

Brilliant Star

BAHÁ'Í NATIONAL CENTER

1233 Central Street, Evanston, Illinois 60201 U.S. 847.853.2354 ★ brilliant@usbnc.org

Subscriptions: 1.800.999.9019 www.brilliantstarmagazine.org

Published bimonthly by the

National Spiritual Assembly of the Bahá'ís of the United States

Amethel Parel-Sewell EDITOR/CREATIVE DIRECTOR
C. Aaron Kreader DESIGNER/ILLUSTRATOR
Amy Renshaw SENIOR EDITOR
Susan Engle ASSOCIATE EDITOR

Annie Reneau ASSISTANT EDITOR
Foad Ghorbani PRODUCTION ASSISTANT

MANY THANKS TO OUR CONTRIBUTORS:

Claudius Adebayo • Yazan Ardekany • Emilia Ataian Nancie Battaglia • Lisa Blecker • Dr. Rick D'Eath David Michael Howarth • Phillip Lawrence • Ari Levine Bruno Mars • Doug Marshall • Luthando Matolo Bill McKibbon • Matthew Miller • Iman Mollaian Rosie Mustakova-Possardt • Donna Price • Samiya Rana Jalil Rouhanifard • Paymon Rouhanifard • Sonali Schroder

ART AND PHOTO CREDITS

Original illustrations by C. Aaron Kreader, unless noted By Lisa Blecker: Photos for p. 6; coloring for pp. 27, 29 By Foad Ghorbani: Art for pp. 4, 24 Historical photos courtesy National Bahá'í Archives, unless noted

STORY AND ACTIVITY CREDITS

By Amy Renshaw: 2, 4, 9, 11, 14, 22 By Susan Engle: 12, 17, 18, 20, 25, 28, 29 By Annie Reneau: 3, 8, 10, 21, 23, 26, 27 By Lisa Blecker: 6

By Donna Price: 5, 7, 11, 14, 16, 24

SUBSCRIPTION RATES AND RENEWALS

To order or renew a subscription, contact Bahá'í Subscriber Service: Toll-free: 1.800.999.9019 / E-mail: subscription@usbnc.org Standard U.S. rates: \$18 (One year); \$32 (Two years) International airmail: \$38 (One year); \$68 (Two years) Canada and Mexico: \$28 (One year); \$48 (Two years)

SUBMISSIONS

We welcome submissions and ideas from contributors of all ages Contact us for editorial themes or submission guidelines.

RIGHTS, PERMISSIONS AND CLASS USE

All content in this magazine is copyrighted by the National Spiritual Assembly of the Bahá'ís of the U.S. or by individual contributors. For permission to copy or translate material, contact: *Rights and Permissions*, **Brilliant Star**, 1233 Central St., Evanston, IL 60201. Teachers may photocopy pages in limited quantities for classroom use. "**Brilliant Star**" and issue date must be present on all copies, and proper credit given to the copyright owner.

INTERNET RESOURCES AND INTERNET SAFETY

When Internet resources are provided as references, we make every effort to choose reliable websites, but we do not endorse or account for all content in these websites. We urge caution and parental guidance when using the Internet. For more information about Internet safety, visit www.wiredsafety.org

Brilliant Star empowers kids to explore their roles as world citizens. Inspired by the principles of peace and unity in the Bahá'í Faith, we encourage readers to use their virtues to make the world a better place.

The Bahá'í Faith is the second most widespread religion in the world, with over five million Bahá'ís. It was founded by the Prophet Bahá'u'lláh ("Glory of God" in Arabic) in 1863. Bahá'u'lláh taught that all people are part of one human family, and all religions come from one God. Bahá'u'lláh's eldest son, 'Abdu'l-Bahá, interpreted His teachings and led the Bahá'í community after Bahá'u'lláh's passing.

Today, Bahá'ís work to bring love and justice to the world, and end prejudice and discrimination of all kinds.

WHAT'S INSIDE

WINGS OF UNITY • VOL. 46 • NO. 2

FAVORITE FEATURES



Bahá'u'lláh's Life: Mission of Peace

How one man overcame prejudice against Bahá'u'lláh



Nur's Nook

Make a string heART and build ties of unity.



Riley's Rainforest

In person or on the Internet, bullying must stop!



We Are One

Explore and care for the place we all call home.



Radiant Stars

Get to know kids who shine, like you.



Lightning & Luna: Episode 62

Will the Erasers get control of global energy?



Maya's Mysteries

How much do you know about gender equality?



Stargazer: Paymon Rouhanifard

Fighting for his students and their education



Treble Chef's Music Café

Is peace in the future of our planet?



Shining Lamp: Patricia Locke

She stood up for the rights of American Indians.



Cosmo's Corner

A crossword and more from our favorite chameleon



aMAZEing ADVENTURE

Find your way through the symphony of diversity.

NEW DESTINATIONS



Stars of One Heaven

Light up the night sky with your virtues.



How Open-Minded Are You?

Are you curious and open to new ideas?



What Do You Say?

Speak up with patience and confidence.



Escape the Pens of Prejudice

Are stereotypes hogwash?



Stopping Prejudice

Unscramble cures for discrimination.



Dressing for Diversity

Respecting our differences is always in style.



More Monsters of the Mind

They can jump out when you least expect it.



Unity in Diversity

Discover what these friends have in common.



Global Floral Festival

Match each blossom to its home country.



Malala: Champion of Education

How Malala Yousafzai changed tragedy into triumph



Crossing the Creek

What happens when best friends fight?



's Cultural Canvas

Paint a picture of what makes you unique.



You Can Do Anything

Don't be stopped by stereotypes!





inequality

DEAR FRIENDS

There are about seven billion people on our amazing planet!
Every one of us has basic rights to things like housing,

safety, education, and freedom. Yet millions are denied these rights because of their gender, religion, or ethnic group, or due to some other prejudice. These injustices are a barrier to peace on Earth.

We can help bring change by standing up for those who face prejudice. We can also look at ourselves to see if we have unfair thoughts about others, then take action to overcome them.

In this issue, explore how to make the world a better place by celebrating our human family's diversity. Take a quiz on how openminded you are. Create ties of unity with cool

string art. Practice speaking up about justice. Get tips for dealing with bullying. And meet Paymon Rouhanifard, who's passionate about creating better schools to help kids reach their dreams.

When you're a good friend to everyone, you spread joy near and far. So pass it on!

LOVE, BRILLIANT STAR W

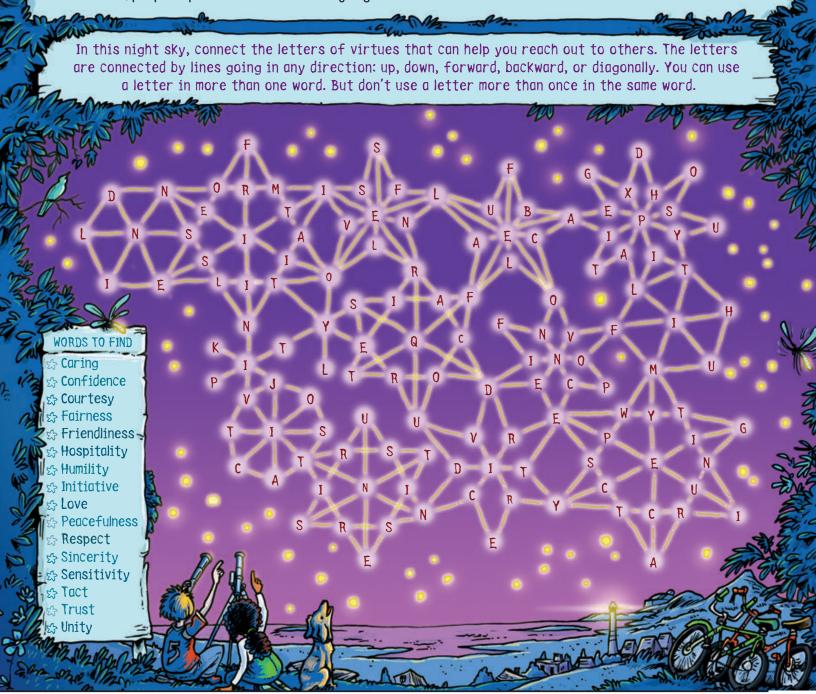
STARS OF ONE HEAVEN

"You must become of one heart, one spirit ... stars of the same heaven ... in order that through you the oneness of humanity may establish its temple in the world of mankind ..." — 'Abdu'l—Bahá

tars in the night sky can look like pinpoints of white light, each one about the same as the next. But if you could get closer to the stars, you'd see that they come in different sizes, temperatures, and colors. The most important star to us—the sun—gives life to Earth with its heat and light.

Like stars, people's qualities are clearer when you get

close to them. At school, kids may separate into groups or cliques. But if you look past those barriers and make friends with different kids, you may find you like the same books, movies, or games. You might face similar challenges. Your new friends may even help you develop new interests and learn more about yourself. The whole world looks brighter when we all let our best selves shine.



A Brief Timeline

The Life of Bahá'u'lláh

The highlighted area marks the time in which this story takes place.

1817 November 12

Birth of Bahá'u'lláh in Tihrán, Iran

Recognizes the Báb as a new Messenger of God

1852

Imprisonment in the "Black Pit" of Tihrán

1853-1863

Exile in Baghdád, Iraq. From 1854-1856, He goes into the mountains to pray in solitude.

1863 April 22

Declares Divine Mission as Prophet-Founder of the Bahá'í Faith

1863-1868

Exile in Constantinople (Istanbul), then Adrianople (Edirne), Turkey. Begins writing letters to kings and rulers in 1867, urging world unity

1868

Last exile, to prisoncity of 'Akká, Israel

Finally free to live in countryside homes of Mazra'ih and then Bahjí, outside 'Akká

1892 May 29

Bahá'u'lláh passes away at Bahjí.

Bahá'u'lláh's Life: Mission of Peace A Change of Heart



ahmúd was a 10-year-old boy who lived in 'Akká, Israel, long ago. One day, a wise old man told Mahmúd about a vision he'd had. The man said that the next Messenger of God would come to 'Akká when Mahmúd was an adult. The Messenger would speak Persian, and He would live in a room at the top of a long flight of stairs.

When Mahmud grew up, he became respected in the community as a religious leader.

One day, Mahmúd learned that a prisoner, Bahá'u'lláh, had arrived in 'Akká. Though Bahá'u'lláh had done nothing wrong, the authorities wanted to stop His Bahá'í teachings, and they convinced people that He was evil. Mahmúd

was angry that Bahá'u'lláh had been sent to his city. Hatred poisoned his heart. He wanted so desperately to rid 'Akká of a person he considered "evil" that he decided to kill Bahá'u'lláh.

One day, Mahmúd hid a weapon under his cloak and went to the prison where

Bahá'u'lláh was held. But when the guard announced Mahmúd, Bahá'u'lláh said, "Tell him to cast away the weapon and then he may come in." Mahmúd was stunned. He was sure no one had seen his weapon. He turned and left, confused.

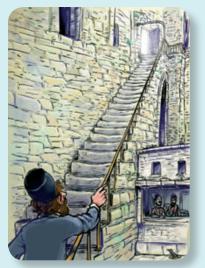
Shaken, but still determined, Mahmúd returned to the prison empty-handed. He was strong, and he decided he could kill Bahá'u'lláh with his bare hands. Once again, the guard announced his visit. This time, Bahá'u'lláh replied, "Tell him to purify his heart first and then he may come in." Mahmúd was so perplexed that he left without seeing Bahá'u'lláh.

Later, Mahmúd had a dream about the old man he had met as a child. He remembered the man's mysterious vision. After his dream, Mahmúd returned to

> the prison. He met with Bahá'u'lláh's son, 'Abdu'l-Bahá, whose words changed him. This time Mahmúd was brought to Bahá'u'lláh's cell at the top of a long flight of stairs. Overwhelmed by Bahá'u'lláh's presence, Mahmúd fell to his knees. He became a devoted Bahá'í for the rest of his life. He helped Bahá'ís enter and leave 'Akká

to visit Bahá'u'lláh.

Mahmúd was one of many people who approached Bahá'u'lláh as an enemy, but then grew to admire Him. Though authorities tried to stop His influence, no one could prevent Bahá'u'lláh's love and wisdom from changing people's hearts.



HOW OPEN-MINDED ARE YOU?

ave you ever been asked to "keep an open mind" about something? Having an open mind is like opening a door to new ideas. You're willing to try new things and consider other people's points of view. Without an open mind, prejudice can sneak in. Strong prejudice toward people who look, talk, believe, or act differently has caused violence and the loss of human rights.

We all have some prejudices, even if we don't

"We must lay aside all prejudice—whether it be religious, racial, political or patriotic; we must become the cause of the unification of the human race." —'Abdu'l-Bahá

realize it. They can keep us from making friends and treating others with fairness and respect. But we can overcome them. If you hear about a new idea and feel your mind starting to close, tell yourself, "Wait! I want to learn more before I decide."

Staying curious and avoiding quick judgments doesn't mean you'll agree with everyone or like everything you try. But you can have a lot of fun exploring our wide, wonderful world.

Are you open to new ideas?

Circle your answers, then add up your points.



- 1 I enjoy learning about diverse people, countries, and cultures. Often = 3 • Sometimes = 2 • Rarely =1
- 2 I think everybody has valuable ideas to share with the world. Often = 3 • Sometimes = 2 • Rarely =1
- 3 I respect the different world religions and their beliefs. Often = 3 • Sometimes = 2 • Rarely =1
- 4 When I hear someone joke about or insult people of a certain race, I speak up. Often = 3 • Sometimes = 2 • Rarely =1

5 When I disagree with someone, I listen and try to understand his or her point of view.

Often = 3 • Sometimes = 2 • Rarely =1



6 I like to travel, see new places, and meet new people.

Often = 3 • Sometimes = 2 • Rarely =1

7 When I meet a new kid in school who looks or talks differently from me, I'm friendly and welcoming.

Often = 3 • Sometimes = 2 • Rarely =1

8 I try to learn about world events and think about how they affect my family or community.

Often = 3 • Sometimes = 2 • Rarely =1

9 I'm kind and respectful to people with disabilities.

Often = 3 • Sometimes = 2 • Rarely =1

10 If a kid is teased or bullied, I try to be a friend to him or her.

Often = 3 • Sometimes = 2 • Rarely =1



- 11 I'll try new food, music, and other things, even if they're different from what I usually like. Often = 3 • Sometimes = 2 • Rarely =1
- 12 I get the facts and make up my own mind, rather than just going along with what others say.

Often = 3 • Sometimes = 2 • Rarely =1

SCORING

36-28 points: You're doing an awesome job opening your mind about people and ideas. Keep it up!

27-20 points: You're keeping your mind open most of the time. Look for ways to let in even more new ideas.

19-12 points: The doors of your mind

MY TOTAL

can be more open. Choose some tips from the quiz and try them out.

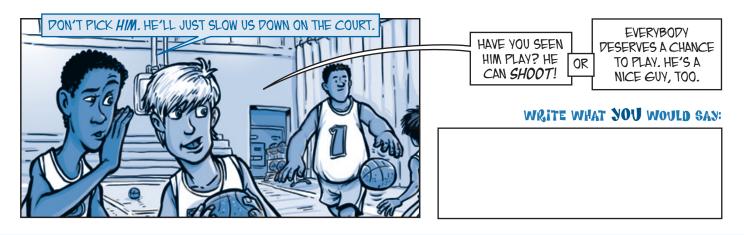
WHAT DO YOU SAY?

 f you see someone being treated unfairly, you probably want to speak up. But sometimes you may not know what to say.

Here's a tip: think ahead about how to respond. If someone says, "Look at those losers," you can say, "Come on, don't be mean!" or "That could really hurt their feelings."

Friends may not realize their words are unkind. You can try being compassionate: "That doesn't sound like you. Are you having a rough day?"

Practicing with your friends can help you stay calm and confident. When you're patient and respectful, you can get your message across without anger. In these three examples, what would you say?



MY FAITH HELPS ME UNDERSTAND WHAT OR GOES ON IN THE WORLD AND HOW I CAN BE HELPFUL.

WE'VE GOT TO WORK TOGETHER TO MAKE THINGS BETTER. WANT TO KNOW WHAT MY FAITH SAYS ABOUT PEACE AND JUSTICE?

WRITE WHAT YOU WOULD SAY:





WHY? BECAUSE THEY'RE BLACK AND WE'RE WHITE? COME ON, LET'S MAKE SOME NEW FRIENDS.

THEY LOOK NICE, AND IT'LL BE FUN TO MAKE NEW FRIENDS THIS YEAR.

WRITE WHAT YOU WOULD SAY:



Tying Our Hearts Together

"The most important principle of divine philosophy is the oneness of the world of humanity... the tie of love which blends human hearts." —'Abdu'l-Bahá

n art, it can be challenging to get different colors, shapes, and textures to work in harmony. But when you do, the artwork is amazing.

In life, it's sometimes hard for diverse people to be united. It can take courage, patience, and determination to make new friends with people who look, think, or act differently from you. You may feel out of place, accidentally hurt someone's feelings, or feel lost when you don't understand something.

If this happens, just relax, be kind, be respectful, and be yourself. If it turns out that you make a mistake, a sincere apology goes a long way.

The diversity of humanity is like a colorful masterpiece. Whether you plan an interfaith prayer party or simply introduce yourself to someone new, you can help tie hearts together. Make the string heart below. Give it as a gift or hang it at home to remind you to create more ties of love and unity.

String HeAR

Glue foam boards to make one thick board. Coat top with glue and place glue side down, in center of felt.



At corners, pinch excess felt flat. Trim excess and glue felt to wrap snugly around sides and back. Reinforce with tape, if needed.



Fold paper in half. From fold, draw half heart shape that fills page. Cut out and unfold.



YOU'LL Кеен

Three sheets 6" (15.2 cm) square thin foam board • tacky glue • 9" (22.9 cm) square felt • double-sided tape • pen • 5" (12.7 cm) square paper • scissors • ruler • about 30, 34" (1.9 cm) nails • thimble • 8 yards (7.3 m) or more yarn or string in several colors • 5" (12.7 cm) ribbon • 5½" (14 cm) square cardboard

Draw a dot at both ends of crease. Continue drawing dots around heart, spaced about 1/2" (1.3 cm) apart.



5 Tape heart to center of felt. With thimble, carefully push a nail into felt next to each dot, leaving 1/2" (1.3 cm) of nail sticking out. Remove taped heart.



Make loop for hanging by taping ribbon ends to back. Glue cardboard to back to cover any nail tips. Let dry.





Knot yarn to a nail to start, end, or change a color. Wrap yarn tightly around each nail, in random order, returning to each nail several times. Trim ends. Now it's ready to hang!



ESCAPE the PENS of PREJUDICE

Not fair! Pigs don't have effective sweat glands, so they barely sweat at all. They roll in mud to cool off and protect their skin from sun and insects. Pigs are often considered greedy, but they don't overeat more than other animals. They're smart problem solvers, too. In one experiment, they used mirrors to discover hidden food. In another, they learned to play a computer game!

Pigs can surprise us. They don't always match their stereotypes. Making assumptions about pigs keeps you from seeing them as they really are. That happens with people, too. Jumping to conclusions due to someone's gender, culture, religion, age—or for any reason—isn't fair.

Embracing diversity makes life richer and more fun. When we root out stereotypes, we can break free of the pens of prejudice.





RILEY'S RAINFOREST

"Send down... from the clouds of Thy mercy the rains of Thy healing..." —Bahá'u'lláh

End Bullying!

essie walks nervously to the bus stop, feeling her stomach tighten. Will the girl who bullied her yesterday be on the bus? Her heart pounds. Maybe I should just stay home sick, she thinks.

Jessie isn't alone. On average, about 28% of U.S. kids say they've been bullied. Whether it's repeated name-calling, rumors, or hurting someone physically, bullying is a serious problem. The stress it causes can even impact health. Kids who are bullied are more likely to report headaches, stomachaches, sleep problems, anxiety, and depression. And if bullying goes on for a long time, health issues can continue into adulthood.

It's important to speak up any time you experience or see bullying. Sometimes it helps to look in the eye of a kid who's being mean and say in a calm, firm voice, "Stop." Other times, laughing it off or walking



away is enough to make the person back down. But if harassment continues, ask for help from a parent, teacher, or other trusted adult.

Bullying doesn't only happen in person. Cyberbullying takes place online and in text messages. It can be just as tough to deal with because it may happen at any time and can reach a wide audience. Sometimes it's hard to know who's doing it, too. Kindness is just as important online as it is in real life. Talk to a parent or teacher if you see embarrassing or cruel messages or photos.

If we all work together to stop bullying, the world will be a happier, healthier, and safer place for everyone.

Explore & Soar: Good Friends? Check!

re your friendships fun and healthy? If you can answer yes to these questions, you're probably in good shape. Think of a friend. Do you . . .

- Look forward to seeing him or her?
- ☐► Know you can trust him or her?
- Treat each other with respect, even when you disagree?
- Communicate kindly and honestly?
- Feel comfortable being yourself when you're together?
- □ Appreciate each other's differences?
- generosity and fairness?
- Laugh and have fun together?

Curiosity Canopy



rue or False? Kids who are bullying usually won't stop if someone speaks up.

False. In a study, when bystanders intervened in a bullying situation, the bullying kid backed down within 10 seconds over half of the time. If you see bullying, speak up and get help from a trusted adult.



Stopping Prejudice

"All war and conflict . . . has been due to some form of prejudice—whether religious, racial or national ... prejudice is a destroyer of the foundations of the world of humanity ..." —'Abdu'l-Bahá

hat if other kids left you out or told you that you wouldn't be good at something, without giving you a chance to tru? It can hurt when people make assumptions. instead of getting to know the real you.

Making a judgment without all the facts is prejudice. If you meet someone from another country and assume that she can't speak your language, that's prejudice. It's often based on

stereotypes—generalizations about people. If you think all immigrants speak poorly, you're following a stereotype. One harmful result of prejudice is discrimination when people are treated unfairly because they belong to a certain group. If you won't let a new girl join a game just because of her background, you're discriminating.

> Because of stereotypes, prejudice, and discrimination, many people don't have fair access to housing, education, jobs, and other basic human rights. Prejudice even leads to violence and war. These are big problems, but we can all help.

Try the tips below to promote justice and make friends with people who are different from you.

Unscramble the words to find ways to stop prejudice and explore diversity.

(a)		
	No	The state of the s

1	Pay attention to your thoughts when you see someone
	different from you. (MLISE)
	and say hello.

2	Speak up for (CITUSJE)
	when you hear a prejudiced comment about people of a
	different culture, religion, age, or gender.

3 Sit with new kids at (HLNCU)			
--------------------------------	--	--	--



6	Check out co	ncerts	or fest	ivals f	eaturing	g different	
	(CURLUTES)						

6 (VINTIE) someone from a different background to hang out with you.
7 In (VISEOM) , on TV, or in books, watch for stereotypes.
8 Go to a (SNIGTORP)
9 (SIWHPOR) at a friend's place of prayer.
① Ask someone to (ETCAH) you how to cook a traditional dish from another culture.

Dressing for Diversity

"As the body of man needeth a garment to clothe it, so the body of mankind must needs be adorned with the mantle of justice and wisdom." —Bahá'u'lláh

hether you live in a chilly northern climate or a hot desert land, what you wear is a vital part of your daily life. Your clothes help protect you from sun, wind, and cold. They may also show something about your culture or religion.

Like diverse clothing, people's beliefs and ways of life vary from place to place. Honoring and respecting these

differences is important to building unity and justice. Sometimes prejudice causes people to make unfair judgments about those who look or dress differently. That may lead to bullying or other unjust treatment.

We may wear different garments, but we're all human. No matter where we're from or what kind of clothing we choose, everyone has the right to live in peace.





EXPLORE AND PROTECT THE EARTH AND ITS CREATURES

"All the members of this endless universe are linked one to another." —Bahá'í Writings

EARTH-SAVING TIP

Reuse Challenge

How many times can you reuse something this week? Bring your own shopping bag, pack lunch in a reusable container, or check out a book from the library.

WOW, REALLY?

Insects don't have lungs. Oxygen enters their bodies through tiny holes called spiracles.

OUR CONNECTIONS

Rivers are like Earth's arteries. pumping fresh, life-giving water to billions of people. Civilization began along riverbanks around 10,000 years

ago. About 177 major rivers, including the Nile, Amazon, Yangtze, and Mississippi, are vital to our ecosystems. They irrigate farmland, nourish nature, provide transportation, and supply energy through hydropower. For the health of the planet and its creatures, we need to keep rivers free of pollution.

PROTECTING OUR PLANET

Bill McKibben is passionate about urging people around the world to speak out on climate change. He's written a dozen books and co-founded the group 350.org, which is in 188 countries. He won the 2013 Gandhi Peace Prize and says, "It's very important that an interfaith voice—Christian, Jewish, Muslim, Buddhist, Bahá'í, Hindu, and Native American—is taking action . . . "



WHERE IN THE WORLD?



In South America, the newest Bahá'í temple is rising up near its country's capital city. All Bahá'í temples are circular, with nine sides and nine gardens. People of all faiths are welcome. Unscramble the letters to find its location:

SANTIAGO, ILCHE

AMAZING ANIMALS



The bright color of these water birds comes from their diet, which includes crustaceans like red crabs. The national bird of Trinidad and Tobago, they're very social and form huge flocks that can number in the thousands. Fill in the blanks to find their name:

I B I



<u>Getting to know kids who shine</u>

Connect with kids around the world! How are they like you? How are they different? Each of us has a unique story to tell. What's yours?

Emilia A.

Age: 12

I live in: Colorado, U.S.

I want to be:

A lawyer or doctor

Virtue I admire most: Respectfulness

Hobbies or sports: I like to play soccer, swim, read and write, and play piano

Favorite Bahá'í activities: Prayers and junior youth class

Place I'd love to visit: The Shrine of the Báb in [Haifa,] Israel



If I were a world leader, to stop prejudice: I would have people from different backgrounds ... work together in unity.

Why it's important to have friends from other cultures: To understand each other's differences ...

If someone tells me I can only do certain things because I'm a girl or boy: [I'd] show them examples of . . . other boys and girls . . . We are all like one.

If I get teased or feel left out, I: [Tell] my feelings . . . to a trusted person, and pray

If a friend tells a joke that's racist or makes fun of my gender or religion: [I'd] ask . . . why they are trying to show . . . each other's differences and explain . . . my faith and background.

Iman M.

Age: 12

I live in: Macau

I want to be: Structural engineer

Virtue I admire most: Generosity

Hobbies or sports: Tennis, collect[ing] gems, playing violin and piano, sailing ... Nintendo Wii, playing with my hamster

Favorite Bahá'í activities: Doing Breezes of Confirmation book with the junior youth in Beijing ... junior youth classes ... Bahá'í activities on holy days

If I were a world leader, to stop prejudice: I would tell people to treat each other fairly and show kindness to everyone they see.



If someone tells me I can only do certain things because I'm a girl or boy: I would say "no" because we are all the same.

If I get teased or feel left out, I: Talk to the teacher

If a friend tells a joke that's racist or makes fun of my gender or religion: I would tell him not to say that, because it's insulting and it hurts.

An ice cream flavor that would encourage unity: Justice Cream . . . chocolate mixed with vanilla and strawberry



Sonali S.

Age: 12

I live in: North Carolina, U.S.

I want to be: **Textile** designer

Virtue I admire most: Kindness

Hobbies or sports: Yoga, hula dancing, art

Favorite animal or pet: Elephants

I like to help people by: Participating in service projects in my community

If I were a world leader, to stop prejudice: I would make everyone learn about different cultures and races and ... make friends ...

Why it's important to have friends from other cultures: You ... learn about the world!

If I get teased or feel left out, I: Talk to my close friends...

If a friend tells a joke that's racist or makes fun of my gender or religion: I would tell them that's not nice or fair, because someone could make a joke that's mean to you.

An ice cream flavor that would encourage unity: Swirled Neapolitan . . . vanilla, chocolate, and strawberry, but you would mix them all together ...!

Samiya (Sami) R.

Age: 11

I live in: California, U.S.

I want to be: A lawyer

Virtues I admire most: Compassion and honesty

Hobbies or sports: Musical theatre and soccer

Favorite Bahá'í activity: Devotionals*

Favorite animal or pet: **Elephants**

Place I'd love to visit: Loch Ness, Scotland

Why it's important to have friends from other cultures: We ...learn about different ways of life ... [and] see issues from a person of another race's point of view . . .

I like to help people by: Cheering them up... If I were a world leader to stop prejudice: [I'd] give people of different races high positions of power, so that they would be respected.

If someone tells me I can only do certain things because I'm a girl or boy: I would tell them that boys and girls have equal capabilities, and any girl can do what any boy can.

If I get teased or feel left out, I: Find...one of my friends that was not involved in the teasing, and hang out with them instead



"God has crowned you with honor and in your hearts has He set a radiant star; verily the light thereof shall brighten the whole world!" — 'Abdu'l-Bahá

Yazan A.

Age: **10**

I live in: British Columbia, Canada

I want to be: **Architect**

Virtue I admire most: Truthfulness

Hobbies or sports: Inventing things and redesigning items to make them more useful; curling, hockey, guitar

Favorite Bahá'í activities: Children's classes and ... Nineteen Day Feast*

Place I'd love to visit: The International Archives Building in Haifa, [Israel]

Why it's important to have friends from other cultures: Because then there are no "other" cultures. Everyone is together.

If I get teased or feel left out, I: Go and volunteer my time somewhere useful instead...

If I were a world leader, to stop prejudice: [I'd] invent a robot that emits happy and loving frequencies and deploy them in troubled areas ...[I'd] work with other leaders to ... [educate] every person in the world ... to eliminate prejudice.

If someone tells me I can only do certain things because I'm a girl or boy: What?! Doing things well is based on learning and developing your capacity.

If a friend tells a joke that's racist or makes fun of my gender or religion: I just tell them, "Hey, that's ... prejudiced ... I'm not okay with that."

Luthando M.

Age: 9

I live in: Swaziland

I want to be: **An actor**

Virtues I admire most: Kindness and creativity

Hobbies or sports: Writing, drawing, and building

Favorite Bahá'í activity: **Feast**

Places I'd love to visit: Hawaii, Florida, California, Australia

I like to help people by: Cheering them up

If I were a world leader, to stop prejudice: [I'd] make a law that . . . everyone has freedom.

Why it's important to have friends from other cultures: I just enjoy friendships.

If someone tells me I can only do certain things because I'm a girl or boy: It doesn't matter what they say.

If I get teased or feel left out, I: Meditate

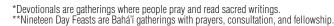
If a friend tells a joke that's racist or makes fun of my gender or religion: [I] tell him that wasn't very nice.

An ice cream flavor that would encourage unity: THE FRIENDSHIP. It would taste like mint and chocolate.



How to be a Radiant Star:

- 1. If you're age 7-14, go to www.brilliantstarmagazine.org and choose "Explore," then "Bahá'ís & Friends in Action," then "Radiant Stars." Click "Apply Now" and fill out the form. Or e-mail us at brilliant@usbnc.org. Include your name, age, birth date, mailing address, and phone number.
- 2. When it's your turn to shine, we'll send you questions and a form for you and your parents to sign.
- **3.** Answer the questions and send them to us with the signed form, along with at least two goodquality, close-up photographs of your smiling face. Photos should be in sharp focus and show your eyes clearly. Please don't send color copies, low-resolution digital images, or copyrightprotected images (like school portraits).

















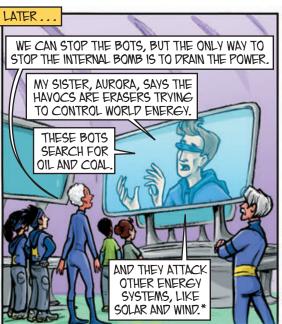


























*See episode #57, July/August 2013



ILOVE BIRDS!



ature and animals are so amazing! Someday, I'm going to be a scientist to help save wildlife. An ornithologist gave a talk at school about her work with endangered birds. She's so inspiring!

I'm glad I can go to school and follow my dreams. It's sad that some girls don't have the chance to get an education. In many places, women aren't even legally equal. In Yemen, a woman is only half of a witness in court. In Saudi Arabia, women

can't drive. There's no country where women have true equality in all areas of life and society.

Like two wings of a bird, both boys and girls must be strong and have the same opportunities. I look for equality in my community, and in books, movies, and on TV. How are things where you live? The first step to solving this problem is to be aware of it. Then speak up. We need everyone at full strength for this bird to fly!

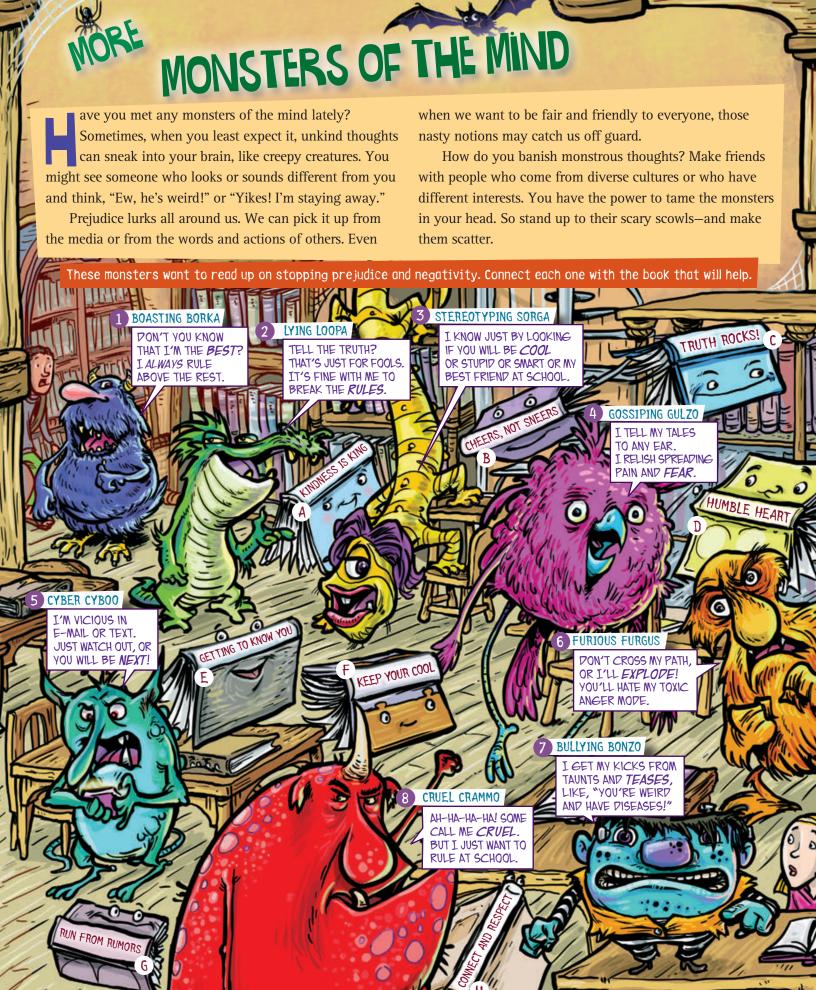
Women's Rights Quiz

- 1. There is no country where women make the same pay as men for the same work. In the U.S., women earn 78 cents for every dollar that men earn.
 - O TRUE **O FALSE**
- 2. In national parliaments or councils, Rwanda, Africa, has the highest percentage of women (64%). The U.S. Congress is about 30% female.
 - O TRUE **O FALSE**
- 3. The first woman elected president in a national election was Vigdís Finnbogadóttir of Iceland, in 1980.
 - O TRUE **O FALSE**
- 4. Women first competed in the O TRUE **O FALSE**



- 5. Women could not vote in the U.S. until 1920, 131 years after the first presidential election.
 - O TRUE **O FALSE**
- 6. Of the 860 winners of Nobel Prizes, about 25% are women.
 - O TRUE **O FALSE**
- 7. Over 60% of people who can't read and write are female, due to lack of education.
 - O TRUE **O FALSE**
- Olympic ski jump event in 1924. 8. In 37 countries, land ownership laws discriminate against women.
 - O TRUE **OFALSE**

- 9. Over 500 astronauts from about 35 countries have been to space, and 11% were women.
 - O TRUE **O FALSE**
- 10. Women in the U.S. earn 57% of bachelor's degrees, but only about 18% of engineering and computer science degrees.
 - O TRUE **OFALSE**
- 11. In some places, young girls are forced into marriage. 250 million women around the world today were married before age 15.
 - O TRUE **O FALSE**
- 12. Emma Watson (Hermione in the Harry Potter films) promotes gender equality as a UN Women Goodwill Ambassador.
 - O TRUE **O FALSE**



Paymon Rouhanifard



hen Paymon Rouhanifard was about four years old, his father was fired from his engineering job in <u>Sh</u>íráz, Iran, because he was a Bahá'í. Revolutionary Guards came to their home and demanded that his father deny his faith. He refused, and the family fled from Iran. They lived as refugees in Pakistan and Austria for about two years. Finally they moved to Tennessee, U.S., to start new lives, free to practice their religion.

Paymon grew up and earned a degree in political science and economics from the University of North Carolina. He taught sixth grade in New York City, then spent four years in the financial industry. At age 32, he became the school superintendent in Camden, New Jersey. When he's not working to improve education for 15,000 students in 26 schools, Paymon likes to run, play basketball, and spend time with his wife and their infant son.

- Q: What's your favorite childhood memory?
- A: Just playing with my little brother. He's one year younger. And [the] first home I can remember growing up in [was in] a small town in Tennessee.
- Q: What was the most challenging experience for you when you were a kid, and how did you handle it?
- A: We moved to Tennessee when I was six years old, and there weren't too many other kids on our block who looked like us.

 So I remember that was at times a little challenging, kids picking on you because your name sounds different and you look different. But my parents did a really nice job of teaching us how to interact with other children and eventually overcoming those challenges.





Left: Paymon at age 10 in Tennessee, U.S. Right: Paymon celebrates his graduation from the University of North Carolina with his parents, Jalil and Sonya, and brother Nima.

- Q: How does the experience of moving to the U.S. as a kid help you in your work with children and families today?
- A: I can remember having conversations with my parents and my little brother when they would instill in us the importance of education. They would tell us that if it weren't for their education (my mom is a chemist and my dad . . . is a mechanical engineer), they wouldn't have had the wherewithal and perseverance to fight through . . . challenges and help situate our family . . . I share that story with students and families in Camden, and I think it also helps me connect to a lot of [them], because we have many immigrants . . .
- Q: What are the three most important life skills that kids need today?
- A: Life is challenging and will present many obstacles. But if you show grit, determination, perseverance, you will often overcome those challenges . . . [by] being a good neighbor, being a good colleague and peer in the classroom and in your school.

Questions and Answers with an







Above: As school superintendent, Paymon is passionate about giving kids an "equal playing field" to succeed. Left: Paymon, his wife, Sarah, and their son, Jonah. Sarah recently earned a doctorate degree in biochemistry.

Q: How does the Bahá'í Faith influence you in your work?

A: I . . . think about the principle of universal education . . . You have communities where half the students are graduating from high school and very few are employable and are living in poverty . . . We're not embracing those ideals as Bahá'ís if we are living in this country knowing that tens of millions of students don't have those opportunities.

Q: If you have one wish for our readers, what would it be?

A: To pursue their hopes and dreams. I was fairly young when I discovered I . . . wanted to make the world a better place . . . Here I am, in a position where I can really positively impact the lives of 15,000 students in one of the neediest cities in America. So all students should vigorously pursue their dreams.

Q: What do you do in your work as a superintendent?

A: The governor decided that he didn't believe the school district . . . was getting the results the students' families deserved. So he appointed me to help turn it around . . . Our high school graduation rate is just a little bit over 50% . . . But I can tell you that . . . our children are immensely talented. And these data reports don't reflect their full potential. So my job is to make sure that the greatness of our schools matches the greatness of our students.

Q: You started with a 100-day listening tour in the community. Why?

A: I think that the root of great leadership is humility . . . So I think the most important thing I can do as a leader is to hear them all out and understand what the concerns are and understand not just what they believe needs to change, but also what's working and what we can actually build upon.

Q: What motivated you to take on the challenge of being a superintendent?

A: All students in this country have potential and have a mental ability. It's just deeply unfortunate that if you're born in a certain zip code . . . [or] a certain income level, that you don't get the same quality of education as those students in other parts of the country. And my passion is to ensure that we do everything we can to provide that equal playing field for all students.

Q: What's your favorite part about the job?

A: I love being inside of our schools and spending time with our students and families. A big part of my job is managing our financial complexities and . . . personnel. But what I do more than anything else is just visiting our schools, visiting students . . . That's by far the best part of the job.

IN SOCIAL STUDIES, I'VE BEEN LEARNING ABOUT HOW PEOPLE AROUND THE WORLD SUFFER BECAUSE OF WAR, POVERTY, OR OPPRESSION.

MUSIC CAFÉ

"Music, sung or played, is spiritual food for soul and heart." —Bahá'í Writings

IT'S HAPPENED FOR CENTURIES AND CONTINUES TODAY. I'VE BEEN FEELING DOWN ABOUT IT ALL, SO MY FAMILY AND I DECIDED TO DO SOMETHING! AT THE MUSIC CAFÉ, WE'RE GOING TO HAVE CONCERTS FOR COMPASSION TO START CONVERSATIONS ABOUT PEACE ON OUR PLANET.

by Matthew Miller, Bruno Mars, Philip Lawrence, Ari Levine









f you look for people's differences, you're sure to find them.
We come from diverse families, cultures, religions, and backgrounds. We look, think, speak, and act in unique ways.
But diversity doesn't mean we're *completely* different.
When you look for similarities, you'll find those, too. We all

need to feel loved, happy, and safe. We want to be treated kindly, and we like to laugh and hang out with friends.

When you get to know people who seem different from you, you might find that you have a lot in common. And that can broaden your world in surprising ways.



GLOBAL FLORAL FESTIVAL

"Behold a beautiful garden . . . Each flower has a different charm, a peculiar beauty, its own delicious perfume and beautiful color . . . So it is with humanity. It is made up of many races . . . but they all come from the same God . . ." —'Abdu'l-Bahá

rom mountain peaks to cracks in a stone wall, flowers can bloom in incredibly diverse places. Two species even grow in Antarctica!

Wherever they're found, flowers amaze us with magnificent colors, shapes, and scents. The human family is just as diverse, with its many cultures, languages, and

arts. We also have our individual interests and talents.

One of the joys of a garden is exploring what makes each plant unique. In a similar way, it's fun to get to know people of all backgrounds. We can find out how we're alike and see how our differences add beauty to the world-like flowers in one garden.

These flowers are sharing clues about their homelands. Read the clues and write in each flower's country.



Malala: Champion of Education



rowing up in Pakistan, Malala Yousafzai loved school. She won over 45 trophies for exams and competitions. But when Malala was about 10, life in her hometown of Mingora began to change. A militant group called the Taliban took control of the area. Women were banned from the market. For a short time, girls weren't even allowed to go to school. Hundreds of school buildings in the region were bombed. People were killed or beaten for disobeying or criticizing the rules.

Malala and her father, Ziauddin, spoke out in support of education. She was interviewed on TV and radio. In 2009, at age 11, she wrote an anonymous blog for the British Broadcasting Corporation (BBC) about life under the Taliban.

Ziauddin received threats. When Malala was about 15, the Taliban announced that she should be killed! Her father suggested that they stop their work, but Malala said, "We can't stop now."

Life-Changing Day

On October 9, 2012, Malala was riding home on her school bus when two men stepped in front of it. One jumped on and leaned into the back. "Who is Malala?" he asked.

No one answered, but a few girls looked in Malala's direction. The man fired three shots: crack! crack! crack!

Malala had surgery at a nearby hospital and later went into a coma. When she woke up a week after the shooting, she was in a hospital in England. Her head hurt terribly. Her face was swollen and bruised. She couldn't hear or see well. A bullet had grazed her temple near her left eye and went down to her left shoulder. Her friend Shazia had been shot in the collarbone and hand, and Kainat, another friend, was shot in the arm, but they were going to be okay. A doctor told Malala, "It's a miracle you're alive."

People from around the world sent 8,000 cards, letters, and gifts. Malala needed several surgeries and months of physical therapy, but she made an amazing recovery.

Global Heroine

Malala and her family now live in England. It's not safe for them to return to Pakistan. On her 16th birthday, Malala spoke at the United Nations in New York for Malala Day. She said, "Today is the day of every woman, every boy, and every girl who has raised their voice for their rights . . . One child, one teacher, one pen, and one book can change the world."



Malala spoke at the UN to over 500 youth leaders in July 2013. She said, "We must believe in the power and the strength of our words. Our words can change the world."

At 17, she became the youngest person to ever win the Nobel Peace Prize, shared with Kailash Satyarthi of India, an activist for children's rights.

Today, violence continues in Pakistan. In December 2014, the Taliban opened fire on a school, killing 132 students and nine staff members. Malala said, "I am heartbroken . . . I, along with millions of others around the world, mourn these children, my brothers and sisters—but we will never be defeated."

When she's not in school, Malala writes books, appears in films and videos, and gives speeches. She and her father started the Malala Fund to support girls' rights. Malala wrote, "I think of the world as a family. When one of us is suffering, we must all pitch in and help . . . The Taliban have shot me. But they can only shoot a body. They cannot shoot my dreams, they cannot kill my beliefs, and they cannot stop my campaign to see every girl and every boy in school."



Story adapted from an African folktale

n an ancient African land, where people farmed for many generations, there lived two boys, Osaze and Adisa. They came from different tribes, which had sometimes been at war, but they were the best of friends.

Osaze lived across a creek from Adisa. The boys walked by the creek tending goats and cattle, and they traded vegetables for their families. After chores, they crossed the creek to play together. Over the years, they dragged big stones into the creek to create a bridge.

One day, a boy named Madu, who was jealous of their close friendship, decided to test them. He made an incredible robe that was green on one side and red on the other. Then he strolled along the creek as Osaze and Adisa were tending crops, each on his own side. Madu whistled loudly off-key, so that both boys noticed him.

A few minutes later, Osaze and Adisa met at the creek. "E pele o, Adisa! Madu can't whistle, but he sure has a beautiful green robe."

> "Green? His robe was red," Adisa replied firmly.

> > "Red? You're blind from the sun. It was as green as the sprouts of maize," Osaze said with a laugh.

"I'm not blind! You are!" "Don't get so mad. I'm telling the truth!" Osaze started to cross the creek.

Adisa also crossed the creek halfway. "You're lying. I thought you were my best friend!"

"You're calling me a liar? It's no wonder our tribes have been at war." Osaze was so angry that he shoved Adisa. Adisa fell and hit his head on a stone.

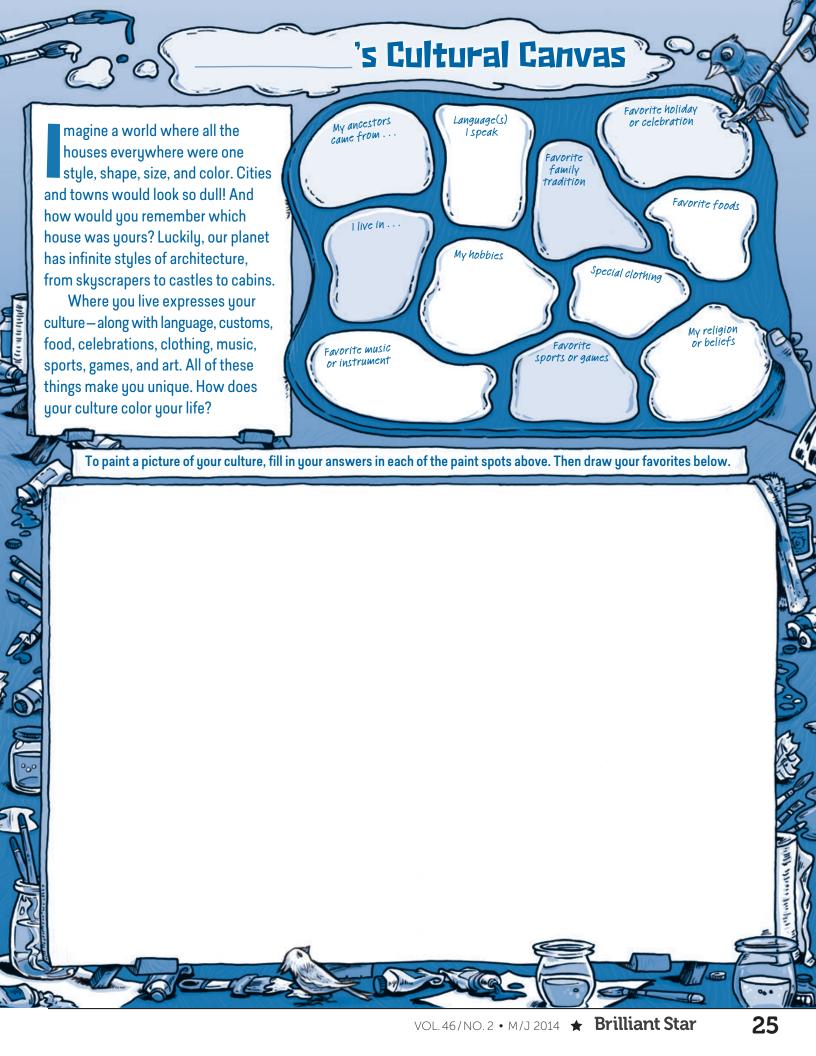


Osaze was suddenly filled with regret. But before he could do anything, Madu returned, laughing. Both bous stared at him in surprise. Now that they saw Madu from the front, they realized that he had a robe of two colors—green on one side and red on the other!

Adisa, rubbing his head and dripping with mud, shouted, "What? You did this on purpose to make us fight!"

Madu answered, "Beeko. I did not make you fight. You made yourselves fight. You were both right and both wrong. Real friends see things from both points of view." With a smug smile, he ran off.

Osaze reached down to help Adisa up. "I'm so very sorry." Adisa and Osaze's friendship grew as resilient as the acacia tree. Whenever they disagreed, they crossed the creek—and took a look at things from the other's point of view.



SHINING LAMP

A Bahá'í who served humanity with radiance

Patricia Locke (1928-2001) Compassionate Woman



hat if your family's religion was outlawed, and you could only worship in secret? Patricia Locke faced that challenge growing up as an American Indian.

She was born in Idaho, U.S., in 1928. Her mother was from the Lakota tribe and her father was Chippewa. At that time, Indian religious ceremonies were illegal. She couldn't tell anyone when her family went to a Lakota sun dance.

Among this intense prejudice, Patricia learned to stand up for justice. When she and her sister, Frances, went to the movies, American Indians had to sit in the back. But the girls were too small to see over the people in front of them. Hearing this, their mother told the theater manager to treat her daughters with respect, or the local Indians would boycott his theater. The girls never had to sit in the back again.

Education and Empowerment

Patricia studied education at the University of California, graduating in 1951. She married Charles "Ned" Locke and had two children, Kevin and Winona. When they moved to Alaska in 1966, Patricia started the Anchorage Native Welcome Center to help native people find jobs and housing and adapt to city life. It was the start of her work to empower indigenous people.

Patricia felt it was vital to preserve Indian culture, yet connect to the rest of society. She said, "We have to let the wisdom of the past ... guide us and give us direction. We also have to have the means to cope with this modern world."

Patricia's Lakota name was Tawacin Waste Win.

or "Compassionate Woman." She was dedicated to service and the Lakota values of wisdom, courage, respect, and generosity. In later years, she made her home on the Standing Rock Reservation in South Dakota.

Patricia taught at the university level and helped establish 17 tribal colleges. She also met with leaders in Washington, D.C., and worked diligently to get laws passed protecting the rights of American Indians to practice their religion and speak native languages.

"Illumined Soul"

Kevin, Patricia's son, became a Bahá'í as an adult. In 1988, she joined him on a trip to South America, where native Bahá'ís shared their culture. including music and dance. She felt at home among the Bahá'ís and soon joined the Faith. Its teachings of unity were reflected in her motto: "All peoples have the same need to love that we do, the same family ideals, the same need for joy, the same need for understanding."

Patricia won a prestigious MacArthur Fellowship in 1991 for her activism in education and tribal rights. In 1993, she became the first American Indian woman elected to the National Spiritual Assembly, the guiding council of the U.S. Bahá'í community, and was a member for the rest of her life.

When Patricia passed away in 2001 at age 73, the Universal House of Justice praised her as a "highly devoted, self-sacrificing servant" of the Faith and offered prayers for her "illumined soul."

You Can Do Anything

"The rights of both sexes should be equally respected since neither is superior to the other in the eyes of Heaven . . . Human virtues belong equally to all!" — 'Abdu'l-Bahá

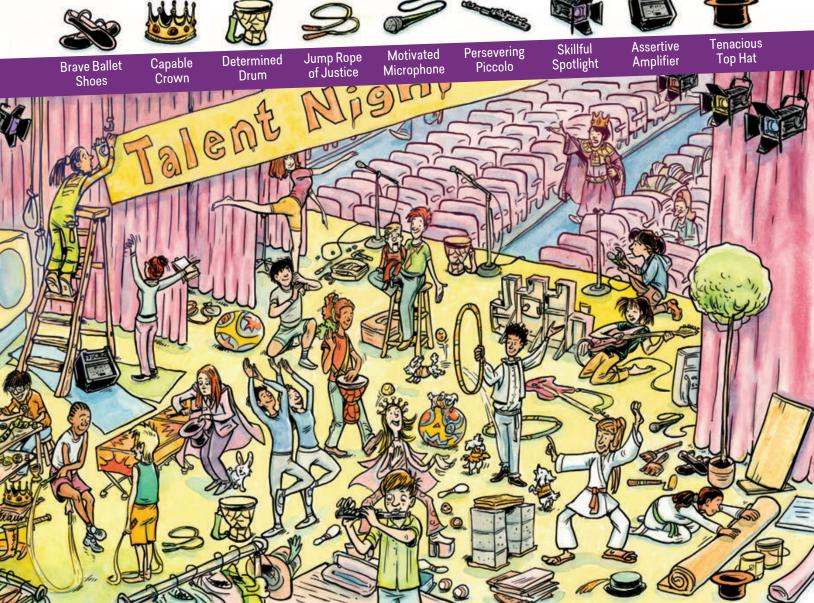
ave you ever been told you can't do something because you're a girl, a boy, or a kid? How do you face those barriers?

Mana Abdi of Maine, U.S., wanted to be a runner in high school, but running and wearing pants were considered wrong for girls in her Somali community. Mana respectfully talked to her mom and a religious leader about her goals. She got the okay, and she

became the first Somali girl to win a cross-country meet in her state! She won a national award honoring her as a role model. Now she inspires other girls to go for their dreams.

Girls may hear that they can't play sports or understand technology. Boys may hear that it's not cool to dance or sing. But don't let that stop you. You can challenge stereotypes and excel at whatever you love best.

These kids are getting ready to share their talents. Find items named for virtues that help overcome stereotypes.





- at their Music Café. (p. 20)
- 2. The youngest person to ever win a Nobel Peace Prize was Yousafzai. (p. 23)
- 5. If you could get close to stars, you'd see they come in different sizes, temperatures, and _____. (p. 2)
- 7. Having an open mind is like opening a _____ to new ideas. (p. 4)
- 9. Paymon says three of the most important life skills for kids are _____, determination, and perseverance. (p. 18)
- 12. You can challenge stereotypes and _____ at whatever you love best. (p. 27)
- 13. Luna says she and Lightning have to ____ each other. (p. 14)
- 15. In their friendship. Adisa and Osaze figured out how to look at things from the other's point of _____. (p. 24)

FROM OUR MRILBOX



[If I could choose a theme, it would be the] equality of men and women. I think it's a really important theme that needs to be further explored and written about, especially how it connects to being Bahá'í . . . Reading [Brilliant Star] . . . leaves me feeling happy and at peace with everything. It's almost like a meditation.

-Rosie M., age 15, Virginia, U.S.

- 1. Make friends with people who come from diverse or who have different interests. (p. 17)
- 3. Samiya and Sonali both like these animals. (pp. 12-13)
- 4. Our differences add beauty to the world, like _ in one garden. (p. 22)
- 6. The first woman elected president in a national election was from . (p. 16)
- 8. Samiya and Luthando both like to help people by _____ them up. (p. 13)
- 10. If you make a mistake, a sincere _____ goes a long way. (p. 6)
- 11. A true friend treats you with _____, even if you disagree. (p. 8)
- 14. These are like Earth's arteries. (p. 11)
- 16. Patricia Locke said, "All peoples have the same need to _ that we do, the same family ideals, the same need for joy, the same need for understanding." (p. 26)

RNSWERS

KEY: T=Top, C=Center, B=Bottom, L=Left, R=Right

Page 7: Cuthburt at TR. Cardena at TC. Frolo at C, Arlo at C, Lexia at CR, Nanta at TR, Pafko at CR, Tully at CL, Summy at TC

Page 9: 1) Smile, 2) justice, 3) lunch, 4) Learn, 5) cultures, 6) Invite, 7) movies, 8) sporting, 9) Worship, 10) teach

Page 10: A) 5, B) 2, C) 6, D) 1, E) 4, F) 3, G) 7

Page 11: Chile, Scarlet Ibises

Page 16: 1) True. 2) False. The U.S. Congress is only about 18% female. 3) True. 4) False. It was 2014, though Olympic ski jumping started in 1924. 5) True. 6) False. Only about 5% of Nobel Prize winners are women, 7) True, 8) True, 9) True, 10) True, 11) True. 12) True.

Page 17: 1) D, 2) C, 3) E, 4) G, 5) H, 6) F, 7) B, 8) A

Page 21: Drawing at TL and CR, trumpet at TL and TR, swimming at TC and CL, math at TR and C, biking at BR and C, science at BC and CL. soccer at BL and CL

Page 22: 1) Australia, 2) China, 3) Egypt, 4) France, 5) Scotland, 6) Zimbabwe, 7) Brazil, 8) Fiji

Page 27: Ballet shoes at BR, crown at BL, drum at BL, jump rope at BL, microphone at CR, piccolo at BC, spotlight at TL, amplifier at CL, top hat at BR

One Family Orchestra

magine floating above Earth. Music from many different countries rises up to you, with sounds that cultures often share: drums, flutes, stringed instruments, and voices. But what if each musician tries to be the loudest? It would be hard to listen to the clashing notes and jumbled tempos. We have the same problem when people don't get

along. Arrogance, greed, and prejudice lead to conflict, making it impossible to recognize the unique gifts that each person has to offer. Just as a conductor steps in to guide an orchestra, God's teachings of oneness help our human family play in harmony. Though the instruments and players are different, working together can create a joyful symphony.

