

Brilliant Star

BAHÁ'Í NATIONAL CENTER

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SUBMISSIONS

We welcome submissions and ideas from contributors of all ages. Contact us for editorial themes or submission guidelines.

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Brilliant Star empowers kids to explore their roles as world citizens. Inspired by the principles of peace and unity in the Bahá'í Faith, we encourage readers to use their virtues to make the world a better place.

The Bahá'í Faith is the second most widespread religion in the world, with over five million Bahá'ís. It was founded by the Prophet Bahá'u'lláh ("Glory of God" in Arabic) in 1863. Bahá'u'lláh taught that all people are part of one human family, and all religions come from one God. Bahá'u'lláh's eldest son, 'Abdu'l-Bahá, interpreted His teachings and led the Bahá'í community after Bahá'u'lláh's passing.

Today, Bahá'ís work to bring love and justice to the world, and end prejudice and discrimination of all kinds.

WHAT'S ÎNSÎDÊ

COMMON GOOD

FAVORITE FEATURES



Bahá'u'lláh's Life: Mission of Peace His refreshing influence transformed 'Akká.



Nur's Nook

Make a piggy bank to bring creativity to your coins.



Riley's Rainforest

The secret of happiness



We Are One

Explore and care for the place we all call home.



Radiant Stars

Get to know kids who shine, like you.



Lightning & Luna: Episode 60

Grandma and Grandpa reveal a secret.



Maya's Mysteries

Create a kite and soar through challenges.



Stargazer: Dr. June Manning Thomas

What makes her passionate about city life?



Treble Chef's Music Café

Fill your heart up with song.



Shining Lamp: William Henry "Harry" Randall

Sharing his wealth brought him joy.



Cosmo's Corner

A crossword and more from our favorite chameleon



aMAZEing ADVENTURE

Discover the message in the magical books.

NEW DESTINATIONS



Jungle Generosity

Find the compassionate capuchin monkeys.



Need It or Want It?

Discover the difference.



Tree of Thanks

Draw the gifts in your life and let gratitude grow.



Learning to Lead

Hear ye, hear ye! Hints for a happy kingdom



Seeds of Change

Quiz yourself on challenges around the world.



Goal for the Global Team

When we cooperate, everyone wins.



Growing a Better World

What secrets do the rice grains hold for the future?



Materialistic Monster Mayhem

Choosing moderation over madness



'Abdu'l-Bahá's Love for the Poor

In the coins, find clues about how to care for others.



Good Sea-tizens

Using virtues leads to smooth sailing.



Sujan's Gifts

Can one person make a difference?



Hoshi's Adventures: Cool Currency

What do salt, shells, and whale teeth have in common?





DEAR FRIENDS

We all need some essential stuff:
food, water, clothes, a home.

Other things can bring us joy:

books, toys, bikes, cookies. But how do we decide how much is enough? How do we know when we're *too* focused on stuff? And how do we help millions of people who don't even have the basics?

Creating economic justice around the world is a mind-boggling puzzle. We have one Earth, and we need to share our resources fairly.

Many people are working on solutions. The best ones involve compassion, consultation, and innovation—and lots of love.

In this issue, help figure out the puzzle.

Create a cool piggy bank for saving money to donate. Identify what you need versus what you want. Quiz yourself on challenges we face as a global family. Read a folktale about the power of giving. And meet Dr. June M. Thomas, who trains students to help cities solve big problems.

Talk to your family and friends about how to be part of the solution. Working together, we can build a better world—one piece at a time.

With love from Brilliant Star

Jungle Generosity

ome of the coolest creatures to swing through Peru's Amazon rainforest are the capuchin monkeys. They're known for being smart and curious. Some choose the best stones and use them as tools for cracking open tough palm nuts to eat.

Capuchins use their smarts to help each other, too. In one study of their behavior, they were paired up and offered food. A monkey could choose a slice of apple just for itself—

or it could choose to reward itself *and* its partner. Most often, the monkeys chose treats for two.

Acting with others in mind is best for all creatures, including people. For a peaceful planet, our entire human family needs access to food, water, shelter, education, and other essentials. All living things are connected—and we have one Earth to share. We can discover a lot of wisdom in the wilderness.



A Brief Timeline

The Life of Bahá'u'lláh

The highlighted area marks the time in which this story takes place.

1817 November 12

Birth of Bahá'u'lláh in Tihrán, Iran

1844

Recognizes the Báb as a new Messenger of God

1852

Imprisonment in the "Black Pit" of Tihrán

1853-1863

Exile in Baghdád, Iraq. From 1854–1856, He goes into the mountains to pray in solitude.

1863 April 22

Declares Divine Mission as Prophet-Founder of the Bahá'í Faith

1863-1868

Exile in Constantinople (Istanbul), then Adrianople (Edirne), Turkey. Begins writing letters to kings and rulers in 1867, urging world unity

1868

Last exile, to prisoncity of 'Akká, Israel

1877

Finally free to live in countryside homes of Mazra'ih and then Bahjí, outside 'Akká

Bahá'u'lláh's Life: Mission of Peace Water Wisdom

an you imagine living without clean water?

In 1868, Bahá'u'lláh arrived in the prison-city of 'Akká (in what is now Israel). He'd committed no crime, but the Turkish sultán (king) imprisoned Him in an attempt to stop His Bahá'í teachings.

'Akká was a dreadful place. Bahá'u'lláh said it was described as "the most desolate of the cities of the world, the most unsightly of them in appearance, the most detestable in climate, and the foulest in water." It was said that a bird flying over it would fall dead from the stench!

At first, the people of 'Akká treated Bahá'u'lláh and the Bahá'is badly. But in time, Bahá'u'lláh's innocence became clear. Highranking people sought His wise advice. Even the governor became His admirer.



This aqueduct outside of 'Akká was repaired at Bahá'u'lláh's request. An aqueduct is a bridge-like structure that carries water to an area.

One day, the governor asked Bahá'u'lláh what he could do for Him. Bahá'u'lláh asked nothing for Himself, but requested that the town's broken aqueduct be repaired, to bring fresh water to the people.

The governor immediately agreed to His request. When the aqueduct was finished and clean water started flowing, the people of 'Akká rejoiced.

How much do you know about water in our world? Take this quiz to find out.





In India (top), half of the rural water supply is unsafe to drink. Drought and tribal conflict make water difficult to obtain in Ethiopia (bottom).

- 1. About 78 million people around the world don't have access to safe, clean drinking water.
 - TRUE FALSE
- 2. The average distance women in Asia and Africa walk to collect water is 3.7 miles (6 km).
 - TRUE FALSE
- 3. 60% of the world's population lives on the driest half of the planet.
 - TRUE FALSE
- 4. 97% of Earth's water is too salty to drink safely.
 - TRUE FALSE
- 5. About 4,000 kids die every day from illnesses caused by unsafe water.

TRUE • FALSE

ANSWERS: 1) False. It's actually about 780 million. 2) True. 3) False. It's 85% of the population. 4) True. Drinking too much salt water can be deadly. 5) True.

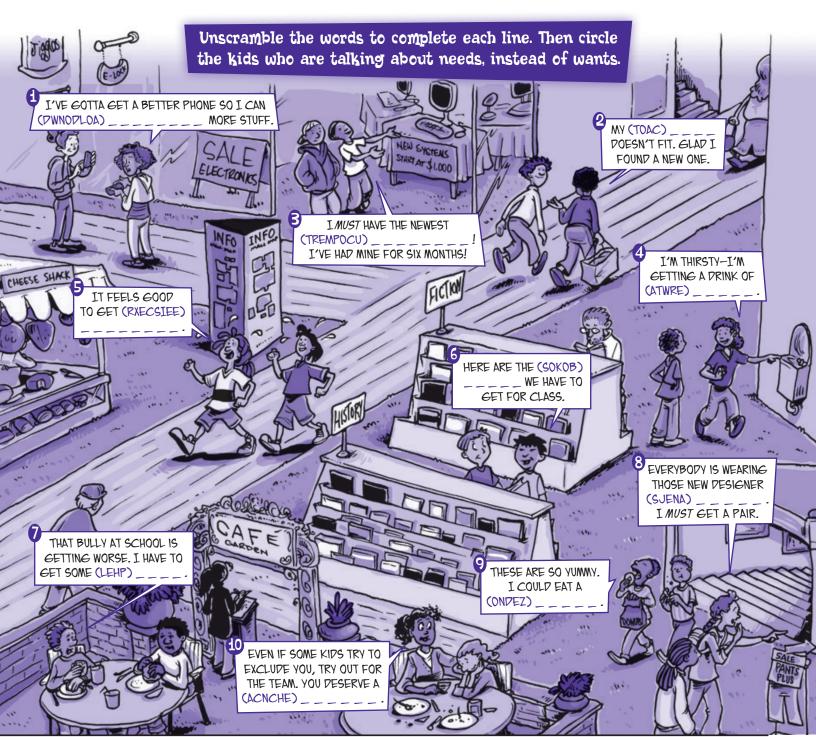
NEED It or WANT It?

hen we use the words "want" and "need," it's easy to mix up their meanings. A need is something that's essential for you to be healthy, safe, educated, or treated fairly. A want is something you'd like, but you can live without it.

Sometimes advertisers make new gadgets or clothes look so exciting, you feel like you really need them to survive. But with careful thought, you can tell the difference between needs and wants. You

might decide to go ahead and buy a new game you want, if you think it's worth the price. Or maybe you'll save your money or donate some to charity.

When you can tell the difference between wants and needs, it's easier to make tough decisions about money and stuff. You know that having cool stuff can be fun or helpful, but it's not the most important thing in life. Your family, friends, and spirit are your true wealth.



TREE OF THANKS

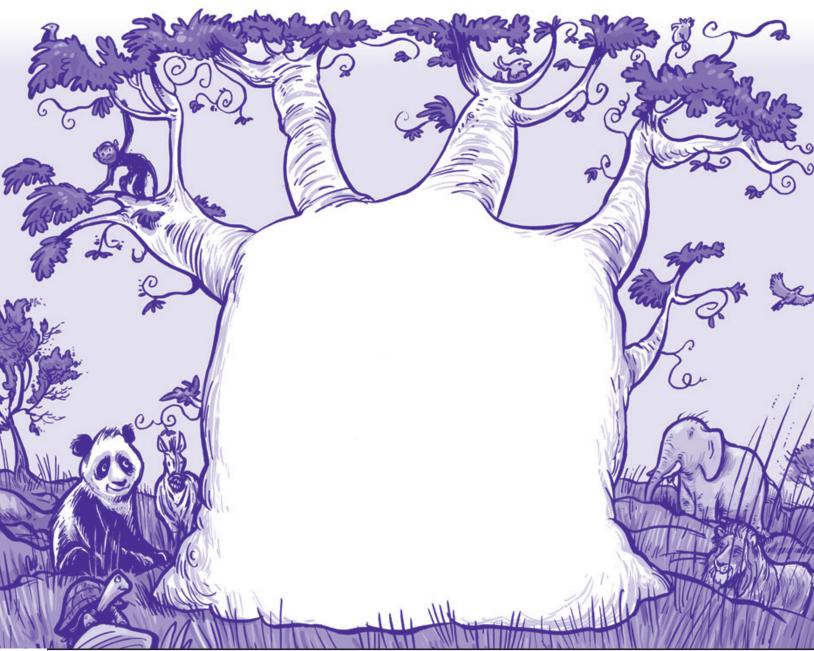
"Material comforts are only a branch, but the root of the exaltation of man is the good attributes and virtues which are the adornments of his reality." — 'Abdu'l-Bahá

hen someone gives you an awesome gift, you might write a sincere thank-you note. We feel grateful when we're surprised by cool presents.

But what about the gifts you receive every day? You might not think of writing a thank-you card for the home you live in, the food you eat, or the school you go to—but just imagine life without them.

In the same way that a trunk gives a tree stability and strength, your basic needs help you grow strong. They make it possible for you to enjoy life's "fruits," or things that you want, but that aren't required for your survival—like a new music player or the books you've had your eye on. When you're grateful for your needs and your wants, life is much sweeter.

Inside the tree trunk, draw your basic needs—things you're thankful for that you must have to keep your body, mind, and spirit healthy. On the branches, draw fruits with your wants inside—things you have that you're thankful for, but could live without.





Saving For Service

lobal challenges such as poverty, pollution, and natural disasters may seem overwhelming. But with the power of creativity, people are finding new ways to work together and solve problems.

With creativity, a doctor can discover the next medical breakthrough, a performer can uplift hearts, and a scientist can invent an earth-friendly fuel. Have you thought about the many careers that can help our global human family?

Even before starting a career, you can help others. You can volunteer your time and help raise funds for charities. Start by making this piggy bank and decorating it imaginatively. Use it to store money you collect with your acts of service.

Make a Bank

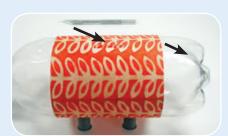
1 Glue strip to bottle. Let dry.



For legs, glue two spools about 1½" (3.8 cm) apart. Glue two other spools directly opposite. Let dry.



3 Turn bottle over. Ask adult to use box cutter to make $1\frac{1}{2}$ " x $\frac{1}{4}$ " (3.8 x .6 cm) slot in center of bottle (for coins) and $\frac{1}{4}$ " (.6 cm) slice near bottom (for tail).



You'll Need

Clean 2-liter plastic bottle with cap • 5 1/4" x 15" (13.3 x 38.1 cm) strip decorative paper • paper scraps • glue • hole punch • sharp box cutter or craft knife (and adult to help) • pipe cleaner • scissors • four empty thread spools or jumbo beads • permanent markers • optional: wiggle eyes

Punch two holes in scrap paper and glue paper dots on cap for nose.



Cut ears from paper. Fold at base of each ear to make tabs. Make small cuts in tabs so edges will lie flat. Glue to bottle.



For tail, insert one end of pipe cleaner into smaller slit. Wind around marker.



MY PIGGY BANK WEIGHS A TON. WHAT CHARITY ARE YOU SAVING FOR?



Add face and decorate. Then feed your piggy bank with your savings!



Learning to Lead





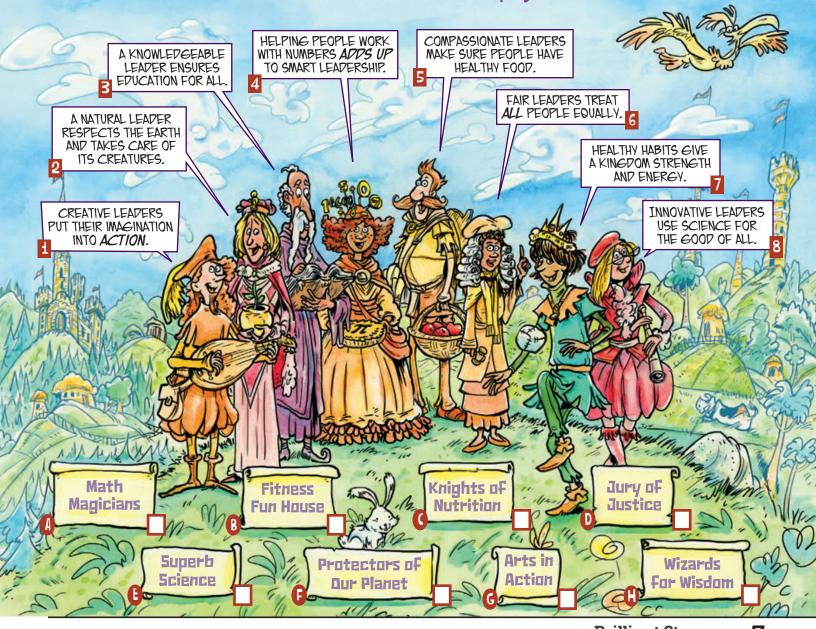
hat makes an excellent leader? Being confident?
Having a positive attitude? Thinking creatively?
Good leaders need all kinds of skills, from
communication to planning to inspiring others. One of the
most important qualities is treating all people with justice
and respect. Leaders of countries need to help everyone
get access to the basics, such as food, water, shelter,
health care, and education. They have to create fair laws

and spend money wisely. People can make a difference by choosing our leaders carefully.

But you don't have to be a prince or princess to get things done. There are leaders everywhere. At school, at home, in service activities, and on sports teams, leaders encourage others to work together and solve problems peacefully. Develop your leadership skills, and you'll make positive changes in your own realm.

These leaders are discussing service projects that help keep their kingdom happy.

Write the correct number next to each project name.



RILEY'S RAINFOREST

"Send down... from the clouds of Thy mercy the rains of Thy healing..." -Bahá'u'lláh

What Money Can't Buy

ave you ever seen a really cool game or an awesome pair of shoes that you just had to have? Did you imagine how happy you'd feel once you got it? How long do you think the happiness lasts?

Research shows that buying material things doesn't lead to ongoing happiness. In fact, people who are more materialistic-who focus too much on money or possessions—tend to be less happy than others. But why is that?

One big reason may be that people get used to things very quickly. New and exciting purchases soon become old. Then people seek the thrill of buying something else. They become stuck in a cycle, getting something bigger or better, but without feeling lasting joy afterward.

One way to break that cycle of materialism is to practice gratitude. People who are grateful for the



things they have—whether it's a comfy bed or a family member with four paws—are happier and more satisfied with their lives. Rather than focusing on the things they don't have, grateful people enjoy the things they do have. They're less likely to want more things or expect stuff to provide happiness. They're already content.

So next time you find yourself wanting something, think of what you already have to be thankful for. Whether it's your parents, your bicycle, or your chocolate treat, the key to happiness is right there in your own heart.

Explore & Soar: Thankful Thinking

eing grateful is a choice. Try these ways to add some more gratitude to your attitude:

- down at least three things each day that you're grateful for.
- □ Appreciate the simple things—like the joy of reading a good book.
- Let Earth wow you with gorgeous sunsets, fresh air to breathe, and lakes and oceans to play in.



- Give thanks for your body and the amazing things that it can do. Take care of it with healthy eating and plenty of activity.
- Thank your parents, siblings, and other family members for their care and kindness.

Curiosity Canopy

't's estimated that U.S. kids see over 40,000 commercials per year—just on TV alone! Ads are designed to make you buy things you may not need or want. They also imply that having stuff will make you happier. Mute the ads or go outside for a breath of fresh air!

SEEDS OF CHANGE



"Direct your whole effort toward the happiness of those who are despondent, bestow food upon the hungry, clothe the needy, and glorify the humble." —'Abdu'l-Bahá

ave you ever tended a garden? For a healthy, plentiful harvest, you need to provide each plant with the right amounts of sun, soil, and water. Making the world a better place takes careful planning, too. We have to learn about our challenges, figure out what needs to be done, set goals, and take action.

In 2000, the United Nations set the Millennium Development Goals (MDGs) to improve people's lives by

2015. In many places, basic needs for food, health, and education are still not met. We need to keep working together to fix that.

You can be part of the seeds of change by learning about these goals and sharing your time or money. You can say prayers for those suffering from malnutrition or prejudice. With determination, we can cultivate a happier, more peaceful future.

DECIDE IF THESE STATEMENTS ARE TRUE OR FALSE.

- 1 There is not enough food to feed everyone on our planet.
 - □~ FALSE □ TRUE
- The number of hungry people is more than the populations of the U.S. and Europe combined.
 - □ TRUE □ FALSE
- About 1.2 billion people have no access to electricity.
 - □ TRUE ☐ FALSE
- 4 Worldwide, 90% of kids attend primary school.
 - □ TRUE □ FALSE





- 5 Vaccines and mosquito nets can help kids avoid lifethreatening diseases.
 - □~ TRUF □ FALSE
- 6 Since 1990, severe poverty (the number of people living on less than \$1.25 a day) was cut in half.
 - □ TRUE ☐ FALSE
- On average, women hold about 50% of the seats in Congress, Parliament, and other government groups.
 - □ TRUE
- □ FALSE

ANSWERS: 1) False. There's enough food, but many lack access or money to buy it. 2) True. 3) True. 4) True. But 57 million kids still aren't in school. 5) True. 6) True. But 1.2 billion still live in extreme poverty. 7) False. It's about 22% worldwide. 8) False. Hunger and malnutrition are the biggest health risks. 9) False. Over 35% lack basic sanitation. 10) True.

- 8 Heart disease is the greatest risk to people's health worldwide.
 - □ TRUE
- □ FALSE
- 9 About 10% of the world's population does not have access to basic sanitation. such as bathrooms or latrines.
 - □ TRUE
- ☐ FALSE
- 10 In the developing world, 863 million people live in unhealthy or overcrowded slums.
 - Truf
- □ FALSE



Goal for the Global Team

"Show forth fellowship and love, consideration and generosity and loving-kindness to every community on earth."

he team sets up a low strike from a long range. Now ... what a brilliant finish! GOOOOOOAL!" To score a goal on the soccer field, players need to work together with teamwork, sportsmanship, and encouragement.

It's the same in our global community. To solve problems like poverty, violence, and oppression, we have to cooperate. And just like on a winning team, everyone has a vital role to play.

Around the world, kids and junior youth groups use their strengths to make a difference in their communities. Through awesome service projects, they get the ball rolling to raise money and help the world in creative ways.

You're an important member of our global team. You can have a big impact. So jump up and take the field!

This soccer tournament combines "fun" and "fundraising." Find nine items that can help change the world.



Brave Ball



Creative Camera



Cooperative Coach



Trophy of Truth



Flag of Friendship



Grateful Gloves



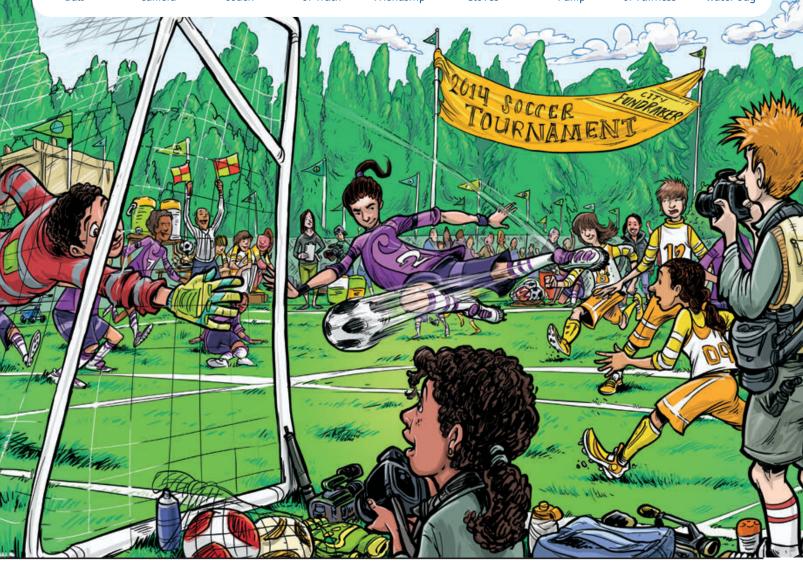
Positive Pump



Field Marker of Fairness



Water Jug





EXPLORE AND PROTECT THE EARTH AND ITS CREATURES

"All the members of this endless universe are linked one to another." —Bahá'í Writings

EARTH-SAVING TIP

Don't Let It Go!

Balloons are fun, but don't release them outdoors. Some can short-circuit power lines and travel hundreds of miles. They can endanger marine life and other animals.

WOW, REALLY?

If everyone on Earth consumed resources at the same rate as the U.S., we'd need three to five planets!



When you can't finish your food, does it go in the trash? Every year, over a billion tons of food is wasted—that's about a third

of Earth's food! Meanwhile, over 800 million people go hungry. Wasting food wastes money, land, fuel, labor, and water. You can help use food wisely. Take only what you need. Share large servings and use leftovers for new meals. Plant a small garden of fruits and veggies, and share your harvest.

PROTECTING OUR PLANET

Annie Leonard, Executive Director of Greenpeace USA, is an activist and expert on using stuff wisely. Her movie and book, The Story of Stuff, explore global consumption and sustainability. She was a 2008 Time Hero of the Environment and says, "Nothing is more important than finding a way to live together—justly, respectfully, sustainably, joyfully . . . "







These animals have a great field of vision—they can almost see behind them without turning their heads. They can recognize humans, as well as faces in their flock. Fill in the blanks to find their name:

Unscramble the letters to find its location:

YOOKT, APANJ

island nation and a major global business center.



<u>Getting to know kids who shine</u>

Connect with kids around the world! How are they like you? How are they different? Each of us has a unique story to tell. What's yours?

Enola T.

Age: 11

I live in: California, U.S.

I want to be: **Anything** that involves music

Virtue I admire most in people: **Kindness**

Hobbies or sports: Playing board games

Favorite Bahá'í activities: **Community service**

Place I'd love to visit: **Africa**

If I had a million dollars, I'd: Give some to charity and then buy something for my parents and my cat.



I like to help people by: Making them happy

If I were leader of a country, to end poverty and hunger: I would have donation bins and [give] unused things to people in need.

Blessings I'm grateful for: My amazing voice, because when I sing, it makes people happy. I am also grateful for my family, because everyone, including my cat, encourages me to follow my dreams. Lastly, I am grateful for food, because some people don't have enough . . .

If stranded on a desert island, I would want:

Food and water, [to]...have a better chance of survival ...a shelter to stay safe and dry in . . . At least two of my best friends ...

Kia B.

Age: 13

I live in: Bologna, Italy

I want to be: **Ornithologist** or biomedical engineer

Virtue I admire most in people: Persistence, because I am not very good at it!

Hobbies or sports: Tennis and FPV (first-person view) flight

Favorite Bahá'í activities: 19 Day Feast,* because you get to meet new Bahá'ís and celebrate the new month . . . (The food is always good!)

Favorite animal or pet: The Bird of Paradise [and] my pet rabbit ... Hazel

Blessings I'm grateful for: My house, because I have a safe, warm, and troublefree shelter. My family, who has helped me . . . and my friends . . .



If stranded on a desert island, I would want: Flashlight ... knife to get through brambles, bushes ... Plus my best friends,

Emanuele and Bjorn.

If I had a million dollars, I'd: Give \$500K to the poor... and \$100K to the Bahá'í Funds. The rest I would invest for my . . . future. I would spend some of it ...

If I were leader of a country, to end poverty and hunger: I would ask other countries [and]...the United Nations for help. And build wells just in case of water shortage.



Luvuyo M.

Age: 12

I live in:

Swaziland, S.E. Africa

I want to be: **Inventor** and designer of robots

Virtue I admire most in people: Creativity

Hobbies or sports: LEGOs and soccer

Favorite Bahá'í activities: Junior youth classes

Places I'd love to visit: All around the world I like to help people by: **Encouraging them**

Blessings I'm grateful for: My dog, Rock, because

I always wanted a dog. Going to Haifa [Israel] for pilgrimage, because I was able to visit the Shrines. And meeting new friends while in Haifa, because we clicked right away.

When I earn money: [I] talk with my parents.

If I had a million dollars, I'd: Give some to my parents, some to the Bahá'í Fund, and to the community to help fix the road.

If I were leader of a country, to end poverty and hunger: I would use the money to find ways to help the poor. I would ask questions to find out the solution.





Jander B.

Age: 12

I live in: Texas, U.S.

I want to be:

An actress and a lawyer

Virtue I admire most in people: **Kindness**

Hobbies or sports: **Drawing**, acting, reading, tennis, running, swimming

Favorite Bahá'í activities: Junior youth group

Favorite animal or pet: Harp seal

Place I'd love to visit: **New Zealand**

Blessings I'm grateful for: My awesome parents: they have given me great opportunities in life. Having a safe place to live: I have seen other children that did not have this blessing, and seeing their situations was very

humbling. Junior youth group: getting together with other Bahá'ís and having fun while helping the community.

When I earn money: I consult with my parents, and then make a decision based on that discussion.

If I were leader of a country, to end poverty and hunger: [I would treat] the soil (if it wasn't productive), and [make] sure everyone knew how to grow a different crop. I would also provide education...



Kai M.

Age: 10

I live in:

North Carolina, U.S.

I want to be: A singer or a fashion designer

Virtue I admire most in people: Kindness

Hobbies or sports: Drawing and singing

Favorite Bahá'í activities: Raising money for the Fund, singing with the One Human Family choir, and going to Feast*

Favorite animal or pet: Fancy rats

I like to help people by: Saying prayers for them

Blessings I'm grateful for: The Bahá'í Faith, my friends, and my family, because they all have taught me so much.



When I earn money: I would save part of it, spend part of it on something I wanted, and give part of it to the Fund.

If I had a million dollars, I'd: Use it to go to Africa to help build homes for people that had lost their home.

If I were leader of a country, to end poverty and hunger: I would give food to the hungry and create jobs for people so they can earn money to end poverty.



"God has crowned you with honor and in your hearts has He set a radiant star; verily the light thereof shall brighten the whole world!" — 'Abdu'l-Bahá

Gabe M.

Age: **10**

I live in: New Jersey, U.S.

I want to be: An author

Virtues I admire most in people: Creativity and kindness

Hobbies or sports: Helping others and playing soccer

Favorite Bahá'í activities: Going to Bahá'í children's classes and Feast

Favorite animal or pet: My lizard

Place I'd love to visit: Hawaii. I love the beach!

I like to help people by: Showing them new ways to do things

If I had a million dollars, I'd: Give ³/₄ of the money to charity, and I would keep 1/4 for myself.

Blessings I'm grateful for: My family, because they love and care about me.

. . . My friends, because they're always there for me, and they always make me smile . . . My relative wealth, because I am very lucky to afford food and clothing.

If stranded on a desert island, I would want: My family, because I need someone to love ... Food/ water to survive . . . My house, to stay safe from the harsh climate.

If I were leader of a country, to end poverty and hunger: I would try to create an invention that solves world hunger and gives money to the world.

How to be a Radiant Star:

- **1.** If you're age 7–14, go to www.brilliantstarmagazine.org and choose "Explore," "Bahá'ís & Friends in Action," then "Radiant Stars." Click "Apply Now" and fill out the form. Or e-mail us at brilliant@usbnc.org. Include your name, age, birth date, mailing address, and phone number.
- **2.** When it's your turn to shine, we'll send you questions and a form for you and your parents to sign. 43
- **3.** Answer the questions and send them to us with the signed form, along with at least two goodquality, close-up photographs of your smiling face. Photos should be in sharp focus and show your eyes clearly. Please don't send color copies, low-resolution digital images, or copyrightprotected images (like school portraits).











#60



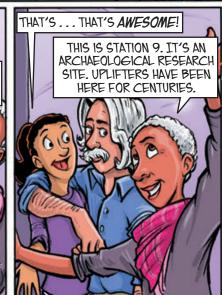






























* See Episodes #47-56, Nov/Dec 2011 to May/June 2013

"A bird has two wings; it cannot fly with one. Material and spiritual science are the two wings of human uplift and attainment." — 'Abdu'l-Bahá





WINGS FOR FLIGHT!

irds have powerful wings. Did you know that people do, too? One wing is our material strengths, and the other is our spiritual strengths. We need both to soar in life.

One way we use our material wing is with scientific inventions. When we build spaceships or amazing buildings, that's our material wing in action.

Our spiritual wing flies when we practice virtues,

such as justice and caring. Virtues help us use technology wisely. For example, vehicles and buildings that use wind or solar power can express moderation and respect for the environment.

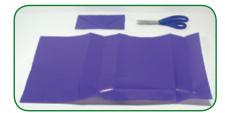
Just as birds need two wings to fly, we need to balance our material and spiritual wings to glide through the winds of life's challenges.

Create this wind-powered toy that really flies!

Make a Bird Kite

You'll Need: Paper bag approx. 5" x 9 3/4" (12.7 x 24.8 cm) • pencil • scissors • two bamboo skewers • wire cutters • sandpaper • glue • three strips tissue paper—1 ½" x 2 ft (3.8 x 61 cm) • three small craft feathers • paint, paintbrush, or construction paper scraps • roll of string

1 Open bag. Cut along one vertical corner's crease and bottom creases to remove bag's bottom.



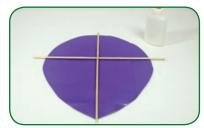
2 Fold paper in half. Fold again in same direction.



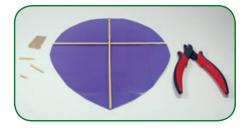
3 From folded edge, draw half teardrop shape that nearly touches edges. Length should be shorter than skewer. Cut shape to reveal two teardrops, but use only one.



4 Glue skewers to kite in a "T" so horizontal skewer rests across upper third portion of kite. Don't glue spot where skewers meet. Let dry.



With help from an adult, use wire cutters to cut off skewers at kite's edges. Sand ends flat.



6 With paint or paper, make bird's beak, eyes, and designs. Glue on feathers and strips of tissue paper for tail. Once dry, knot string to center of "T." Now it's ready to fly!



How It Works

A kite's shape makes air move faster over the top side. That causes the air pressure on the top of the kite to be less than the pressure on the bottom. The difference in pressure creates the force that lifts the kite into the air.



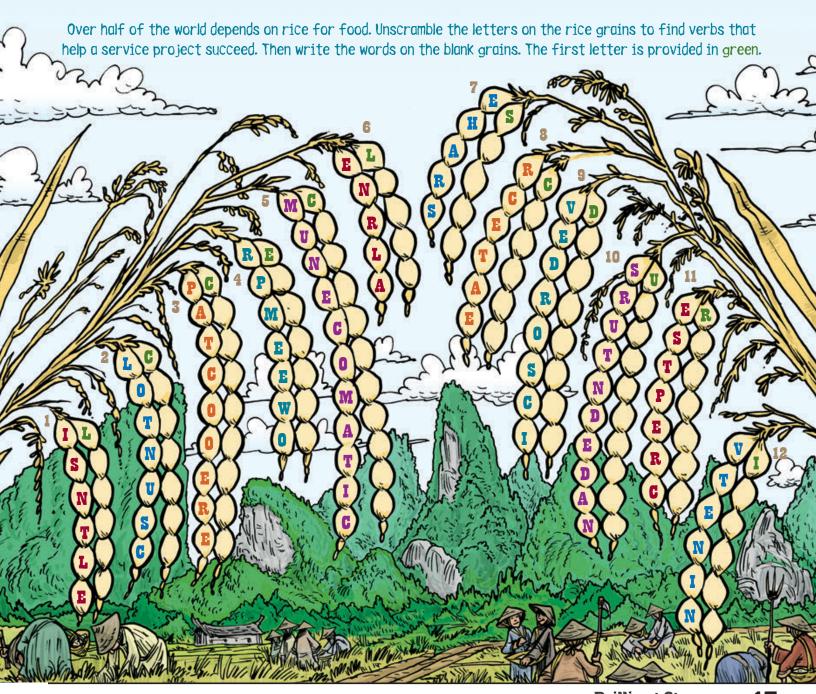
Growing a Better World

"Every human being has the right to live ... Nobody should die of hunger ... one man should not live in excess while another has no possible means of existence." —'Abdu'l—Bahá

oday, 842 million people suffer from hunger and poverty. Solving this crisis is one of eight Millennium Development Goals (MDGs) created by the United Nations in 2000. While much progress has been made toward goals set for 2015, more work has to be done.

One key to ending hunger and poverty is agriculture. Most of the world's poor live in rural areas, and many are farmers. But problems like war and climate change make it difficult to grow food. Extreme heat, droughts, floods, and higher sea levels cause big challenges for farming.

Scientists are finding ways to improve soil and seeds, handle pests, and manage water. Volunteers help farmers use new methods, while respecting their culture and their needs. By working together with unity, we can grow a better world for all.



ANSWERS ON PAGE 28 JANUARY/FEBRUARY 2014 ★ Brilliant Star 17

Dr. June Manning Thomas



ow would you feel if you went to a restaurant and the server refused to take your order? Or if you were turned away from a movie theater because of the color of your skin? These are two examples of racism that Dr. June Manning Thomas lived with growing up in a small town in South Carolina, U.S. Going to big cities had a "magical appeal" because they gave her more freedom from segregation.

June focused her energy on school and won national academic awards in high school and college. She earned a doctorate degree in urban and regional planning from the University of Michigan. As a professor, she trains students to help cities solve many kinds of problems, including job loss, poverty, and discrimination.

- Q: What was your most challenging experience as a kid?
- A: Integration of the local white high school ... when I was 14 ... I was aware of the civil rights movement, because our hometown was a hotbed of marches and protests ... I thought that you would just go to school, and everybody would be friendly, because . . . they would be your classmates . . . That's not what happened . . . It was pretty bad from beginning to end . . . It was not just bullying. We were essentially ostracized.
- Q: How did your family encourage you in your career choice?
- A: [My parents] were both college professors . . . I was raised helping my mom grade papers . . . I must have been 10 [or] 12 years old, so I was sort of trained in it . . . Our whole world was the faculty and staff of this black college.



Left: June, age 11, with her parents and sister, Michelle, in South Carolina in 1961. Right: In high school, June was named a U.S. Presidential Scholar. She went to a ceremony with U.S. President Lyndon B. Johnson in Washington, D.C.



- Q: Dr. Martin Luther King Jr. visited your hometown during the civil rights movement. What impact did that have on you and your community?
- A: He could move audiences very easily . . . I just remember the feeling of excitement and optimism, because it was such a righteous movement, and we all felt that God was on our side and that right was on our side, and that eventually, the nonviolent . . . civil rights movement . . . would triumph. And so it was just an enormous feeling of happiness.
- Q: Given the work that you do, which deals with so many issues of social and racial injustice, how do you maintain a sense of hope?
- A: I'm a Bahá'í . . . I'm disturbed by what I find, but it doesn't define my vision or my view of what I'm looking at. So I understand that all of this . . . can be traced back to a lack of understanding of human destiny and to disunity . . . You have to build up the community that has a chance of helping to save the world.

Questions and

Answers with an

Inspirational Bahá'í



Top: Dr. Richard W. Thomas, June's husband, is a professor emeritus of history at Michigan State University. They have both served as Bahá'í leaders and work to promote race unity and social justice. **Bottom:** After working for months on a project about increasing jobs, June's students presented their results in a Detroit factory in early 2014.

Q: What is urban planning and what inspired you to get into it?

A: We train people that work on very practical ways of improving cities and suburbs . . . Growing up in the small-town South, cities were always special places to me where we could find relative freedom . . . Going to Miami meant being able to go to the same movie theaters as everyone else . . . being able to get a hamburger at a Burger King . . . And then when I was in college . . . [I took] a course in urban sociology . . . I just really loved the combination of the ability to affect human places, but to do it from a perspective of social justice.

Q: How would you define economic justice?

A: I think economic justice means that everyone should have the ability to receive the kind of education and training that would allow them to earn a livelihood.

Q: What are some of the biggest challenges in cities today, and what is needed to solve them?

A: Most of my work...has been on Detroit. And Detroit is sort of symptomatic of U.S. cities . . . [that have] continued to spread out and out and out, and [we] are warming the planet to an alarming degree, in large part because of automobiles . . . There are two main problems. One is how do we stop people from this continual [urban] sprawl that is a big environmental damage ... And the other ... is what happens to the people left behind in central cities, and how do we make their lives livable when the city itself has pretty much emptied out, which means there is no money for basic services . . .

Q: What are some of the most important life skills you think kids need in today's world?

A: To know why we are on Earth, what the purpose of our life is—and that if [you] have that—that will protect . . . against materialism and a lot of different temptations . . . How do you set goals and reach them? How do you overcome stress? How do you survive bullying?... Part of the purpose of knowing the purpose of your life is knowing how to serve. So how do you decide to serve humanity?

Q: If you had one wish for Brilliant Star readers, what would it be? A: Happiness and self-confidence . . . You know, the only way to have that kind of happiness and self-confidence is just to immerse yourself in creating yourself as the best person you can be, which means human virtues . . . It means truthfulness and loving everyone and not giving in to hate and just being the best person you can be.



MUSIC CAFÉ

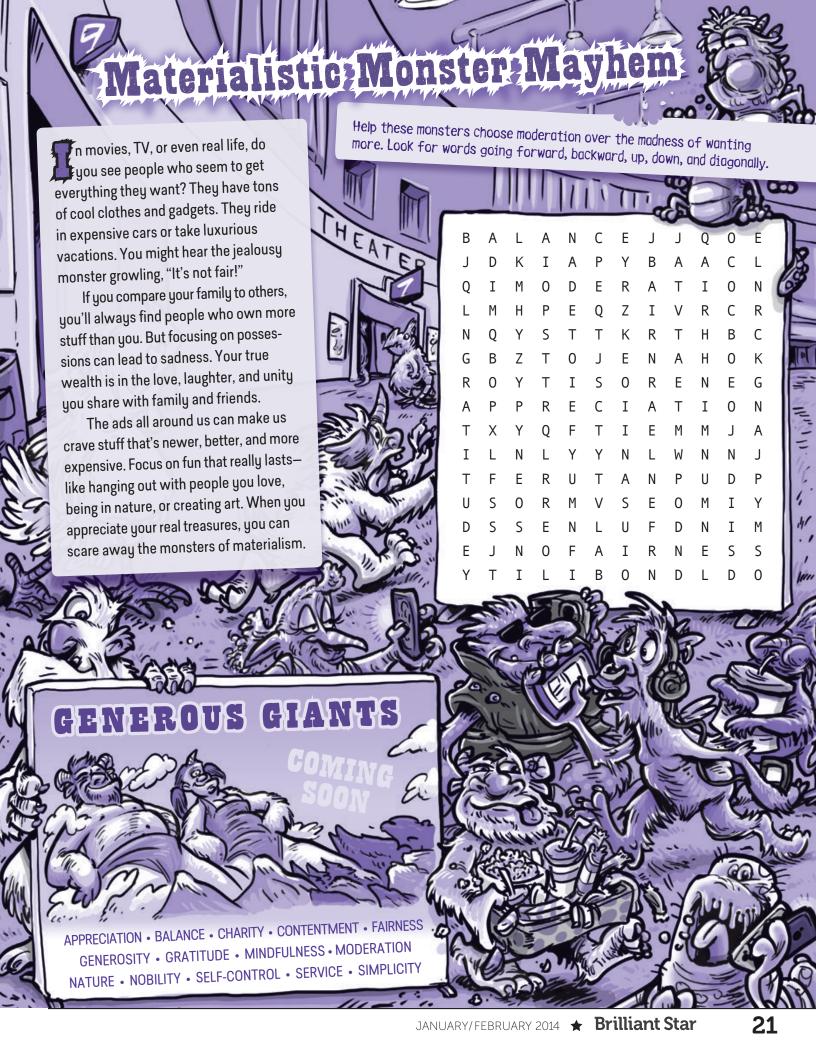
"Music, sung or played, is spiritual food for soul and heart." —Bahá'í Writings

WHEN ANYONE BUYS A TURNOVER, TRUFFLE, OR TART, HALF OF THE MONEY IS PONATED TO REPLANTING TREES AND SAVING WILDLIFE. AT THE END OF THE MONTH, WE'LL HAVE A SPECIAL CONCERT TO SING ABOUT . . .

TOMORROW'S PEOPLE

Lyrics by Brady Rymer • Music by Brady Rymer and Seth Farber





'Abdu'l-Bahá's Love for the Poor

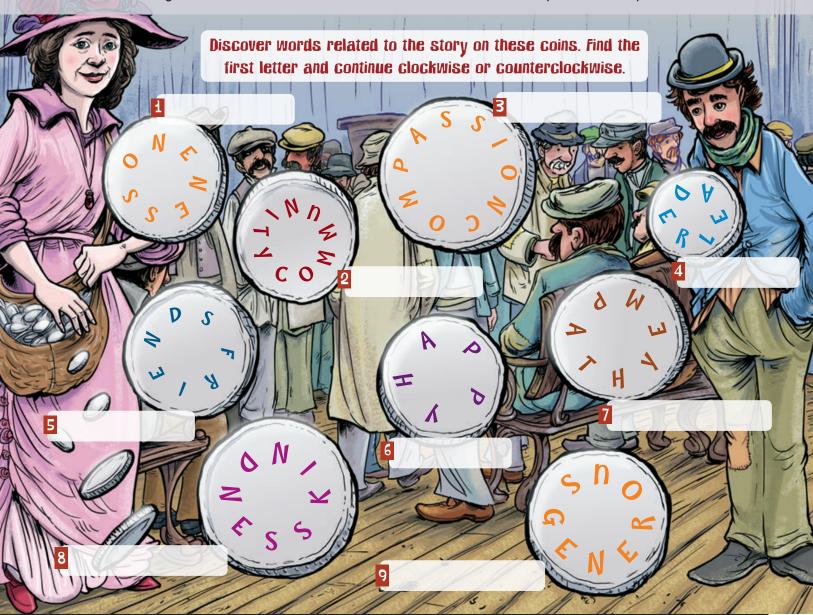
o deed of man is greater before God than helping the poor," said 'Abdu'l-Bahá, during his 1912 visit to North America. As the leader of the Bahá'í Faith at the time, he traveled and gave talks in the U.S. and Canada to share the Bahá'í teachings of peace, oneness, and generosity.

One of his many stops was the Bowery
Mission, a shelter for the homeless in New
York City. 'Abdu'l-Bahá asked that some of
his money be exchanged for coins. Juliet Thompson and
another Bahá'í carried bags of coins to the mission. About
400 homeless men gathered.

'Abdu'l-Bahá began, "Tonight I am very happy, for I have come here to meet my friends. I consider you my relatives, my companions..." He spoke of God's love for them, and how Messengers of God like Jesus and Bahá'u'lláh had been poor themselves.

"Although in the material realm you are poor," he said, "yet in the Kingdom of God you are precious."

After his talk, 'Abdu'l-Bahá greeted the men, shook their hands, and gave them coins. Today, people still get help at the Bowery Mission, where 'Abdu'l-Bahá showed his compassion for the poor.





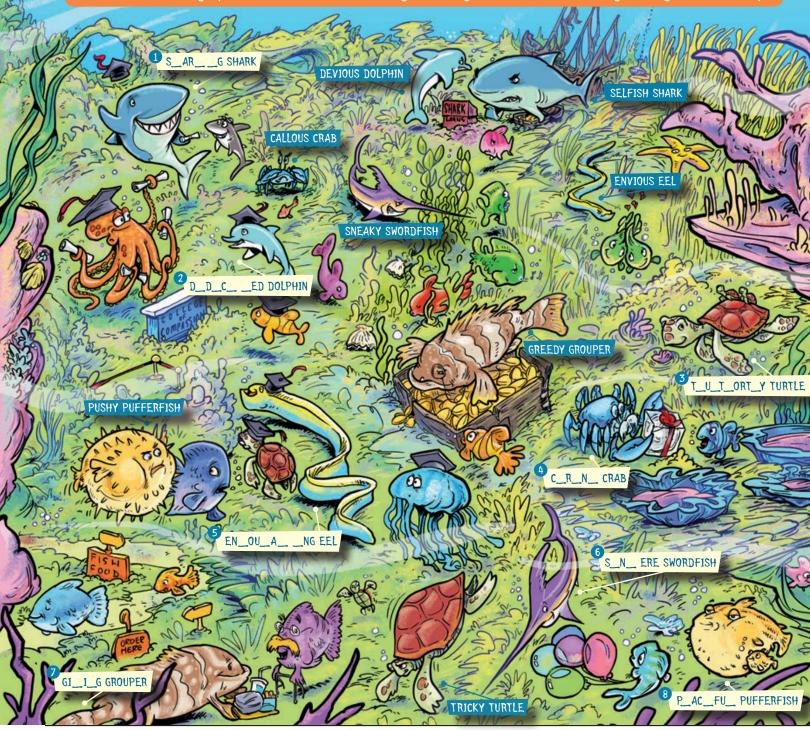
GOOD SEA-TIZENS

n Marineville, citizens of the sea are really making waves.
Some are eager graduates from the College of Compassion, sharing their new skills of trustworthiness and integrity.
One creature swims out to help a young school of fish. Another dives to help save the coral reef he calls home. One more checks a list of promises she's made to make sure she's keeping

them. The tide begins to turn in a positive direction.

Not everyone is going with the flow of these good qualities. Some churn up the sands of greed and dishonesty, turning things murky. But in time, the efforts of good *sea*-tizens will catch on! They can be such shining examples for others. Being truthful and reliable helps to keep all creatures' spirits afloat.

Fill in the names for eight positive friends. Then find each negative family member who's still working toward good sea-tizenship!



ANSWERS ON PAGE 28 JANUARY/FEBRUARY 2014 ★ Brilliant Star 2.3



ong ago, in India, a young grass-cutter named Sujan lived a simple life, alone in a tiny hut. He spent his earnings wisely and saved rupees in a jar, hoping to one day marry and start a family. At night, he prayed for peace in his homeland, which had long been at war with a neighboring kingdom.

The villagers said that King Nalin, who ruled the land, had failed to send a gift to Queen Ashna when she took the throne, as was the custom in the nearby empire. The queen was offended and thought King Nalin did not accept her as an equal. Their conflict quickly became a war, bringing sadness and fear to both lands.

Every day, Sujan passed the wide Dosti River that separated the two kingdoms. Both sides of the river were lined with poor villagers who had lost much due to the war. One day, Sujan decided to help. He counted his rupees and filled a pouch with coins. He took it to a courier boy and said, "Please take this to King Nalin. Ask him to use it to help the poor families along the Dosti River, and tell him I pray for shanti."

A few days later, the courier returned with a gift from the king-a dozen golden bangles! "What? What should I do with these?" gasped Sujan.

"You could sell them."

Sujan looked at the bracelets, thinking of all who were suffering in the war. He had an idea. "Take them to Queen Ashna and ask her to help her people along the Dosti River. Tell her I pray for shanti."

"But she and her people are barbarians!"

Sujan said firmly, "We're all human. Kindness may help bring peace."

The courier sped through Queen Ashna's land. He wanted to avoid her savage people. But he saw with surprise that Queen Ashna's kingdom and people were much like his own. The queen accepted the gift and sent Sujan a trunk of the finest Indian silk, embroidered with proud peacocks.

"What's going on here?" exclaimed Sujan. He sent the magnificent silk to King Nalin, along with another plea to help the poor.

The courier returned with a lotus blossom made of pearls a symbol of honor. Sujan groaned, "What do I do now? I'm caught in a web of stuff I don't need. Please, take this to the queen. Tell her that all I really want is shanti."

> At the palace, the courier heard the queen say, "Sujan must want something for himself. Why does he only ask for peace?"

"It could be a trick." her advisor said.

"I will send a gift he can never repay," declared the queen. Her servants brought a life-size marble sculpture of an elephant. She ordered, "Take this to Sujan-it is a symbol of power. Tell him shanti will come when King Nalin admits he was wrong."

The courier's horses slowly dragged the elephant to Sujan. Sujan's mouth dropped open. "I've never dreamed of such a thing!" he said. "Please, take it to King Nalin."

When the king saw the elephant, he too was astonished. "Whoever this Sujan is, he shows loyalty. Summon him, and I will make him an advisor." He sent Sujan a dozen real elephants, each carrying a tapestry!

Sujan was horrified. "Elephants? And he wants me to move to the palace? I just want to live in peace."

"You can't turn down the king," said the courier.

"But when he sees I'm not wealthy and well educated, he'll think I've fooled him. He'll throw me in the dungeon—or worse. Take these to the queen. I'll pray for an answer."

When the queen saw the powerful elephants, she smiled. "I must meet Sujan. Where can I find him?"

"He—he—has been invited to be an advisor in King Nalin's court," the boy stammered.

"Such a noble man belongs in *my* court. I will go there with my guards. Take a message to the king."

The courier was relieved to meet Sujan on the road, and they hurried to the king's palace. The queen's carriage soon arrived. All bowed low as King Nalin rode out to meet her.

"King Nalin," Queen Ashna said sternly, "I wish to see the one called Sujan."

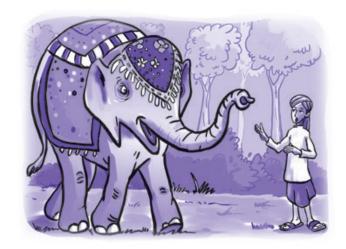
King Nalin looked at her in surprise. "What do *you* want with Sujan? In fact, I wish to meet him myself." He told the courier, "Bring Sujan to me."

The courier mumbled, "I—uh—that is, Your Majesty—" Sujan stepped forward. "Your Majesties, I am Sujan. I'm honored by your invitation. I sent those gifts to convey my prayers for shanti."

The queen said suspiciously, "How could *you* send the gifts? You are just a peasant. A grass-cutter, I see."

Sujan told them how he had wanted to share his





savings to help the war-torn families along the river. The queen said, "Well, if your king had been as considerate when I took the throne, we would not be at war."

The king said, "If you had inquired, instead of hurling insults, you would have known it is not our custom to send gifts to a new ruler. We hold a festival instead. One was held in *your* honor."

"I never knew that!" the queen said angrily.

"You called me a selfish pig and seized my land before I could say a thing!" the king yelled.

Bowing even lower, Sujan dared to interrupt. "Please, Your Majesties, your gifts show that you are *both* generous and good. Maybe it's time for a new start."

The queen and king glowered at him, then began to relax. The queen said, "You have a pure heart, Sujan. Few would

> let such wealth pass through their hands. Perhaps I will consider your advice."

And so Queen Ashna and King Nalin began to talk. In time, they established peace, and everyone rejoiced. Sujan became an advisor after all, and he was given the job of rebuilding the land along the Dosti River. He urged the king and queen to work together. To the surprise of all, they grew to enjoy each other's company. They were later married!

And though he was happy for the king and queen, Sujan did *not* send them a wedding gift.

SHINING LAMP

A Bahá'í who served humanity with radiance

William Henry "Harry" Randall (1863-1929) Spirit of Generosity By Gail Radley



ho would have guessed that the young man cleaning the steamship office's spittoons would become its president? Perhaps his father, a prosperous Boston businessman who urged his son to earn his own success. Starting at the bottom didn't discourage Harry Randall. With hard work and determination, he became president of the company.

He was just as focused on his education. Though illness forced

him to leave college, Harry studied with a tutor for years. He never stopped learning. Deeply interested in religion, he read and prayed regularly.

In 1911, at age 48, he discovered the Bahá'í Faith. A year later, 'Abdu'l-Bahá, the Bahá'í leader then, visited Harry's home. Harry felt drawn to 'Abdu'l-Bahá and the new faith.

Bahá'is invited Harry to the inn that is now Green Acre Bahá'í School in Maine, U.S. The Bahá'í owner, Sarah Farmer, held popular peace conferences and invited speakers of diverse beliefs. When 'Abdu'l-Bahá visited, he said Green Acre would have a great school and temple someday. Eager to help, Harry told his wife, Ruth, "I have found the place . . . for constant service—maybe my life's work . . . "

Becoming a Leader

Without a word, Harry often paid Green Acre's bills and funded repairs himself. He had grown wealthy, and in 1915, he started his own company with a fleet of ships. He was glad to put his money to good use.

Harry helped Sarah until she died in 1916, and he served Green Acre throughout his life. He freely



Harry at Green Acre Bahá'í School in 1918. Martha Root (at left) was Harry's dear friend. She also shared the Bahá'í Faith around the world.

donated to Bahá'í and personal projects. Harry hated to refuse anyone. He also became a national Bahá'í leader and gave talks about the Faith around the U.S. and in Canada.

When the Randalls visited 'Abdu'l-Bahá in what is now Israel, in 1919. Harry asked for guidance. He could retire and support his family simply, or work and give more to the Faith.

The "best way," 'Abdu'l-Bahá replied, is "half your time in business, half for the Cause ... and serve God all the time."

Changing Times

Harry took 'Abdu'l-Bahá's advice to heart. When his partners wanted him to agree to a dishonest business practice and limit his Bahá'í activities, Harry left his shipping company, cutting his income drastically.

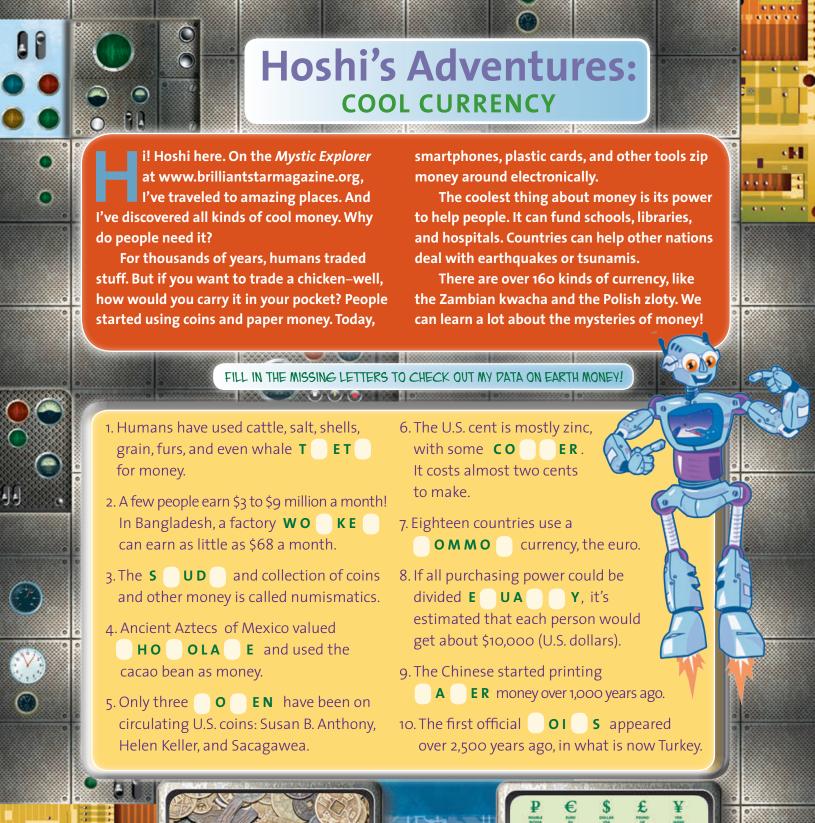
Then Harry invested in a new factory, hoping to recapture success. But the factory burned to the ground. He lost nearly everything. Always the giver, he had to learn to accept help from others. He adjusted without complaint.

In his final years, even in poor health, Harry helped with Green Acre, studied and taught the Bahá'í Faith, and assisted others. Harry focused on what was best for the Faith. He embraced life with joy and laughter.

"I have great trust in you," 'Abdu'l-Bahá had once said, "my love is with you always. You may ask for anything you want!"

"I want only the flame of your love eternally in my heart, to make me steadfast and serve Thy Cause and the friends of God," Harry replied.

'Abdu'l-Bahá gazed at him. "Your wish is granted . . ."



Artifacts > Ancient Chinese coins

2



2. Peace in Hindi (p. 24)

3. All living things are ______. (p. 2)

- 4. Many millions of people around the world don't have access to safe, clean drinking _____. (p. 3)
- 5. Bridge-like structure that carries water to an area. (p. 3)
- 6. Harry Randall helped _ _____ Acre Bahá'í School throughout his life. (p. 26)
- 9. ____ help us use technology wisely. (p. 16)
- 10. The world's largest metropolitan area is near Mt. _____. (p. 11)
- 13. Over half of the world depends on _____ for food. (p. 17)
- 14. Eighteen countries use this currency. (p. 27)
- 16. One of the most important qualities of being a leader is treating all people with justice and . (p. 7)

FROM OUR MRILBOX



"I would choose [as a theme] helping people in need, because lots of people out there are homeless, don't have enough food and/or water, or need to walk with bare feet because they are poor . . . or where they live doesn't have enough.

-Navah E., age 12, Oregon, U.S.

Editors' Note: Navah, your suggestion was part of why we focused on the theme of economic justice. Thanks for speaking out!

1. "Knowledg	ie is as	" (p. 29)
I. KHOWICUC	IC 13 a3	(D. ZJ

- 4. Your family, friends, and spirit are your true ______. (p. 4)
- 7. The coolest thing about money is its power to _ people. (p. 27)
- 8. Turning _____ is one of Luna's superpowers. (p. 15)
- 11. _____ monkeys are known for being smart and curious. (p. 2)
- 12. One way to break the cycle of materialism is to practice
- 15. Luvuyo and Gabe both admire this virtue in people. (pp. 12-13)
- 17. The Nations set the Millennium Development Goals (MDGs) to improve people's lives by 2015. (p. 9)
- 18. When Dr. June M. Thomas was growing up, going to big __ had a magical appeal. (p. 18)
- 19. Ancient Aztecs of Mexico valued and used cacao beans for money. (p. 27)

ANSWERS

KEY: T=Top, C=Center, B=Bottom, L=Left, R=Right

Page 2: 1 at TL, 2 at TC, 3 at TR, 3 at CR, 1 at BR, 2 at BC, 2 at BL, 3 at CL, 2 at C

Page 4: 1) download, 2) coat, 3) computer, 4) water, 5) exercise, 6) books, 7) help, 8) jeans, 9) dozen, 10) chance; circled: 2, 4, 5, 6, 7, 10

Page 7: A) 4, B) 7, C) 5, D) 6, E) 8, F) 2, G) 1, H) 3

Page 10: Ball at C, camera at C, coach at CR, trophy at CL, flag at TC, gloves at BC, pump at BR, field marker at CL, water jug at CL

Page 11: Tokyo, Japan; Sheep

Page 17: 1) listen, 2) consult, 3) cooperate, 4) empower, 5) communicate, 6) learn,

7) share, 8) create, 9) discover, 10) understand, 11) respect, 12) invent

Page 22: 1) oneness, 2) community, 3) compassion, 4) leader, 5) friends, 6) happy, 7) empathy, 8) kindness, 9) generous

Page 23: 1) sharing - selfish, 2) dedicated - devious, 3) trustworthy - tricky, 4) caring callous, 5) encouraging – envious, 6) sincere – sneaky, 7) giving - greedy, 8) peaceful - pushy

Page 27: 1) teeth, 2) worker, 3) study, 4) chocolate, 5) women, 6) copper, 7) common, 8) equally, 9) paper, 10) coins

Page 29: uplift, Knowledge

Wings of Knowledge



nhen you dive into a book, you can get whisked away on a magical quest to a school for wizards or a futuristic adventure on another planet. But what would your future look like if you couldn't read or write?

Around the world, 57 million kids aren't able to attend primary school due to war, lack of money, or other barriers. Even more can't go to high school and college. More girls than boys are out of school-and some are attacked for

trying to get an education. When people can't learn basic skills, they have a hard time getting jobs and avoiding poverty.

The Bahá'í Faith teaches that education is essential for all. It's especially important for girls, since mothers are the first to teach their own kids. World leaders must make sure that everyone has access to education.

When we can all open a book and explore the wonders of learning, humanity will truly soar.

First, find the correct pathway between these magical books, from start to finish. Then write each letter you pass, in order, in the blanks below to complete the quote.



"Arts, crafts and sciences _ _ _ _ the world of being, and are conducive to its exaltation. _ _ _ _ _ _ _ _ is as wings . . ." -Bahá'u'lláh

JANUARY/FEBRUARY 2014 ★ Brilliant Star **ANSWERS ON PAGE 28**

