

Peace It Together

“The people of this world are thinking of warfare; you must be peacemakers.” —‘Abdu’l-Bahá

Puzzled about world peace? Is peace even possible?

Sometimes wars and conflicts make it seem like a far-off dream. Problems like racism, religious prejudice, greed, and lack of education have led to a lot of suffering. Some people even think war will never end.



But the Bahá'í Faith says that people are noble beings who can choose to live in harmony. We've achieved amazing things—and we will achieve world peace, too. Countries work together in science, technology, business, and the arts. We help each other during natural disasters and other times of need. We know how to collaborate.

To live in peace, we need to see humanity as one family. When we truly feel connected as sisters and brothers, we have an easier time being patient, respectful, and fair. That helps to resolve differences between people *and* countries.

You have the power to help. Your choices every day can build peace in your family, school, and community. And that can make a *world* of difference!

How peaceful are you in everyday life? Take this quiz to find out.

- 1 I treat others as I would like to be treated.
Often=3 • Sometimes=2 • Rarely=1
- 2 I like to make friends with people from different backgrounds.
Often=3 • Sometimes=2 • Rarely=1
- 3 I think about how I can be of service to the world in my future career.
Often=3 • Sometimes=2 • Rarely=1
- 4 I donate my time, money, or stuff to those in need.
Often=3 • Sometimes=2 • Rarely=1
- 5 I use calm words to share my feelings, even if I'm upset.
Often=3 • Sometimes=2 • Rarely=1
- 6 I listen and learn when people have opinions that are different from mine.
Often=3 • Sometimes=2 • Rarely=1
- 7 When there's a misunderstanding, I'm forgiving and don't hold grudges.
Often=3 • Sometimes=2 • Rarely=1
- 8 If I see kids being bullied, I speak up for them or ask an adult to help.
Often=3 • Sometimes=2 • Rarely=1
- 9 With siblings and friends, I take turns, share, and work things out peacefully.
Often=3 • Sometimes=2 • Rarely=1
- 10 I treat girls and boys with equal respect and keep an open mind about everyone's different strengths and interests.
Often=3 • Sometimes=2 • Rarely=1
- 11 If I get angry or frustrated, I take deep breaths to calm down, so I don't take it out on others.
Often=3 • Sometimes=2 • Rarely=1
- 12 I pray and read sacred writings every day.
Often=3 • Sometimes=2 • Rarely=1



MY SCORE:

36-28 points You're a true peacemaker. Keep up the great work! Your skills will help the world.

27-19 points You often build peace and unity. Check out the tips in the quiz to add to your skills.

18-12 points You've started sorting out your peacemaking skills. Try using more of the tips above.

