

STUART & GABRIELLA'S EARTH CHALLENGE

Hil Gabby and I just finished our first Earth Challenge Competition with our friends. It was really fun! We each had a checklist of earth-friendly tasks to complete, and the winner got this trophy we made. Cool, huh?

Most of us want to do things to help the environment. But sometimes we get busy, or we

just forget. Challenging friends and family to a contest was exciting. And it was great to have a list of goals to keep us on track.

Try having your own Earth Challenge contest! You can use our list or make up your own for your community. When everyone pitches in to protect our planet, we all win!

Challenge your friends and see who can complete 10 of these tasks first. Add your own.

Find out and write down five facts about climate change.

Make a drawing pad out of recycled paper.

Check the faucets and under-sink pipes at home. If you find a leak, tell your parents.

Pack a lunch or picnic with only reusable containers.

Collect glass, paper, and aluminum. Find out how your city handles recycling each type.

Start a compost pile for kitchen scraps and other compostable items, such as leaves or grass.

Take a 30-minute walk with a trash bag and plastic gloves, and pick up any garbage you see.

Create a piece of art using an empty plastic container.



Research an endangered animal, and draw a picture of it.

Visit a farmer's market, and choose local fruits or veggies.

Walk or bike somewhere you would normally drive.



Go through your room and find something you don't use that you can donate.

Turn off a light that someone left on in an empty room.

Water a plant, indoors or outdoors.

Hang an earth-friendly reminder note in your house, such as "Turn off water while brushing teeth!"

Decorate scrap paper to use as gift wrap.

Time yourself taking a shower. Try to keep it within 5-10 minutes.

Unplug appliances that are not in use.

Swap books or toys with friends instead of buying new ones.



Take a break from electronic entertainment for a day.

Write a song or a poem about your favorite spot in nature.

Make a birdhouse and hang it in your yard.*

*See Nur's Nook on page 10 to find out how.