



Mystery of Me

"Be as stars, brilliant and sparkling in the loftiness of their heavenly station." —'Abdu'l-Bahá

Our amazing universe sparkles with trillions of stars. In a similar way, your virtues and talents are like brilliant constellations.

Throughout your life, you can make endless discoveries about your mysterious self. By visiting new places, exploring ideas, and trying different things, you'll learn more about your interests and gifts.

Being aware of your strengths and skills will help you improve and achieve your goals. From playing

volleyball to conducting a science experiment, you'll know when to ask for help and when it's your turn to shine.

As you explore, you can find creative ways to use the arts to express your feelings, thoughts, and dreams. Follow the steps below to make a mobile that reflects your radiant self.



You'll Need Two strips of 8" x 2" (20 cm x 5 cm) firm poster board ruler • colorful markers • 19 paper clips (about 1³/₄" or 4.5 cm) • scissors 8 pieces of 3" x 3" (8 cm x 8 cm) heavy paper • pencil • hole punch

Star Mobile of Me

- 1** Cut one strip of poster board into two 4" (10 cm) pieces.



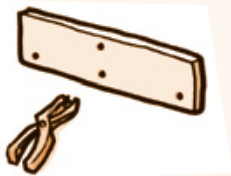
- 2** Punch a hole centered on one long edge of all three strips, to mark top for hanging.



- 3** Along bottom edge of each strip, punch a hole 1/2" (1.3 cm) from each side.



- 4** Punch another hole along bottom edge of long strip, under center hole.



- 5** On one piece of paper, draw a star that fills page and cut it out. Trace around it to create a star on each sheet. Cut stars out.



- 6** Punch a hole in top and bottom of all eight stars.

- 7** Place strips so multiple holes are at bottom. Label long strip "(Your Name)'s Best Virtues." Label one short strip "Interests and Hobbies" and one "Goals and Dreams." Repeat same labels on back.



- 8** Place stars so top holes face up. Decorate with words, designs, and pictures that describe you. Make four stars for virtues, two for interests and hobbies, and two for goals and dreams.



- 9** Link paper clips together and thread them through holes as shown. Hang stars under the correct strips.



- 10** Link a chain of three paper clips to top hole to hang and share your radiance.