



How to Create a Caring Community

“The surface of the earth is one home;
humanity is one family and household.”

—‘Abdu’l-Bahá

Be kind

Be generous

Smile

Look for good things everywhere

Take time to praise others

Be a good listener

Be curious and ask questions

Say hello to a neighbor

Plant a garden

Bake cookies and share

Start a service project

Throw a party

Read a book with a friend

Join a club or start a new one

Cheer with glee for your team

Turn off your TV

Put down your phone

Tell jokes

Play outside

Learn about a friend’s religion

Find fun ways to help others

Delight in diversity

Make a friend from another country

Sing a song with your siblings

Learn to say hello in 12 languages

Laugh a lot

Invent a game

Share your hobby

Explore a new place, near or far

Pick up litter

Start a band

Thank a teacher

Bring your librarian a small gift

Talk with your elders

Draw or take a picture of your family

Tell your parents you love them

Stand up against bullying

Pray for a peaceful planet

