AND . . . ACTION!

"Actions must be more . . . than words . . . it is actions that speak to the world and are the cause of the progress of humanity."
—'Abdu'l-Bahá

On the big screen, it's exciting when the hero leaps into action to save the day. But bravery is more amazing in real life. With determination and focus, you can make a difference in the world.

When you want to solve a problem, *taking action* is vital. For example, bullying is a big challenge for lots of kids. In one study, when bystanders stepped in, many bullies stopped within 10 seconds. Some ways bystanders can help are by distracting bullies, telling them to stop, or reporting them to an adult. You can make an impact by speaking up for kids who are bullied and encouraging others to help.

Stopping bullies may seem like a huge task, but you can start with small steps, such as making posters or writing articles for your school website. Gather a cast of helpers. Have fun learning from your experiences. Sometimes things won't go exactly as planned, but don't give up. As in a movie, "Action!" can lead to unforgettable moments.

These kids are making a movie about stopping bullies. Find the exact matching tools that help us take action.

SEE ANSWERS ON PAGE 28