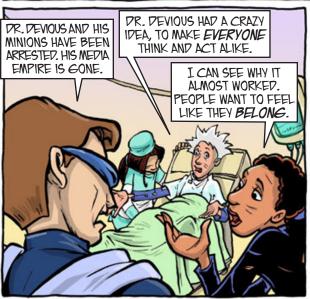
[¶] One of the world's largest freshwater fish, found in South America





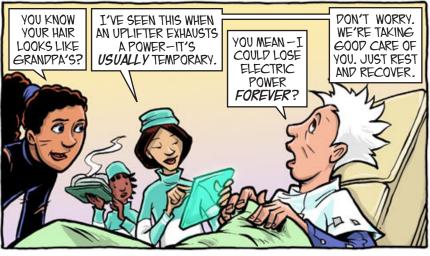




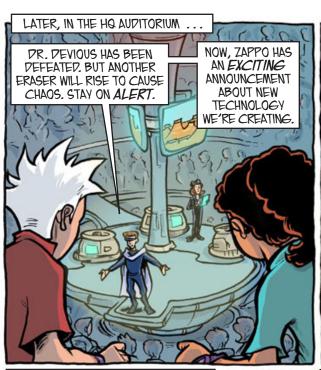














INTRODUCING SOME TRIAL

DESIGNS* FOR NEW AND IMPROVED













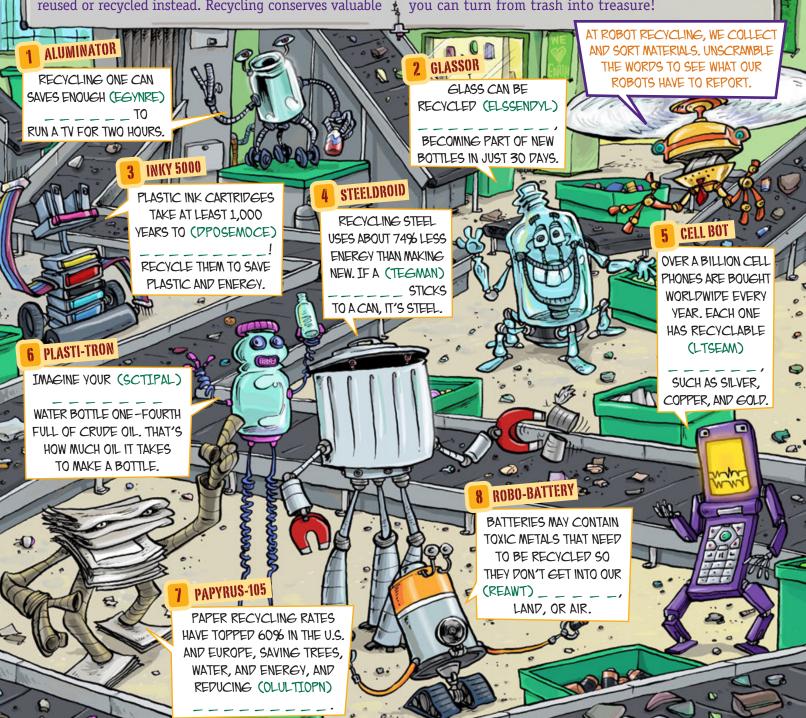
ROBOT RECYCLERS.

bout 161 million tons! That's how much trash gets thrown out each year—in the U.S. alone.*
That's about the weight of 10 million school buses. Then we use new resources to make new stuff. Finding those new resources is getting harder than ever, using more energy and causing more pollution.

The trash we throw out doesn't disappear—it gets burned or ends up in landfills. But much of it can be reused or recycled instead. Recycling conserves valuable

resources and prevents toxins from leaking into the environment. It also saves lots of energy and cuts down on greenhouse gases that can cause climate change.

An important part of recycling is knowing what to recycle and how to sort it. Communities have different rules about separating materials such as paper, glass, metal, and plastic. Check with your area's recycling programs. You might be amazed at how many things you can turn from trash into treasure!



What Shade of Green Are You?

"A unity in diversity of actions is called for ... in which different individuals will concentrate on different activities ... each person cannot do everything and all persons cannot do the same thing." —Bahá'í Writings



ould you rather study animals or insects, plant a garden, or help with an event at your local nature center? Each of us has an important role to play in helping Earth. Some aspects of the environment may interest you more than others, and that's okay. Your strengths and talents can lead you to your unique path of service. Just as biodiversity is important for our planet's health, diverse actions can help us tackle environmental challenges. Use this quiz to discover your "ecotype." How do you like to make a difference?

Find Your Ecotype

Read each statement, then circle the answer that describes you best.

1. My idea of a fun science fair project is:

- a) Raising butterflies from cocoons
- b) Showing how recycling is important
- c) An experiment to explain the greenhouse effect
- d) Building a rain barrel or compost bin

2. I'm most concerned with:

- a) Saving endangered species
- b) Letting people know about environmental issues
- c) Finding new inventions to stop climate change
- d) Reusing and recycling stuff

3. A book I'm most likely to read is:

- a) A Nature-Lover's Guide to Camping and Hiking
- b) Change the World with Your Eco-Club
- c) World's Greatest Earth-Friendly Inventions
- d) Using Trash to Build Treasures

4. My favorite classes are ones where I:

- a) Get to be outside
- b) Work in groups to solve problems
- c) Do experiments
- d) Create art projects

5. A career that appeals to me is:

- a) Forest ranger
- b) Editor for nature and animals magazine
- c) Environmental scientist
- d) Green home builder



6. In my free time, I'm likely to:

- a) Explore bugs and plants
- b) Do a neighborhood cleanup project
- c) Try a cool science experiment
- d) Create art from recycled stuff

7. A warm, sunny day makes me want to:

- a) Go for a nature hike
- b) Tell people about solar power
- c) See how fast ice melts in the sun
- d) Make a solar cooker from cardboard

8. My friends and family describe me as:

- a) Outdoorsy and animal-loving
- b) Outgoing and organized
- c) Thoughtful and scientific
- d) Imaginative and artistic

9. If I were to start a business, I would:

- a) Open an animal rescue center
- b) Launch an environmental website
- c) Run a science lab
- d) Turn used furniture into cool new furniture

Scoring

Which letter(s) did you circle most? Do you have a main interest, or a mix of them?

Mostly As = Noble Naturalist

You love being outside and exploring wildlife. Try volunteering at an animal shelter or community garden.

Mostly Bs = Assertive Activist

You use words and actions to educate and inspire others. Try leading a club or organizing a service project.

Mostly Cs = Studious Scientist

You love discovering things and are excited by experiments. Try testing new ideas and inventions.

Mostly Ds = Adventurous Artist

You use your hands to build and create. Try getting creative with recycled or natural materials.



JESTIONS *ANSWERS WITH





PETER ADRIANCE

aving the planet starts with love—a love for the natural world. Peter Adriance learned this as a kid, exploring the woods and fields in Massachusetts, U.S. When he grew up, his passion for nature grew with him. After college, Peter worked at two universities and then ran an advertising business. In 1990, he was hired by the National Spiritual Assembly of the Bahá'ís of the United States.* Since then, he's been educating people about caring for our planet. He's traveled to Brazil, Indonesia, and several other countries, representing the Bahá'í community in efforts to solve environmental problems. He consults at United Nations conferences, Bahá'í schools, interfaith gatherings, and more. He says, "I love learning about the world, studying issues like climate change and . . . how the Bahá'í teachings can help address those challenges . . . " In 2009, he earned the Bridge Builders' Award from an interfaith group in Washington, D.C. Peter and his wife, Riva, live in Virginia, where he expresses his zest for nature through gardening.

Q. What's your favorite childhood memory?

My family . . . went to a very special place on Cape Cod ... There were no telephones, no TV... These cabins were all nestled on top of 100-foot sand dunes looking out over the ocean . . . It was all sun and sand and food and rest and reading . . . Mother saved up quarters all year long and put them in a jar. And at the Cape, we would take those quarters and buy lobsters and have a big lobster dinner . . . That was always a lot of fun.



Left: Peter (left), at age three with his brother, Ricky, in Cape Cod, Massachusetts. Right: Eight-year-old Peter (right) and Ricky are congratulated by their dad for earning Boy Scout merit badges.

Q. How did you become interested in the environment?

Where I grew up . . . there was a path that went through the woods ... There were all kinds of places that were really interesting. We could make forts . . . There was a swampy area where you could fish for tadpoles . . . and watch them grow into frogs . . . When I got . . . older, I went to camp up in Maine . . . That also exposed me a

lot to . . . hiking and fishing and canoeing and swimming . . . I used to think . . . How is it possible that we could dump our garbage in the ocean and the ocean would just digest it? They used to take big barges out into the ocean from New York and dump them in the ocean. It was a few years after that that we started to see trash on the shore . . .

Q. What are the most important things kids can do for the environment?

Educate their parents. That's one big thing . . . Try to live your life in a way that minimizes your impact on the natural world. There are so many ways to do that,

but I think kids . . . are becoming leaders to point us in a direction that's more sustainable . . . They can also set an example that inspires adults to action.





O. Your title is NGO Liaison for the National Spiritual Assembly of the U.S. Tell us about your work.

NGO means Non-Governmental Organization . . . I'm a liaison . . . which means you link with other organizations in areas of common interest . . . A big area of common interest [is] the environment and the . . . challenge of sustainability—in other words, living on . . . our fair share of the planet's resources and leaving enough for future generations to prosper.

Q. What major changes do people everywhere need to make to solve environmental problems?

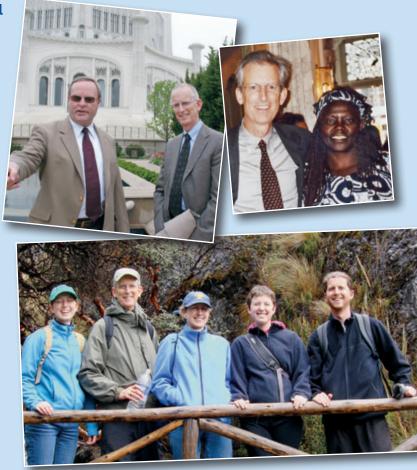
It's not the same for everybody around the world ... We only have one planet to live on, and we can't live as if there's more than one planet. But in the [U.S.], we're living as if there were five planets with the amount of resources we're taking ... The average European has a level equivalent to three planets. On the other end ... some ... are living [on] only a tenth of a planet's-worth of resources. So we have to ... reduce consumption on the high end and increase it on the low end so that we're using our fair share proportionally of the earth's resources.

Q. What do you say to someone who doesn't think our actions can make a difference?

In the Bahá'í writings, there are many references to small things having the ability to . . . impact big things. In one of the prayers, it talks about [God] making a gnat into an eagle, a drop of water into rivers and seas, an atom into lights and suns . . . If you consider . . . a river, it's just tiny molecules of water coming from many different places . . . Each molecule adds up eventually to an ocean.

O. If you had one wish for our Brilliant Star readers, what would it be?

They become the best that they can [be] and contribute to the world... Kids can contribute a lot to the progress we're making on the environment, and I encourage them to be creative and share their ideas and thoughts, and not hesitate to make a contribution in their communities...



Top Left: Peter (right) talks to Ron Gould, who oversees Bahá'í properties in the U.S., about the "green" aspects of the new Visitors Center to be built by the House of Worship in Wilmette, IL. **Top Right:** Peter works with people such as 2004 Nobel Peace Prize winner Wangari Maathai.* **Bottom:** Peter and his family enjoy a nature-filled vacation to Ecuador in 2008.

Q. How does the future of our environment look to you?

Challenging, but hopeful, because I think that we're faced with immense challenges in almost every area—the increasing numbers of people on the planet and all the things that they need. There are many solutions being found to move us toward a more sustainable track. The big thing that we need in combination with the technology is that we need people that care, that both see the big picture and care to act on it, and then are taking action.

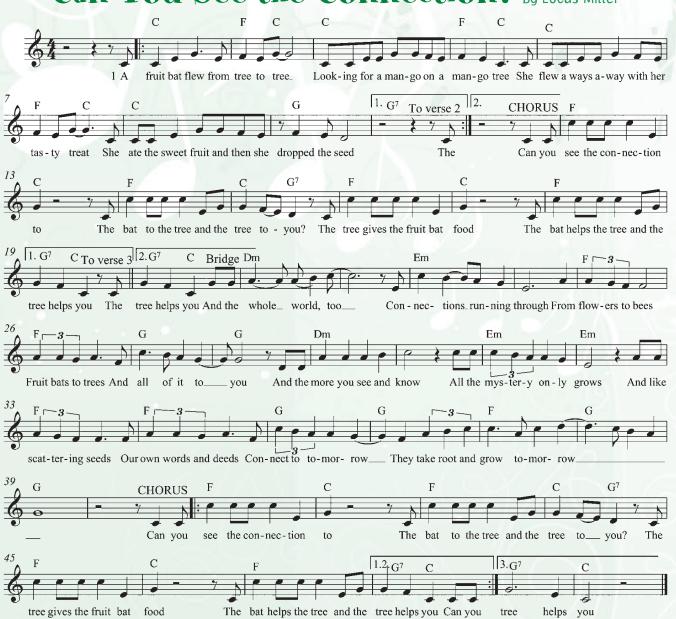


MUSIC CAFÉ

"Music, sung or played, is spiritual food for soul and heart." —Bahá'í Writings

I LOVE SWIMMING IN THE LAKE, FEELING THE WARM SUN, AND WAKING UP TO BIRDS SINGING OUTSIDE THE TENT. I FEEL SO CONNECTED TO THE TREES AND ANIMALS. EVEN INSECTS. WHAT'S YOUR FAVORITE WAY TO ENJOY NATURE?

Can You See the Connection? By Lucas Miller



- 2. The seed fell down to the forest floor
 It bounced and it flipped and it bounced some more
 It came to a stop in an open spot
 Where it could grow in all the sunshine that it got
 CHORUS
- 3. The bat got the seed to a sunny spot
 So the seed began to grow and grow a lot
 It grew into a tall and a mighty tree
 Making food and oxygen for you and me
 CHORUS BRIDGE CHORUS (3X)



Green City of the Future

"The happiness and greatness . . . the pleasure and peace, of an individual have never consisted in his personal wealth, but rather in . . . his ability to solve difficult problems." —'Abdu'l-Bahá

magine a big city in the future. Do you think of towering skyscrapers? Traffic jams with air-polluting cars? Buildings and transportation are huge sources of greenhouse gases, which trap heat in Earth's atmosphere and increase global warming. But many cities are working to reduce their ecological footprints—the amount of natural resources they use.

Some cities are already making buildings greener

and using energy-efficient streetlights. Some are planting "green roofs"—gardens on top of buildings. More bike and walking paths let people use their *own* feet to reduce their ecological footprints. Public transportation could zoom toward electric trains and buses that are powered by solar energy. Buildings might have built-in wind turbines to generate their own electricity. Technology *and* creativity will be the keys to tomorrow's cities.

If you could build your own green city of the future, what would it look like? How would you save energy, reduce pollution, and create a happy environment? Draw your vision here.



cold wind blew across the dry plain as Rishad stroked his ram's coat. He looked up at his friend, Abzal. "The illness is worse. My flock is going fast."

"It's been a hard year with the drought," agreed Abzal. "But things will get better."

Rishad sighed heavily. "Since we were boys, I've loved tending sheep, and moving my yurt from place to place. It's time for a change."

"What do you mean?"

"I—I could go to the city," said Rishad. "I am a hard worker. I'll find a way to survive."

Abzal shook his head. "And leave me here alone on my potato farm? Who will make me laugh through the long winters? And listen to me play my *kobiz*?"

Rishad smiled. "True, not many would listen to you. But my flock is dying, and—"

"I'll give you half of my land," said Abzal. "There is more than I can farm on my own."

"I couldn't take your land. You'll have a family one day."

Abzal clapped him on the back. "We are like brothers. You'll always be part of my family. No more arguments."

Rishad accepted his friend's generous offer.

That spring, as Rishad was preparing his half of the field for planting, his hoe struck something hard. Puzzled, he kept digging. He rapidly uncovered an old wooden chest. "Wow! Abzal, come quick!" he called.

Abzal rushed over, and they pried open the chest. A wealth of gold coins sparkled inside.

"Abzal, you're rich!" Rishad gasped.

"Not I, my friend. You found this on *your* land, so it belongs to you."

"No," Rishad insisted. "You were so generous. This treasure can be my payment."

Abzal said, "I gave you the land as a gift, and I want nothing in return. Use the gold to buy a new flock of sheep."

But Rishad shook his head. "You could use the money to visit your parents in the South. You've always wanted to see more of the world."

The two men bickered, each wanting the other to keep the gold. Finally, Abzal said, "Let's go to the wise woman in the woods.

She'll know what to do."

At dawn, they began their journey into the mountains, carrying the chest of gold. In a pine forest, they found the wise woman's hut.

"Qosh Keldinizder!" she greeted them. The friends eagerly told their story and asked for her advice.

The wise woman was quiet as she slowly added honey and lemon to her tea.

Then she said, "Take your gold and buy as many fruit seeds as you can. Plant them on your farm. When the trees grow, they will bear enough apples to feed many. Trees are good for the land and for all of God's creatures."

"But trees take years to grow," said Rishad.

She nodded. "When you do what's best for the earth and the future, all will be well."

Abzal and Rishad talked as they sipped tea. They agreed to the plan and set off for a village market.

At a crossroads, they met a caravan of camels led by a merchant dressed in fine silks. Each camel carried dozens of birdcages. Birds of every size, shape, and color were trapped inside, squawking loudly. Some looked sickly and pecked at the bars. Others struggled and shrieked with fear, trying to break free.

Rishad called, "Sir, where are you going with those birds?"

The merchant looked down haughtily from his camel. "To the market, of course. I will sell them for a great profit. Some will be eaten, and some will be pets. Why do you bother me?"

The birds shrieked louder. Abzal and Rishad looked at each other, their eyes full of pity for the creatures. They nodded without speaking.

Abzal asked, "How much for all the birds?"

The wealthy man looked down at them and snorted.

"More than you'll ever see." He turned to move on.

"Wait!" Rishad yelled. He opened the chest of gold.

The merchant leaped from his camel with a greedy smile.

Rishad and Abzal greeted the birds as they opened each cage. The creatures created a rainbow of color as they flew up and away—mighty steppe eagles, owls, swans, egrets, finches, sparrows, and more.

A golden oriole rested on Abzal's shoulder and peered at him.

"This is the end of our plans for an orchard," Abzal said to Rishad. "We'll never see that much gold again." "But we couldn't let the creatures be harmed."

Abzal stroked the oriole's head, and she flew off with the others.

The merchant watched the farmers and gloated, "Such fools! Wasting your money on worthless birds!" He dragged away the chest of gold.

Empty-handed but with light hearts, Abzal and Rishad made the long journey home. It was dusk when they arrived, hungry and exhausted. But what they saw filled them with wonder.

Birds of every size, shape, and color covered their little field. The birds dropped seeds from their beaks into the ground, then used their feet and wings to cover them with soil. "I can't believe what I'm seeing. It's . . . the birds we saved!" cried Abzal.

"And their friends, too," said Rishad, as more birds swooped in.

The farmers watched with huge eyes. No sooner were the seeds in the ground than they started to sprout! The birds took to the skies as rain began to fall. Rishad's remaining sheep ate

the grass and clover that sprang

from the ground.

Many people came from far-off villages to visit the orchard. No one could explain how the trees grew so fast. That very summer, they bore the sweetest fruit anyone had ever tasted. And they provided homes for hundreds of birds and other creatures.

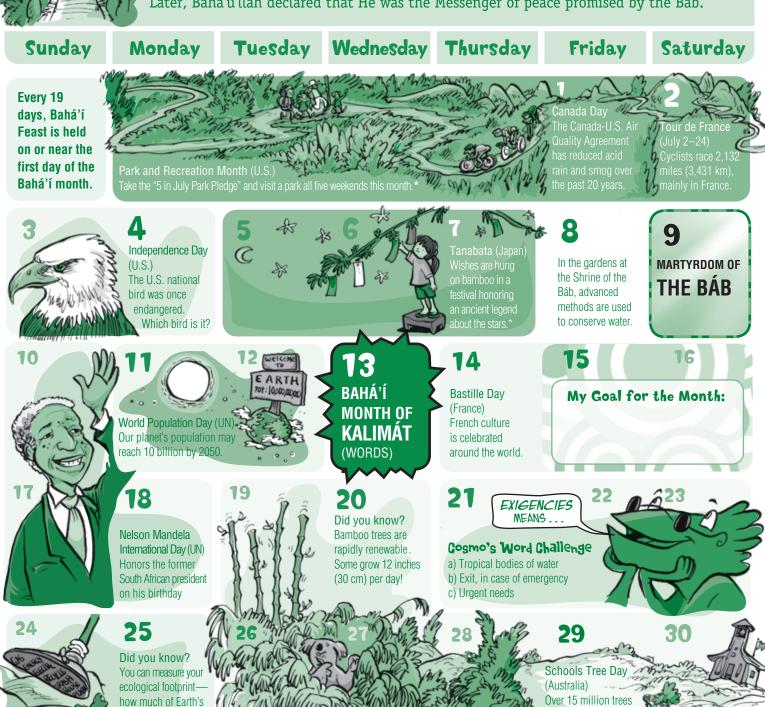
The magical orchard flourishes to this day, and its fruit grows even better each year—a delicious sign of the power of kindness.



JULY 2011 • 168 Bahá'í Era

an w de

t was an exciting and turbulent time in Persia (now Iran) in the mid-1800s. A new Faith was born. A Messenger of God known as the Báb ("the Gate" in Arabic) announced His mission to prepare people for another Messenger, Who would bring an age of peace. The Bábí Faith attracted tens of thousands of followers. But authorities wanted to stop the new religion. They imprisoned the Báb, then condemned Him to death. On July 9, 1850, the Báb was executed in Tabríz by a firing squad of 750 soldiers. Later, Bahá'u'lláh declared that He was the Messenger of peace promised by the Báb.



Eucalyptus trees, native to Australia, can regenerate after fires.

*See www.nrpa.org/july/; 7-Tanabata is celebrated on August 7 in some areas; 25-Check out www.myfootprint.org

and shrubs have been

planted since 1996.

resources you use.*

AUGUST 2011 • 168 Bahá'í Era

n a trip to a museum, you might see fossils that are millions of years old. But did you know there are also fossils in your family car? Fossil fuels, including those that power cars, trains, and planes, come from the remains of prehistoric creatures. These animals and plants lived over 300 million years ago—long before the dinosaurs. When they died, they were buried under seas, sand, and rock. Intense heat and pressure slowly turned them into oil, coal, and natural gas. Since they take eons to form, fossil fuels can't be replaced—and we're using them up quickly. How can your family conserve these ancient resources?





La Tomatina (Buñol, Spain)

with about 45,000 people!

A world-famous tomato fight

to end Ramadan, the

month of fasting

(August 1-29).

of justice on this

*6-Check out a fun nature scavenger hunt in Nov/Dec 2010, p. 21.

day in 1963.

SHINING LAMP

A Bahá'í who served humanity with radiance

VINSON BROWN: Passion for Exploring Nature

cience is nothing more or less than the search for truth," wrote Vinson Brown, "and how can such a search . . . be anything but an adventure!" Vinson's love of science and nature led to exciting escapades throughout his life.

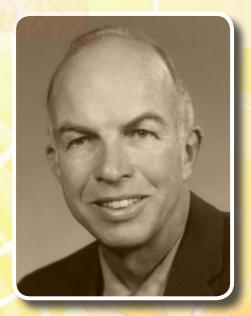
Vinson was born in Nevada, U.S., in 1912. His father was a doctor near an American Indian reservation. Native cultures interested Vinson from childhood. He even inherited from his father a pipe bag thought to have belonged to Crazy Horse, a famous Lakota leader.

At 17, Vinson's daring spirit found him setting sail for Asia as a sailor on a freight ship. He loved to watch sea creatures, including flying fish, sea turtles, dolphins, and whales. On the trip, he was almost killed in a typhoon, but danger didn't dampen his enthusiasm for the natural world.

Finding Faith

In his early 20s, Vinson traveled to Panama and Costa Rica, where he gathered plants, insects, reptiles, and other creatures for museums and collectors. At that time, he didn't believe in God—he wanted proof of God's existence.

A youth name<mark>d Chio, from the Guaymi tribe, helped guide</mark>



Vinson Brown encouraged people to explore nature. He wrote, "Science is the human's way of reaching toward the stars."

him through the jungle. One day at dawn, Vinson saw Chio near a waterfall, his arms raised to the sky, singing in his native language. Though Vinson couldn't understand the words, he said he felt something "so tremendous . . . that all my doubts about the spiritual truth of the existence of God disappeared and I knew I was in His presence!"

Vinson built a career devoted to the environment. In 1936, he founded the Boy Naturalist Club in California and led kids on nature explorations. He also earned a master's degree in biology from Stanford University. A few years later, he met a Bahá'í named Marion Holley. After his scientific mind inspired him to ask questions for a year, Vinson became a Bahá'í in 1945. In the years that followed, he gave several hundred talks about the Faith around the U.S.

"Our Time is Short"

Along with his other interests, Vinson always wanted to be a writer. In 1946, he founded Naturegraph Publishers. He and his wife, Barbara, published books about investigating the environment. Vinson wrote or co-authored around 40 books, including some on American Indians.

One book trained the reader to study nature as an "explorer naturalist," who "may be one of the heroes who helps save the world from destruction by pollution and waste and point it toward a new age where men are in harmony with nature and with each other . . ."

In 1984, Vinson and Barbara went on Bahá'í pilgrimage in Israel, which he called the trip of his life. Vinson passed away in 1991, but Naturegraph continues to publish books that support his mission. "We live on a shrinking planet," he wrote, "and our time is short to convince others that there is no future for mankind unless we can learn to come into harmony with ourselves and our surroundings."

Saving Sea Turtles

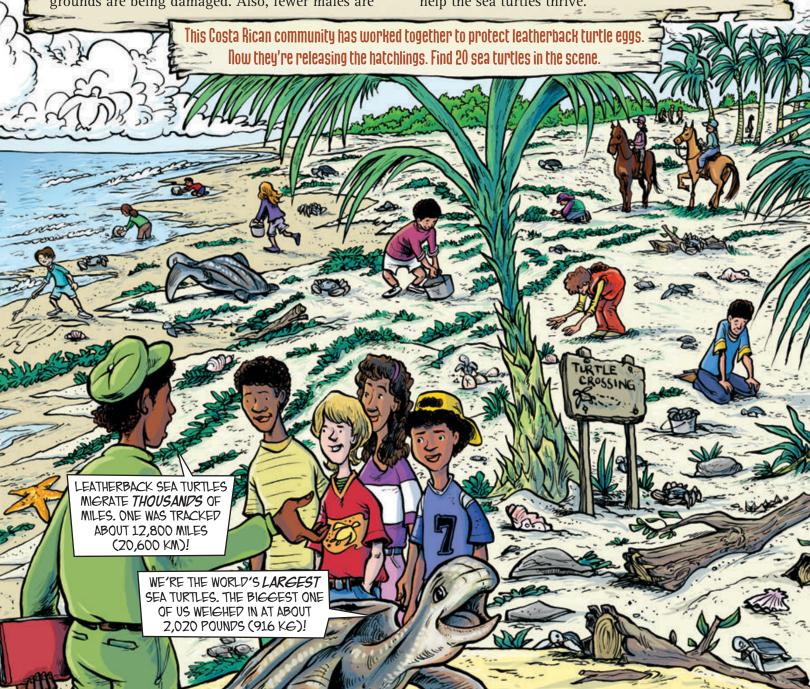
or over 100 million years, sea turtles have graced our oceans. But today, these creatures are at risk of extinction. Five of the seven species are endangered or critically endangered.

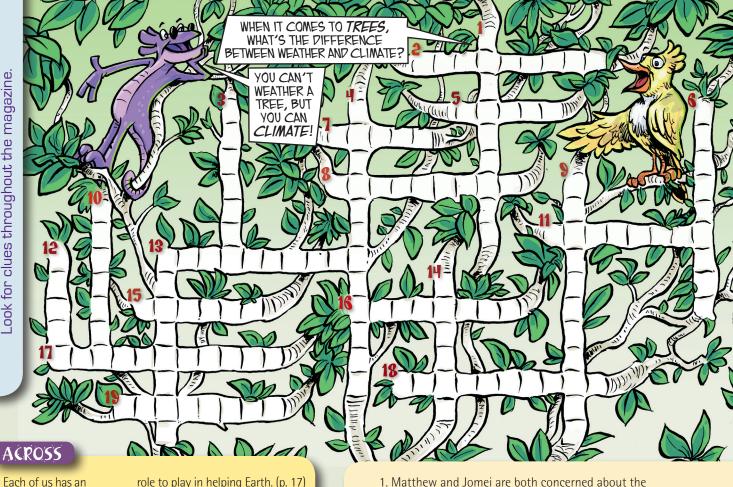
Many hazards to sea turtles come from human activity, such as construction along beaches, hunting of turtles and their eggs, pollution, and accidental capture in fishing nets and gear. Another great danger is climate change. Nesting beaches and feeding grounds are being damaged. Also, fewer males are

born as beaches grow warmer, since the egg's temperature determines the turtle's gender.

People around the world are working to help by protecting beach habitats and reducing bright lights, which disturb sea turtles. In Costa Rica, youth gather eggs and take them to safe nesting spots. After the turtles hatch, they're released near the ocean.

Even if you live far from the sea, anything you do to conserve energy and slow climate change can help the sea turtles thrive.





- 2. Each of us has an _____ role to play in helping Earth. (p. 17)
- 5. Can be recycled endlessly (p. 16)
- 7. In Australia, warmer waters decrease algae that feed ____ reefs. (p. 10)
- 8. Ella and Neda would both like to visit this country. (pp. 12-13)
- 11. One of the world's largest freshwater wetlands (p. 29)
- gases trap heat in the atmosphere, warming Earth. (p. 6)
- 15. Can reduce stress and help you feel more peaceful (p. 4)
- 16. Nearly 26 million tons of paper products are not _____each year—in the U.S. alone. (p. 9)
- 17. To help our planet stay in balance, we have to make choices that are ______. (p. 8)
- 18. More bike and walking paths let people use their own feet to reduce their ______ footprints. (p. 21)
- 19. "Ridván" means ______ in Arabic. (p. 3)

- environmental problem with ______. (pp. 12–13)
- 3. Vinson's love of and nature led to exciting escapades throughout his life. (p. 26)
- 4. Start exploring careers by ____ in your community. (p. 7)
- 6. Taking something you would normally throw away and creating something new and useful (p. 5)
- 9. World's largest sea turtle (p. 27)
- 10. This creature may be the most intelligent invertebrate. (p. 25)
- 12. The wise woman told the friends to grow these on their land. (p. 22)
- 13. Melting _____ cause sea levels to rise. (p. 2)
- 14. About the environment, Peter Adriance says, "We need people that care, that both see the big picture and care to act on it, and then are taking _____." (p. 19)

FROM OUR MRILBOX



I love reading about all the people in "Radiant Stars," and I would like to be one in your magazine someday. Right now I have seven copies of Brilliant Star spread out on my bedroom floor, all open to the "Radiant Stars" page, and I've been writing down all the names and reading about the kids.

- Naseem Serene K., age 8, China

RNSWERS

PAGE 2: A) 1, B) 4, C) 7, D) 5, E) 2, F) 3, G) 8, H) 6

PAGE 3 (top to bottom): respect, moderation, gratitude, cooperation, responsibility, optimism, commitment, creativity, awareness, compassion

PAGE 6: 1) a, c; 2) a; 3) b; 4) b, c; 5) b; 6) a, b; 7) c; 8) b, c; 9) a, b, c; 10) a

PAGE 10: 1) shortages, 2) ecosystems, 3) rainforests, 4) Rising, 5) weather, 6) wildfires, 7) melting

PAGE 11: Mount Everest, Hawksbill Turtles

PAGE 16: 1) energy, 2) endlessly, 3) decompose, 4) magnet, 5) metals, 6) plastic, 7) pollution, 8) water

PAGE 27: Turtles at top left in clouds; at top center near shore; at top right in leaves, left of horses, below kid; at right center behind girl, in front of boy, two in bucket, under sign, on sign; at bottom right on log, under shell, left of lower log; at bottom center speaking, on shirt; at left center in sand, two near shore; at center in egg

Wetland Wonders

alls of endangered hyacinth macaws echo through the tropical Pantanal wetland. Howler monkeys swing through the trees as jaguars prowl below. This incredibly biodiverse area is one of the world's largest freshwater wetlands. It's located mostly in Brazil, and sprawls into Bolivia and Paraguay, covering at least 54,000 square miles (140,000 sq. km)!

It's home to over 600 species of birds, hundreds of kinds of fish, and many other creatures. The Pantanal

and other wetlands are critical ecosystems for our planet's health. Also, some wetlands give protection from flooding and drought. Like giant sponges, they absorb and release water as needed. Wetlands can also filter out water pollution and prevent land erosion.

But global issues such as climate change, pollution, construction, hunting, and farming pose risks to wetlands and their wildlife. By preserving these wonders, we can help them flourish for generations to come.



