Did you ever think that playing games could help change the world? It’s true! Whether you love video games, board games, or sports, playing helps build communication. Everyone gets to practice focus, determination, and handling challenges. Why not invite a neighbor or your classmates to play? Your time together can help bring change and friendship to your community.

Divide into pairs. Each partner gets the same set of 20 LEGO pieces. Sit so partners can’t see each other’s work. One person builds something, then explains to the other how to assemble it, without saying what it is. No LEGO bricks? Draw a picture and describe it instead. Compare your art, then switch roles.

Form teams of 4—6 people. Everyone on a team links arms. The outsides of their shoes must touch the shoes of the people on either side. The whole team moves from a starting line to a finish line without their feet losing contact (as if glued together). If anyone’s feet stop touching, the team goes back to start. The first team to reach the finish line wins.

Write questions in permanent marker on a beach ball. For example, “What’s your favorite way to help others?” Everyone stands in a circle. Play music while tossing the ball from person to person. Stop the music! The person holding the ball reads aloud the question closest to their right thumb and gives the answer. Start the music again and keep playing.