

Brilliant Star

BAHÁ'Í NATIONAL CENTER

1233 Central Street, Evanston, Illinois 60201 U.S. 847.733.3409 ★ brilliant@usbnc.org

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National Spiritual Assembly of the Bahá'ís of the United States

Amethel Parel-Sewell EDITOR/CREATIVE DIRECTOR
C. Aaron Kreader DESIGNER/ILLUSTRATOR
Amy Renshaw SENIOR EDITOR
Heidi Parsons ASSOCIATE EDITOR
Katie Bishop ASSISTANT EDITOR
Foad Ghorbani PRODUCTION ASSISTANT
Lisa Blecker ARTIST & WRITER

Donna Price WRITER

Darcy Greenwood WRITER

Dr. Stephen Scotti STEM EDUCATION ADVISOR

MANY THANKS TO OUR CONTRIBUTORS:

Anisa Bahin-Aein • Maleyk Bighorn
Paola Cardoza • Louis Ehsani • Alex Emmel
Andrea Hope • Natalia Jaimes • Jacob Kinney
Leland Melvin • Soraya Morgan • Dr. Peter Soroye
Lily Spierer • Mia Taheri • Tahlia Vestuto-Langford

ART AND PHOTO CREDITS

Illustrations by C. Aaron Kreader, unless noted By Lisa Blecker: Watercolors on pp. 2, 20; photos on pp. 8-9 Historical photos courtesy National Bahá'í Archives, unless noted

STORY AND ACTIVITY CREDITS

By Amy Renshaw: 6, 8, 11, 14, 19, 21, 27, 29

By Heidi Parsons: 10, 16, 22

By Katie Bishop: 2, 4, 7, 20, 25, 26, 29

By Lisa Blecker: 8, 12, 20 By Donna Price: 3, 11, 14, 28 By Darcy Greenwood: 12, 13, 24

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Brilliant Star empowers kids to explore their roles as world citizens. Inspired by the principles of peace and unity in the Bahá'í Faith, we encourage readers to use their virtues to make the world a better place.

The Bahá'í Faith is the second most widespread religion in the world, with over five million Bahá'ís. It was founded by the Prophet Bahá'u'lláh ("Glory of God" in Arabic) in 1863. Bahá'u'lláh taught that all people are part of one human family, and all religions come from one God. Bahá'u'lláh's eldest son, 'Abdu'l-Bahá, interpreted His teachings and led the Bahá'í community after Bahá'u'lláh's passing.

Today, Bahá'ís work to bring love and justice to the world, and end prejudice and discrimination of all kinds.

WHAT'S INSIDE



FAVORITE FEATURES



Bahá'u'lláh's Life: Mission of Peace
He transformed one man's hate into love.



Nur's Nook
Build a cool place for diverse birds to snack.



We Are One

Explore and care for the place we all call home.



Maya's Mysteries

What can we learn from nature about diversity?



Lightning and Luna: Episode #92

Can the Uplifters stop the storm and snag Fauna?



Radiant Stars

Get to know kids who shine, like you.



Interview a Stargazer

Ask questions and strengthen friendships.



Riley's Rainforest

Art from global cultures helps us soar with joy!



Shining Lamp: Creadell Haley

She was a pilot, songwriter, and world citizen.



Cosmo's Corner

A crossword and more from our favorite chameleon



aMAZEing ADVENTURE

Get to the root of unity in diversity!

ONE GARDEN VOL.52 NO.1



NEW DESTINATIONS



One Sweet Family
Diverse friends make life a treat!



World Citizen
Create your passport for peacemaking.



Sapphires, Rubies, Diamonds, and Pearls 'Abdu'l-Bahá treasured interracial unity.



Gifts of Diversity
Celebrate our delightful differences!



Amity in Action
Build unity through cross-racial friendships.



Quiz: Do You Embrace Diversity?
Experience the wonders of world cultures.



Spice It Up!

Where do your favorite flavors come from?



Guardians of Humanity

Discover virtues that help us fight racism.



The Overview Effect

Astronaut Leland Melvin shares his wonder.



Seas of Unity

Find the right notes to achieve harmony.



How to Create Currents of Unity

Make a splash with these colorful ideas.







DEAR FRIENDS,

Do you know what helps a garden grow, along with water, sunlight, and healthy soil? Diversity! If you want your plants to stay healthy, sow an assortment

of seeds. Growing different types of plants creates a healthy ecosystem and can protect your garden from harmful pests and disease.

Like a thriving garden, our communities benefit from diversity, too. We may not look and think alike, but



differences can blossom into incredible strengths.

In this issue, explore the beauty of our vibrant human family. Find the gifts that our differences bring. Discover flavors from around the world that can spice up your life. Quiz yourself to see how well you embrace diversity. Build a bird feeder craft with Nur for your flock of flying friends. And get to know someone new by doing your own "Stargazer" interview.

When we reach out with kindness toward all kinds of people, we can help the garden of humanity flourish. How will *your* friendships grow today?

BRILLIANT STAR *

ONE SWEET FAMILY

magine walking into a candy shop and finding only one kind of treat. Even if it were your favorite, it would soon lose some of its flavor. That's because your taste buds get bored quickly. After a few bites, they're ready for something new.

Diversity makes life interesting. How bland would it be if we all looked, thought, and acted the same? Similar

to the joy of checking out exciting new flavors at a candy shop, we can look for variety in our friendships, too.

Friends from diverse backgrounds can introduce us to different cultures, holidays, foods, and family traditions. They may help open our minds to new ideas and break down prejudices. When we invite everyone to join in the fun, life is pretty sweet!





f you think of the world as one global community, you're a world citizen! The Bahá'í teachings describe a future of true world citizenship. We'll share Earth's resources fairly. All countries will live in peace and make sure everyone has food, water, energy, medical care, and education. We'll even use the same currency and speak a second language that's understood anywhere. How do you imagine a peaceful planet?



Name:

Age:

Birthplace:

Languages I speak:

Languages I want to speak:

Places I've visited:

Countries I want to visit:

GLOBAL PASSPORT

Favorite memory from my travels:

Animals I want to see in the wild:

Design your world flag.

Three words to describe a world citizen:

Draw your portrait, or attach your photo.

Heroes or role models who show world citizenship:

From someone of a different race or culture, I learned:

To stop prejudice and racism, I can:

Things I'd like to see in a peaceful world:

A Brief Timeline

The Life of Bahá'u'lláh

The highlighted area marks the time in which this story takes place.

1817 November 12

Birth of Bahá'u'lláh in Tihrán, Iran

1844

Recognizes the Báb as a new Messenger of God

1852

Imprisonment in the "Black Pit" of Tihrán

1853-1863

Exile in Baghdád, Iraq. From 1854-1856, He goes into the mountains to pray in solitude.

1863 April

Declares Divine Mission as Prophet-Founder of the Bahá'í Faith

1863-1868

Exile in Constantinople (Istanbul), then Adrianople (Edirne), Turkey. Begins writing letters to kings and rulers in 1867, urging world unity

1868

Last exile, to prisoncity of 'Akká, Israel

Finally free to live in countryside homes of Mazra'ih and then Bahjí, outside 'Akká

1892 May 29

Bahá'u'lláh passes away at Bahjí.

Bahá'u'lláh's Life: Mission of Peace A Heartfelt Transformation

s the sun dipped below the horizon in 'Akká (now in Israel), a boy named Mahmúd and his family began eating dinner. Suddenly, a brilliant light illuminated the night sky. "The sun has come back!" Mahmud cried.

The family was amazed to see light after sunset. No one had electricity. They asked a trusted advisor to explain. The light remained a mystery, but the wise man predicted that when Mahmud was grown, the "Great One" would come to 'Akká. He told Mahmúd to welcome this spiritual teacher with love and devotion.

Many years passed, and the boy grew into a respected Muslim leader called Shaykh Mahmúd. When Bahá'u'lláh arrived in 'Akká as a prisoner, Shaykh Mahmúd was told that Bahá'u'lláh was evil and an enemy of Islam. This wasn't true, but many people believed terrible rumors that were spread about the Bahá'ís. They were prejudiced against them before they'd even seen them. Though he had never met Bahá'u'lláh, Shaykh Mahmúd's heart boiled with hate, and he decided to kill Him.

Shaykh Mahmúd tried twice to reach Bahá'u'lláh to fulfill his deadly mission. But both times, Bahá'u'lláh knew his intentions and refused to see him until his heart was freed from hatred. Astonished, Mahmúd returned home.

Then he had a dream that reminded him of the prophecy from his childhood. Shaykh Mahmúd was humbled. His anger began to fade. He returned to the prison, and this time, he spoke with 'Abdu'l-Bahá, Bahá'u'lláh's eldest son. 'Abdu'l-Bahá's kind words and manner helped Shaykh



Bahá'ís traveled hundreds of miles on foot to be near Bahá'u'lláh in 'Akká. Because He was imprisoned, they could only hope to see a glimpse of His hand waving from the window.

Mahmúd's prejudices melt away. He met Bahá'u'lláh face to face and came to love Him and His teachings.

Now, instead of hating the Bahá'ís, Shaykh Mahmúd began to assist them. At the time, guards and spies watched the city gates to stop Bahá'ís from leaving or entering 'Akká. Many Bahá'ís who had come to see Bahá'u'lláh were sent away. Shaykh Mahmúd risked his own safety to help them. He walked outside the city walls to meet Bahá'ís in secret. When the sun set, he gave them a lantern to carry so they could pretend to be a servant guiding their employer back to 'Akká. Other times, Shaykh Mahmúd even threw ropes over the walls so Bahá'ís could climb up and enter the city without using the gate.

Shaykh Mahmúd was one of many people who experienced the transforming power of Bahá'u'lláh's love. Today, Bahá'u'lláh's teachings continue to unite millions of people around the world and inspire them to work together to build peace.

4

"Through the spirit of oneness, they may heal the sickness of a divided humanity." — Bahá'u'lláh

Try these activities with friends to explore how you can overcome prejudices and build unity.

Guiding Light

Mix 1 cup (240 mL) glue with 1/3 cup (80 mL) water. Paint mixture on outside of jar. Place colorful scraps of tissue paper on jar, then cover paper with mixture. Continue with more tissue paper.

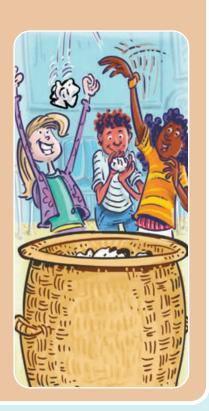
When dry, use permanent marker to write a quote or some virtues that help build world unity. Place battery-operated candle in jar.



An Ilnfair Game

Each person crumples paper into a ball. Players toss ball toward laundry basket in middle of room. Each successful basket is a point. After each shot, get ball and return to your spot to shoot again. After two minutes, add all points together for group total.

In round one, players wearing green wait 45 seconds before playing. In round two, everyone with straight hair takes five steps back. In round three, everyone stands at same distance and plays for same time. Talk about what happened when you played with these different rules.



Know Your Neighbor

Players sit in circle with large bowl in center. Each person writes on slip of paper one fact they think no one knows about them and puts it in the bowl. Take turns pulling out someone else's paper. Go around circle, and each person reads the paper out loud. Players write a person's name for each fact. Player with the most correct names wins.



Hand in Hand

Each person traces their hand on white card stock. Use colorful markers to create a design that represents your unique, vibrant identity beyond your appearance. Cut out hands and assemble into a mural.





Sapphires, Rubies, Diamonds, and Pearls

Pauline and Josep

Hannen



hen 'Abdu'l-Bahá visited the U.S. in 1912, slavery had been outlawed for almost 50 years. Still, unfair laws, mostly in the South, severely limited the rights of African Americans. They were called "Jim Crow" laws, named for a stereotypical dark-skinned character who was mocked in musical shows.

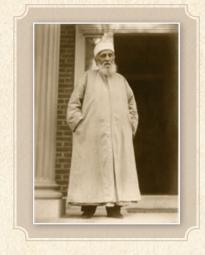
Jim Crow laws prohibited African Americans from using the same parks, schools, buses, hospitals, and even cemeteries as White people. In many places, it was illegal to marry someone of another race. People were arrested, beaten, and even killed for challenging these laws.

In Washington, D.C., racial segregation was a fact of life. Though the Bahá'í teachings proclaim the oneness of humanity, even some Bahá'ís felt the time wasn't right for integrated meetings. Many hotels didn't allow them. But 'Abdu'l-Bahá insisted that Bahá'ís welcome people of all races. He answered more than one invitation by saying he would come if both Black and White people were invited.

'Abdu'l-Bahá urged White and
Black people to be friends. He praised
diversity and shared the science behind
skin color. Since melanin, the skin's brown
pigment, is a natural sunscreen, darker skin
tones evolved to protect people in areas with
intense sunlight (such as Africa).

At the home of Andrew and Maggie Dyer, a mixed-race couple, 'Abdu'l-Bahá said to an interracial audience, "In the clustered jewels of the races may the blacks be as sapphires and rubies and the whites as diamonds and pearls. The composite beauty of humanity will be witnessed in their unity and blending."

Pauline Hannen was a Bahá'í in Washington



During his three visits to Washington, D.C., 'Abdu'l-Bahá often spoke at the home of a Bahá'í named Agnes Parsons. He later asked her to help organize the first race amity conference in the U.S.

who had feared Black people due to prejudice she'd learned growing up in North Carolina. But over time, the Bahá'í teachings changed her heart. One day, she met a Black woman whose arms were full of packages. The woman's shoes were untied, and she couldn't bend to tie them. Pauline

wrote, "Something in the picture brought to me the spirit of universal brotherhood.

I knelt in the snow and tied the wayfarer's shoes. She was astonished, and those who saw it appeared to think I was crazy. I did not mind..."
From then on, Pauline worked to "uproot the prejudice of childhood and render loving service to all humanity."

Pauline and her husband, Joseph, shared the Bahá'í Faith with people of all backgrounds. At a talk in their home, 'Abdu'l-Bahá said, "This is a beautiful assembly. I am very happy that white and black are together."

Pauline said, "There is such a spiritual power present when 'Abdu'l-Bahá is around . . . We have eyes for no one save 'Abdu'l-Bahá."

In Washington and around the world, 'Abdu'l-Bahá inspired people to fight racism and establish loving friendships among all cultures.

Gifts of Diversity

"Whensoever ye be invited to a banquet or festive occasion, respond with joy and gladness . . ." —Bahá'u'lláh

right bundles and playful packages—it's exciting to see a pile of presents ready to be shared! But not all gifts can be wrapped up and tied with a bow. The best gift you can give to friends is taking time to celebrate them for *all* they are. You can do this by appreciating their unique qualities and being your true self, too.

It's fun if you and your friends have a lot in common,

but your differences can bring even more life to the party! Maybe your friend has a wild style, and you love to create goofy games. Compliment their creative clothes, and invite them to try out your latest idea. You and your friendship may feel stronger and happier.

Each of us is wonderfully unique. We can celebrate the beauty of diversity and see our differences as the gifts they truly are.



ANSWERS ON PAGE 28 VOL 52 NO 1 ★ Brilliant Star 7

Be Inclusive: A Feeder for Diverse Birds

"Birds of various species and colors wing their flight and feed together without a trace of enmity ... " - 'Abdu'l-Bahá

love to hang out with my bird friends at this feeder I made. Carmine, a bright red cardinal, has fun with Chip, a black-capped chickadee, and Glitter, a goldfinch. They may be different species with feathers that come in diverse colors, but our friendship is taking off!

It's fun having great pals from lots of cultures and backgrounds. Getting to know them helps squash



1 (a) Roll short edges of poster board into a cylinder shape (so coating faces outside) and secure with glue. Let dry. (b) Press glue-free edges together to form creases at top of cylinder. Mark top of each crease with a dot.



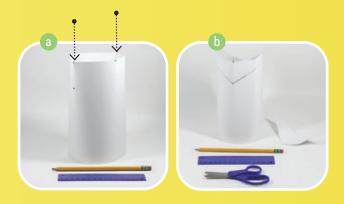
stereotypes—assumptions that label someone based on the group they're in, instead of who they really are. For example, some people say having a "birdbrain" means you're not very clever, but my bird friends are super smart with navigation and communication. They build awesome nests, too. Create your own fun feeder, and welcome new flocks of friends!

You'll Need

- 8" x 14" (20.3 cm x 35.6 cm) heavyweight poster board (coated on one side)
- · tacky glue
- pencil
- ruler
- scissors
- duct tape
- large nail

- 3.75" (9.5 cm) circle for tracing
- 5.5" x 7.5" (14 cm x 19.1 cm) piece of cereal or cracker box
- 5.5" x 7.5" (14 cm x 19.1 cm) sandpaper
- string
- 2 small, coated paper plates

- black and earthtoned permanent markers
- approx. 10" (25.4 cm) sturdy stick
- spoon
- birdseed for diverse birds
- stapler
- nature items (such as moss or raffia)
- 2 (a) Repeat Step 1b in opposite direction, so all dots are evenly spaced. Make a dot 2" (5.1 cm) below each new dot. (b) With ruler, draw lines that connect first pair of dots to lower dot on each side. Cut along lines to make roof shape.

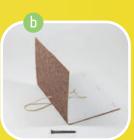


3 Trace circle onto front of bird feeder, centered 11/4" (3.2 cm) from bottom of cylinder. Cut out circle.



(a) For rooftop, glue sandpaper to cover the coated side of food box. Reinforce edges with staples. Fold rooftop in half so uncoated short ends meet. Unfold and let dry. (b) Carefully twist nail to punch a hole through each flap of rooftop, centered about 1/2" (1.3 cm) from fold. Thread string through holes. Knot ends to make loop for hanging.





5 Reach inside bird feeder to securely tape rooftop to roof. Press bird feeder upside down in your lap or hand to make bonds tight.



6 (a) Cut rim off first paper plate. Glue back of remaining circle to back of second plate to strengthen it. (b) Center bird feeder on top of upside-down plate. Tape around bottom edges of bird feeder to secure its base together. Leave 1.5" (3.8 cm) tape-free under opening's center.







Draw tree bark texture with permanent markers.



8 (a) Cut out tape-free section of bird feeder's base, from front edge of plate to where it meets cylinder. (b) Under bird feeder, use tape to secure stick across plate, with extra length poking out for a front perch.





9 Glue nature items such as moss or raffia to cover tape and plate on outside of bird feeder, leaving perch uncovered. Use spoon to add birdseed only onto plate portion inside feeder. Now it's ready to hang!*



* Amity in Action *

hroughout history, racism has caused intense hurt and suffering, which continues today. We have a lot to learn from these experiences. We can also learn from hopeful examples of race amity—friendship between people of different races. People who have cross-racial friendships and stand up for equal rights can be a powerful force for change.

For example, the courageous Harriet Tubman had a White friend named Thomas Garrett, who helped enslaved people in the U.S. gain freedom. During the Civil Rights Movement, diverse "Freedom Riders" traveled to the American South to protest segregated bus terminals. By showing passion for unity through our actions, we can create a world of peace and justice.

READ THIS QUOTE, THEN CHECK OUT THE HIGHLIGHTED WORDS BELOW.



another to build a world that manifests this principle in all its dimensions . . . All Bahá'ís are called to persistently act, little by little, to deliberately cultivate freedom from racial prejudice within their daily lives, their families, their community-building activities, their involvement with society, and all the social spaces in which they participate, so that they increasingly evince the Bahá'í teachings, especially the oneness of humanity. If the friends become founts of love and create environments wherein the spirit and practice of race unity are prevalent, every trace of race prejudice will ultimately be removed.

-The Universal House of Justice

1. Dimensions

A. Develop, nurture

2. Deliberately

B. Sources or supplies

3. Cultivate

C. Tiny amount

4. Evince

D. Widespread, generally accepted

5. Founts

E. Demonstrate, show

6. Prevalent

F. On purpose, intentionally

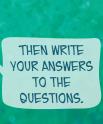
7. Trace

G. Aspects of a situation, elements

To be a "fount of love" to others, I can:

To befriend diverse people in my social spaces, I can: ______

PRAW A LINE FROM EACH WORD TO ITS DEFINITION.





EXPLORE AND PROTECT THE EARTH AND ITS CREATURES

"All the members of this endless universe are linked one to another." —Bahá'í Writings

EARTH-SAVING TIP

Bee Helpful!

Plant a pollinator garden of native flowers and plants that attract bees and butterflies. You'll give them food and a cool place to hide out when temperatures are high.

WOW, REALLY?

Bumblebees have a powerful buzz that shakes the pollen off crops like tomatoes and potatoes. Pollen falls on bees and gets spread around.

OUR CONNECTIONS

From tidepools to tundras, Earth has an amazing diversity of connected ecosystems. An ecosystem is a network of living and non-living things (such as

animals, plants, and weather). Every part of the ecosystem depends on the others, and a change to one can impact all. For example, if humans cut down a rainforest, they destroy animals' habitats and food sources. Our actions affect the planet, so we need to protect ecosystems.

PROTECTING OUR PLANET

Dr. Peter Soroye is a conservation biologist in Canada. He studies the effects of climate change on pollinators. He's found that more extreme heat is driving the disappearance of bumblebees. He says they are critical pollinators and are "great animals just by themselves as well; really fuzzy, really cute, they're the teddy bears of the sky."





This European capital is an important cultural, historic, and scientific center. It's home to architectural masterpieces, including St. Andrew's Church, with its distinctive green and gold domes. Tragically, the city is in danger due to war. Unscramble the letters to find its name:

> KYVI, RUKAIEN

AMAZING ANIMALS



This is one of about 15 species of prickly mammals in Europe, Asia, and Africa. When it sleeps or defends itself, it rolls into a ball with its 5,000 sharp spines sticking out. Fill in the blanks to find its name:

UR P AN H DG H G



DO YOU EMBRACE DIVERSITY?

"Let your vision be world-embracing, rather than confined to your own self." -Bahá'u'lláh

o you remember trying something from another culture for the first time? Maybe you ate a delicious dessert, learned about another religion, or tried a cool craft. You may have felt nervous about exploring something new. But experiencing the diversity of our human family makes life more colorful. It can help you understand others' perspectives and make new friendships unfold. You never

know what adventures will take shape!

You can learn about diversity while traveling or when you're close to home. There may be kids from other countries living in your own neighborhood or city. You can find out about other cultures by watching videos, reading books, and trying new foods and art forms, too. How do you embrace the beauty of our human family?

Do you explore diversity with an open mind? Circle your answers, then add up your points.



- 1. I like to make friends with people from many cultures and religions.
 - Often = 3 Sometimes = 2 Rarely = 1
- 2. I watch movies and shows with diverse characters.

Often = 3 • Sometimes = 2 • Rarely = 1

3. I learn about the beliefs of religions other than my own.

Often=3 • Sometimes=2 • Rarely=1

4. I explore the music and art of other cultures.

Often = 3 • Sometimes = 2 • Rarely = 1

MY SCORE

36-28 POINTS You embrace diversity with an open mind and heart. Use your skills to continue exploring!

5. I like to try food and recipes from different places.

Often = 3 • Sometimes = 2 • Rarely = 1

 I learn as much as I can about the history and roots of racism and social injustice.

Often = 3 • Sometimes = 2 • Rarely = 1

7. I learn about news events going on around the world.

Often=3 • Sometimes=2 • Rarely=1

8. I make an effort to learn words and phrases in other languages.

Often = 3 • Sometimes = 2 • Rarely = 1

9. I go to museums, libraries, and other places and events to explore culture and history.

Often=3 • Sometimes=2 • Rarely=1

 I reflect on my ideas about groups or cultures and question whether they are true.

Often = 3 • Sometimes = 2 • Rarely = 1

11. I speak up if I hear a disrespectful joke about a group of people.

Often=3 • Sometimes=2 • Rarely=1

12. If I don't understand something about a culture, I ask questions or do research to learn more.

Often = 3 • Sometimes = 2 • Rarely = 1



27–20 POINTS You're learning to delve into diversity with curiosity.

Try a tip from the quiz and keep it up!

19–12 POINTS You can strengthen your skills in welcoming diversity.
Choose a few ideas from the quiz to try.



-IGHTNING & LUNA









































Getting to know kids who shine

Connect with kids around the world! How are they like you? How are they different? Each of us has a unique story to tell. What's yours?

Maleyk B.

Age: **14**

I live in:

Manitoba, Canada

I want to be: A psychologist

This career interests me because:

I'm interested in knowing how to help people and in how their brains work.

Virtue I admire most: Kindness

Hobbies or sports: Basketball, volleyball, badminton, video games

Favorite Bahá'í activities: Junior youth group

A hero or role model: [Basketball player] **Kobe Bryant**

I like to help people by: Doing community projects



A favorite cultural tradition: The generosity at Ayyám-i-Há*

It's important to see characters who look like me in the media: Because then [I] can relate to them

Who/what gives me hope: My mom gives me hope.

If I were a world leader, to bring peace, I'd: End wars . . . and help the Indigenous people in Canada with the water system, as some have no access to fresh water

Mia T.

Age: 13

I live in: Hawaii, U.S.

I want to be: **NASA scientist**

This career interests me because:

I have always been interested in astronomy and space exploration. There is so much that we don't know about the history of our universe, what it will become, and what is even in it.

Favorite Bahá'í activities: Bahá'í conferences. junior youth groups



A hero or role model: My mother, because she stays happy/cheerful even when we aren't, and she helps us when we most need it

Something cool I learned from another culture: How to dance the hula. It's like telling a story through movements and is a pretty cool part of Hawaiian culture.

To help stop prejudice and racism:

Treat everyone the way you want to be treated, and don't judge someone by how they look.

Who/what gives me hope: The past and the future. Things like war have happened before many times, and I know that ... we will always find a way to end problems.



Soraya M.

Age: **12**

I live in: Texas, U.S.

I want to be:

A writer/illustrator

This career interests me because:

I LOVE art! I'm also really into creative writing!

Favorite Bahá'í activities: I've always loved getting together with my friends and doing fun activities for children's classes/ junior youth groups.

A hero or role model: My mom

Place I'd love to visit: Iran! My mom is Persian and I speak Farsi, and we have family in Iran.

Cool experience from another culture: A classmate invited me to his bar mitzvah service. It's an experience I will never forget.

In the media: The world needs to see fewer stereotypical families and more different families!

To help stop prejudice and racism: Everyone should be educated about the harm done in the past and present, and learn that mankind is one . . .

Who/what gives me hope: I have the great opportunity of teaching the [Bahá'í] Faith.

Tahlia V.

Age: **12**

I live in: Illinois, U.S.

I want to be: Veterinarian

This career interests

me because:

I want to help animals and nurture them.

Virtue I admire most: **Courage**

Hobbies or sports: Painting, drawing, skateboarding, basketball, taking care of our pets

Favorite Bahá'í activities: **Children's classes**

Favorite animal: **Chickens**

Place I'd love to visit:

The Amazon Rainforest

I like to help people by: Showing kindness through a simple smile A favorite food: Tacos

A hero or role model: **My mom**

Something cool I learned from another culture:
Learning how to dance
German and Italian
(some of my heritage)
dances at local fests

To help stop prejudice and racism, we can:

Not judge people by their appearance

Who/what gives me hope: My parents and six siblings uplift me.



Lily S.

Age: 11

I live in: Wisconsin, U.S.

"God has crowned you with honor and in your hearts has He set a radiant star;

verily the light thereof shall brighten

the whole world!" — 'Abdu'l-Bahá

I want to be: A teacher

This career interests me because:

I love learning, and I'd love to teach other people interesting things about the world.

Virtue I admire most: **Kindness**

Favorite Bahá'í activities: Having children's class with my friends

A hero or role model:
My grandma. She's
always so kind and
loving and is so
acknowledging of all
the challenges people
go through. She finds
any way she can to
help people...

Who/what gives me hope: I know that there are people out there trying to make it better... and I know I can, too.

A favorite cultural tradition: Every year, my extended family comes to my grandparents' house and we all make orange and

chocolate cannoli.

Something cool I learned from another culture:
One of my friends... and her family taught me how to make matzo bread and other traditional dishes.
They let me participate in the Seder meal [to celebrate] Passover...

To help stop prejudice and racism, we can: Stop and listen to each other before making assumptions

Jacob K.

Age: 14

I live in: Minnesota, U.S.

I want to be: Radiologist

This career interests me because:

I will be able to help people.

Virtue I admire most: **Patience**

Cool experience from another culture:
Friends of ours cook fantastic Ethiopian food.

A hero or role model:

My parents, because
they always support
me no matter what

A favorite cultural tradition: Eating New Mexican tamales to bring in the new year

I like to help people by: **Doing work for them**

In the media:

It was really fun to see the Bahá'í Faith mentioned on the front page of the local paper.

To help stop prejudice and racism:

We can all try and

We can all try and love each other.

Who/what gives me hope: Knowing that science is constantly progressing and we'll be in the future sooner than we think



How to be a Radiant Star:

- 1. If you're age 7-14, go to brilliantstarmagazine.org. From the top menu, choose "Discover." Then click "Become a Radiant Star or Trailblazer," and fill out the form. Or email us at brilliant@usbnc.org. Include your name, age, birthdate, mailing address, and phone number.
- 2. When it's your turn to shine, we'll send you questions and a form for you and your parents to sign.
- 3. Answer the questions and send them to us with the signed form, along with at least two good-quality, close-up photographs of your smiling face. Photos should be in sharp focus and show your eyes clearly. Please don't send color copies, low-resolution digital images, or copyright-protected images (like school portraits).



Anisa B.

Age: 10

I live in: Arizona, U.S.

I want to be:

Cancer researcher, biomedical engineer, scuba diver, doctor, astronaut, singer, or violinist

This career interests me because:

I am interested in cancer cures, and I want to create medical devices. I've been doing a school project on sea turtles. I learned about scuba divers rescuing sea turtles that are stuck in plastic, and I want to help! I want to be a doctor so I can help kids who are sick. I want to see Earth from space. and I love to sing!

Who/what gives me hope: The Bahá'í Faith

Favorite Bahá'í activities: Visiting people in our community and [doing] service

I like to help people by: Being their friend

Place I'd love to visit: Haifa, Israel, and the Shrine of 'Abdu'l-Bahá

A hero or role model: [Bábí heroines] Táhirih and Zaynab

A favorite cultural tradition: The White Mountain **Apache Sunrise** Ceremony in my cluster*



Alex E.

Age: 9

I live in: Maryland, U.S.

I want to be:

A coder, writer, gamer, and game maker

This career interests me because: I like to read and code.

Virtue I admire most: Kindness

Favorite Bahá'í activities: Ayyám-i-Há. I like the gifts, songs, games, and that we do service.

Favorite animal or pet: **DOGS**

Places I'd love to visit: Greece, Rome, and Egypt, because I like to study mythology

A hero or role model: My dad, because he writes awesome books



I like to help people by: Solving problems and sticking up for them

Something cool I learned from another culture: [From] reading manga books, I learned how to play the Go board game.

Who/what gives me hope: My brain. I think about stuff I like, and that makes me feel better.

If I were a world leader, to bring peace, I'd: Stop racism (and prejudice and everything like it) and stop all wars

Natalia J.

Age: 9

I live in: **Texas, U.S.**

I want to be: A scientist

This career interests me because:

I want to create medicine and cures for illnesses.

Favorite Bahá'í activities: **Stories about** 'Abdu'l-Bahá and Bahá'u'lláh

A hero or role model: My mom

Place I'd love to visit: Haifa, Israel, to see the Bahá'í Gardens



A favorite cultural tradition: We celebrate Christmas with my father and his side of the family and Ayyám-i-Há with my mom's side of the family.

Something cool I learned from another culture: I went to Paris, France. I learned about their language, their city, and their food. They expressed such politeness and hospitality.

To help stop prejudice and racism, we can: Stand up for each other and show people what is right and what is wrong

Who/what gives me hope: I think about positive things that could happen or things that I can do in the future for a better world.

Louis E.

Age: 9

I live in: Washington, D.C.

I want to be: Comic maker

This career interests me because: I like to draw comics.

Virtue I admire most: Helpfulness

Favorite Bahá'í activities: Cleaning up trash, children's class

Places I'd love to visit: The rainforests of China and India

Hobbies or sports: Climbing, cooking, reading, drawing comics

A hero or role model: [Conservationist] Steve Irwin (because I like animal documentaries)

A favorite cultural tradition: Naw-Rúz*



A favorite food: Avocado sushi



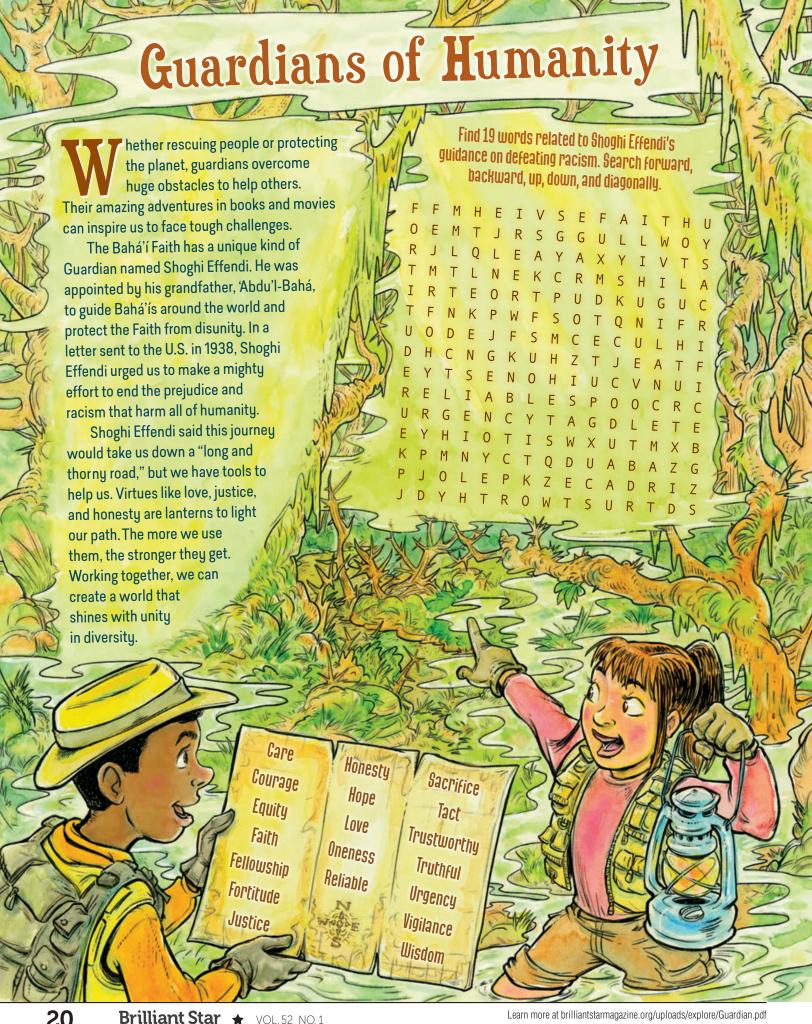
Something cool I learned from another culture: I have been to the Great Wall of China, and I learned that some of the material holding together the bricks is rice.

Who/what gives me hope: All the people that are trying to make peace in the world

If I were a world leader, to bring peace, I'd: Make one BIG country so there would be no wars







THE OVERVIEW EFFECT

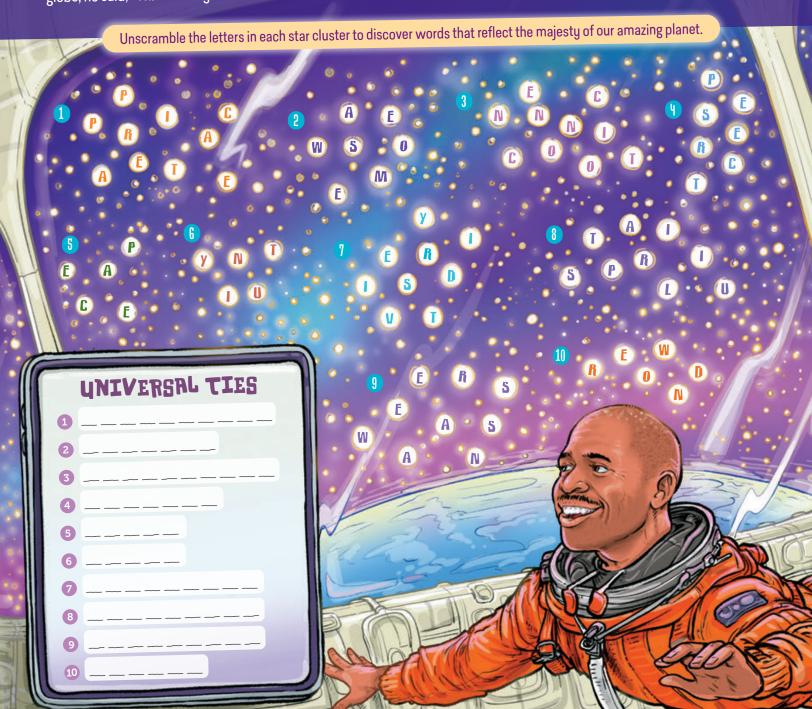
"Every part of the universe is connected with every other part . . ." - 'Abdu'l-Bahá

hen astronauts see Earth from space, they often marvel at how their outlook changes. NASA Astronaut Leland Melvin said, "I looked back at the planet, and it was just stunningly beautiful, all the colors, the mountains, the oceans . . ."

As he shared a meal with astronauts from around the globe, he said, "This was my 'Aha!' moment. This was the

moment where I realized that my perspective had changed . . . It changed the way I wanted to interact with people when I came back home. That's called the **overview effect**."

When we gaze at the stars, meditate, or pray, we can try to focus on a similar feeling of connection and wonder. By keeping in mind that we're all part of one human family, we can choose words and actions that build true unity.



Interview a Stargazer

ave you ever had a heart-to-heart talk with a friend or family member? When someone opens up to share their stories or feelings, it means they trust and appreciate you. When they listen to you in return, you may feel understood or loved. It's a great feeling to have this mutual openness and respect. Choose a person you'd like to know better, and ask to interview them. Use these questions to start. Put away devices or distractions, focus on the person, and listen closely. The things you learn may surprise and inspire you! With their okay, share your interview with us at brilliant@usbnc.org. We'd love to see it!

Stargazer's Name

Birthplace

Birth Year

Draw your Stargazer's portrait, or attach a photo of them.

What's one of your favorite memories?

Where do you live, and what's your favorite thing about it?

What are some things that make you happy?

If you could have a superpower, what would it be, and why?

Draw your Stargazer doing what they love, or attach a photo.

			~~~
		+	Reflecti
			Virtues I see in
+	Draw your Stargazer with their family or friends, or attach a photo.		Things we have
	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~		
	What places in the world would you love to visit, and why?)	Something inte
)	
	What's a big challenge you had, and how did you handle it?)))	
))	What happ
	If you could fix a global problem, what would you choose, and why?)	you conne
			□- Good friendsl happiness an give you a ser
	What three things are you most thankful for?)))	□ Close friends you more resi back from ch
	When you're feeling sad or stressed, who or what helps you?)))	→ You build trus you have a di more likely to resolve it.
			□ You can turn t when you nee that someone
+ ↓	What's your greatest wish for the kids and youth of the world?		
			□• Listening dee with others a enhance all a

ons

Virtues I see in this Stargazer:
Things we have in common:
Something interesting I learned:

pens when ct with others?

- hips can boost your od self-esteem. They nse of belonging.
- hips can help make lient, so you bounce allenges.
- t and empathy. If sagreement, you're find the patience to
- to them for support ed it. It's great to know e's got your back.
- ur true self around ccept and encourage do the same for them.
- ply and talking openly re valuable skills that reas of life.



Art Around the World

'm so stoked! My family hosted our neighborhood devotional gathering today. This is when our community shares prayers, sings songs, and makes art. It's especially cool because a lot of our neighbors are from different religions and countries!

But at first we only sang songs from here in Australia. I asked the other birds to teach us songs from their countries, too. When my friend Vita had a turn, I was in awe! South American music and dance were new to me. Then she talked about when she lived in the Amazon Rainforest. Did you know the Amazon is called the "Lungs of the Planet" because of how much oxygen it gives us?

from countries in Africa and Asia. It was so fun! Sharing our music helped us feel closer and more unified, like birds of one nest.

All the songs made me feel like my heart wanted to burst out singing,

> too. The arts are so good for our souls and bodies.

Making and sharing art builds virtues, like creativity and joy. It can also reduce stress, boost self-esteem. and even strengthen your immune system! Incredible, right?

I'm glad our friends sang their songs today. We want to keep exploring different kinds of art when we get together to pray. Next week, my friend Pip is going to show us how to make origami with palm leaves. I can't wait!

"Send down... from the clouds of Thy mercy the rains of Thy healing..." -Bahá'u'lláh

Explore & Soar:

Sample Diverse Arts

heck out these ideas for appreciating the arts of cultures from around the world.

- Learn a song in another language with a friend, and perform it at a community event.
- dance from another culture. How does it make you feel?
- Ask a friend from another culture to show you how to make a favorite treat. What stories or memories does it bring to mind for them?



- □ Create a work of art inspired by the oneness of humanity with your friends. What can you learn from it?
- □ Read a folktale from a culture you admire. What foods, words, or traditions make the story unique?
- □ Learn about an artist or musician from another country. What inspires their work?

After Vita, others sang songs

Curiosity Canopy



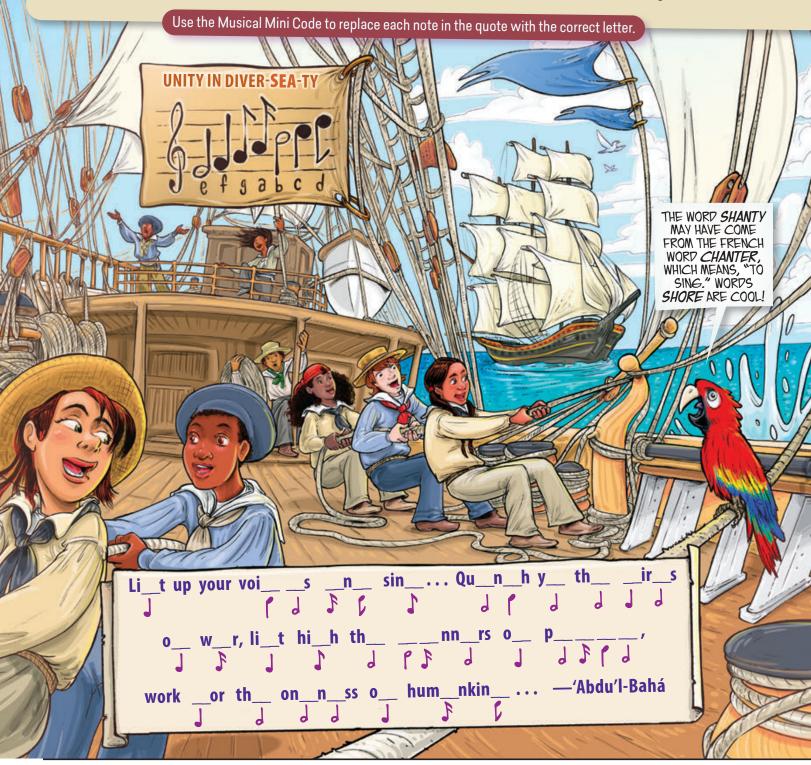
here are lots of awesome animal artists! For example, the male bowerbird creates beautiful nest-like bowers from grass and twigs to attract a mate. He decorates the bower area with objects like flowers, feathers, and shells. Then, when an impressed female sits under his bower, he dances for her. That's real showmanship!

Seas of Unity

II hands on deck! It's time to work in harmony as humanity sails toward peace and unity. We can learn from sailors of the past, who sang songs called sea shanties to stay motivated and work in rhythm. With diverse roots, including African and British cultures, these catchy tunes set the work pace and gave every sailor a part. Today, people around the world are riding this musical

wave to feel connected and weather life's storms together.

Like a good shanty, teams work best when everyone joins in. But when prejudice and racism try to silence some voices, our songs are incomplete. So whether you and your friends are swabbing the deck or hoisting the sails, make sure everyone has a chance to chime in. Then we can sail toward brighter horizons together.



SHINING LAMP

A Bahá'í who served humanity with radiance

Creadell Haley (1917-2000)



s she steered the plane above the open fields, Creadell Haley faced two big problems: she was lost, and she was running out of gas. It was 1949, and Creadell had drifted off course over the Midwestern U.S. on her first solo flight. But she didn't panic. She managed to land her plane safely in an oat field. She got help from a farmer and spent the night in town. The next morning, she found fuel and navigated her way home to Illinois, where she fulfilled her dream of earning her pilot's license.

An Early Takeoff

Creadell was born in 1917 in Oklahoma, Her parents divorced, and she and her brother. Nathaniel, were raised by their aunt and uncle in Illinois. From a young age, she was drawn to the wonder of flight. She found a library book called How to Fly and was determined to become a pilot.

She was the first woman in her area to enroll in flying lessons and became the instructor's best student. During World War II, she joined the newly created Women's Army Air Corps as a mechanic. After intense training, she served in England and France. When the war ended, she was finally able to get her pilot's license and take to the skies.

Creadell's adventures continued in California, where she attended the Los Angeles Conservatory of Music. She learned about the Bahá'í Faith and composed songs to express her beliefs. In a tune called "Love, Love, Love," she encouraged the oneness of humanity: "Love God's creatures / Be

they near or far / See each human / As a shining star." Her songs became popular among Bahá'ís around the world, and they're still sung today.

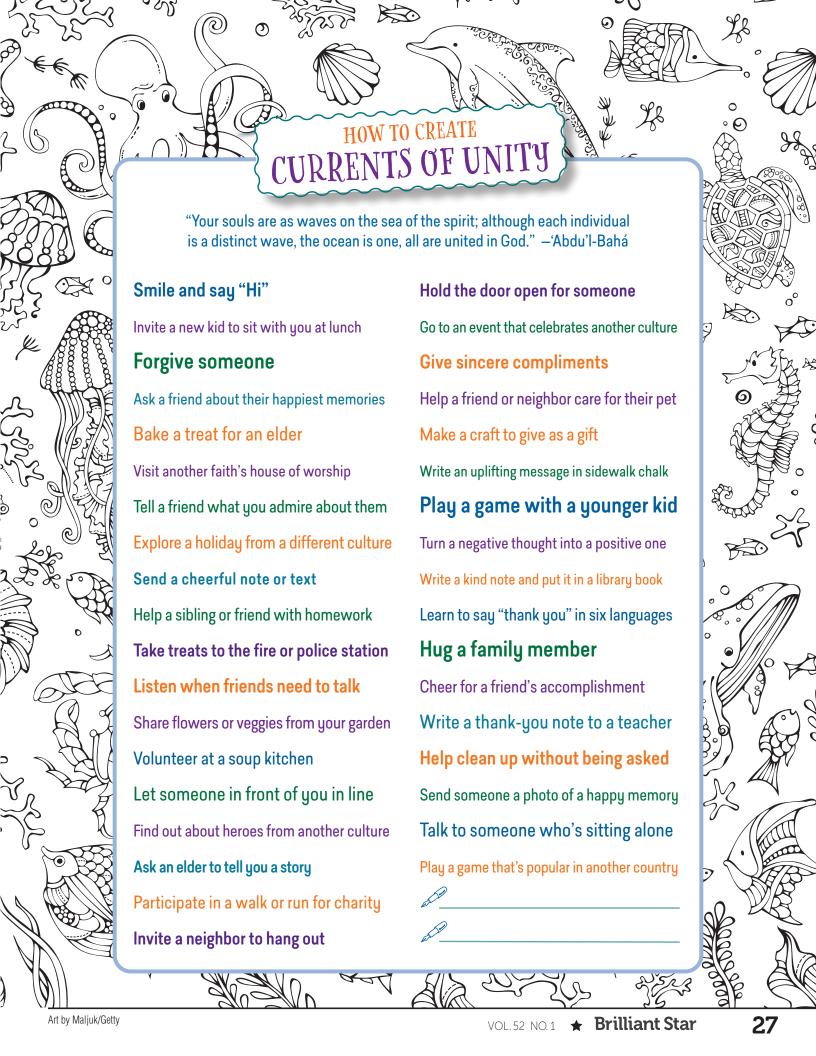
Navigating New Horizons

Creadell learned that Bahá'ís in Latin America needed help strengthening their communities. In 1959, she moved to Nicaragua and spent much of her time in remote areas that could only be reached by boat or on foot. But Creadell faced each new challenge with determination as she shared the Bahá'í teachings, and the Bahá'í community grew. Her service soared to new heights.

After five years, Creadell's health suffered, and she returned to Illinois. She stayed for several years. When she finally returned to Latin America, she said, "I was so happy I could hardly contain myself. There is no other way to describe it." Creadell then spent six years in Venezuela, a country she found "gloriously beautiful." She said it was "a melting pot of people and that too is very beautiful."

Poor health sent Creadell back to the U.S. in 1973, but her service continued. She moved to South Carolina, where she taught Spanish and piano. She gave presentations on her experiences in Latin America and told friends and neighbors about the Bahá'í Faith.

When Creadell passed away in 2000 at the age of 83, the Universal House of Justice "warmly remembered" her "services in Latin America" and offered "ardent prayers" for "the progress of her radiant soul throughout the divine realms."





WHY DO TREES HAVE SO MANY FRIENDS? WE'RE ALWAYS BRANCHING OUT TO CONNECT WITH OTHERS! DOWN 1. Maleyk and Tahlia both enjoy this sport. (pp. 16-17)

2. People who have cross-racial friendships and stand up for equal rights can be a powerful force for _____. (p. 10)

- 6. The Amazon is called the "Lungs of the Planet" because of how much _____ it gives us. (p. 24)
- 9. Sharing ____ can help us feel closer and more unified, like birds of one nest. (p. 24)
- 11. Salt and pepper were once used as _____. (p. 19)
- 12. Anisa and Natalia would both like to visit Haifa, _____. (p. 18)
- 13. If you think of the world as one global community, you're a world _____! (p. 3)
- 15. Sailors of the past sang songs called sea ______to stay motivated and work in rhythm. (p. 25)
- 16. From a young age, Creadell Haley was drawn to the wonder of _____. (p. 26)

FROM OUR MAILBOX

What I like most [about Brilliant Star] is

learning how to be a kinder and better

person. I love the quizzes! I feel inspired. I learned so much stuff from Brilliant Star it's hard to count! Like . . . how to listen to people better. [If I could choose a theme, it would be] equal rights, because people should not be discriminated [against]!

-Paola C., age 9, Massachusetts, U.S.

- 3. From tidepools to tundras, Earth has an amazing diversity of connected _____. (p. 11)
- 4. Friends from diverse backgrounds help open our minds to new _____ and break down prejudices. (p. 2)
- 5. Experiencing _____can help you understand others' perspectives. (p. 13)
- 6. When an astronaut's perspective changes after seeing the Earth from space, that's the ______effect. (p. 21)
- 7. Race _____ is friendship between people of different races. (p. 10)
- 8. The best gift you can give to friends is taking _____ to celebrate them for all they are. (p. 7)
- 10. We're happier and healthier when we _____with people from diverse cultures and backgrounds. (p. 29)
- 14. _____teaches us to live in harmony. (p. 12)

RNSWERS

KEY: T=Top, C=Center, B=Bottom, L=Left, R=Right

Page 2: 1) Balanced Baklava, 2) Bold Brigadeiro, 3) Dependable Donut, 4) Determined Dango, 5) Humorous Halva, 6) Kind Kashata, 7) Loving Laddu, 8) Listening Lokum, 9) Merry Macaron,

10) Modest Mazapan, 11) Sincere Saltwater Taffy, 12) Sharing Shortbread

Page 7: Matches: Overlapping squares at TC and C, triangles at CL and BL, flowers at C and CL, diamonds at CR and CL, blue rings at C and BL, blue ovals on yellow at TC and BR, brown plaid at CR and CL, white waves on red at C and CL, blue-gray waves at C and BR, green w/stripes at CL and TC, thin green ovals at C and BC, purple "3" shapes at CL and C.

Page 10: 1) G, 2) F, 3) A, 4) E, 5) B, 6) D, 7) C

Page 11: Kyiv, Ukraine; European Hedgehog

Page 19: 1) F, 2) E, 3) C, 4) H, 5) G, 6) A, 7) D, 8) B

Page 21: 1) appreciate, 2) awesome, 3) connection, 4) respect, 5) peace, 6) unity, 7) diversity, 8) spiritual, 9) awareness,

Page 25: "Lift up your voices and sing . . . Quench ye the fires of war, lift high the banners of peace, work for the oneness of humankind...

ONE HUMANI-TREE

'Become as . . . trees of one forest, growing in the utmost love, agreement and unity." —'Abdu'l-Bahá

id you know trees live in communities and help each other, like people do? Each tree's roots intertwine with the roots of others nearby—sort of like linking arms. They hold each other in place during strong winds and floods. They also share nutrients through their roots. Trees can even send signals and respond to each other's needs.

As in human communities, diversity brings strength to a forest. When many species grow together, they spread out

their branches to fill in gaps where sunlight is available. That way, the whole forest soaks up more life-giving rays.

Our neighborhoods are like these forests. We can build strong bonds that help us during challenges. We're happier and healthier when we connect with people from diverse backgrounds and cultures. We can learn from each other, solve problems creatively, and share amazing arts. So branch out with kindness toward someone different from you. The rewards are unbe-leaf-able!



*

