

# ART OF BALANCE

Is it possible to have too much of a good thing? When it comes to positive qualities such as kindness and love, it may not seem like it.

But even virtues can trip us up if we don't keep our balance. For example, it's great to be excited about your ability to spell, surf, or sing. But if you're not modest about your talents, that excitement might turn into arrogance.

On the flip side, if you're too humble, you might shy away from sharing your abilities with others. When you find the right balance, you can let your gifts shine without being self-centered.

Lots of virtues work as partners to help us practice moderation. When we focus on strengthening *all* of our virtues, staying balanced can be a breeze.

Fill in the letters to find eight pairs of virtues that can balance each other.



1 TE\_M\_O\_K

LE\_DE\_SH\_P

CO\_FIDE\_T

C\_\_EF\_L

HU\_\_BL\_\_

B\_\_VE

HU\_O\_\_OUS

D\_GN\_F\_ED

PLA\_FU\_\_

H\_NE\_T

T\_CT\_UL

F\_R\_IVIN  
JU\_T

H\_RD\_\_OR\_\_ING

\_\_PTIMI\_\_TIC

R\_\_ALI\_\_TIC