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STUART & GABRIELLA: A DELICATE BALANCE



i, Stuart here! Gabriella and I are at Apo Reef in the Philippines. It's the second-largest coral reef in the world!

Corals look like rocks or plants. But guess what?
They're really animals. And coral reefs give food and shelter
to lots of ocean life — like fish, turtles, and sharks.

Reefs are amazing ecosystems. Tiny algae live inside corals and make food for them. The corals protect the algae and give it nutrients. Storms and animals wear away

the reef, but it can rebuild itself over time. Plants and animals work together to keep the ecosystem in balance.

But humans upset that balance! Pollution, overfishing, and climate change create big problems. Reefs need our help to handle these threats.

Even if you don't live by the ocean, you can help coral reefs with earth-friendly choices, like turning off lights and recycling. How do you do your part to protect our planet?

