

ARE YOU TERRIFIC AT TEAMWORK?

“Let them see no one as their enemy, or as wishing them ill, but think of all humankind as their friends . . .” —‘Abdu’l-Bahá

“Go, you guys! Great play!” Encouragement is BIG when you’re on a team. Whether it’s a sport, a club, a band, or another group, cheering on your teammates brings joy and unity. You can even be a great sport by encouraging your opponents.

On a team, your attitude makes a big difference.



Being trustworthy, modest, and helpful can inspire those virtues in others. Performances and games are more fun when you can count on people, and they can count on you.

Take a good look at your group’s spirit. What supportive actions will help you and your team make progress on the road to victory?

How are your teamwork skills? Circle your answers, then add up your points.

- 1 I’m reliable by doing what I promise to do.
Often = 3 • Sometimes = 2 • Rarely = 1
- 2 When I have an idea that will help our team, I speak up and share it.
Often = 3 • Sometimes = 2 • Rarely = 1
- 3 I cheer for other members of my team and find ways to be helpful.
Often = 3 • Sometimes = 2 • Rarely = 1
- 4 I show respect for my group’s leader or coach.
Often = 3 • Sometimes = 2 • Rarely = 1



- 5 I’m honest and tactful when someone asks for my opinion.
Often = 3 • Sometimes = 2 • Rarely = 1
- 6 When I make a mistake, I stay optimistic and try to learn from it.
Often = 3 • Sometimes = 2 • Rarely = 1
- 7 I’m friendly and courteous with competing people and teams.
Often = 3 • Sometimes = 2 • Rarely = 1
- 8 I listen carefully to others’ ideas, even if I don’t agree with them.
Often = 3 • Sometimes = 2 • Rarely = 1
- 9 I have a positive attitude and stay focused on doing my best.
Often = 3 • Sometimes = 2 • Rarely = 1
- 10 I practice, so I’m prepared to contribute to the group’s goals.
Often = 3 • Sometimes = 2 • Rarely = 1
- 11 I share the spotlight instead of always trying to be a star.
Often = 3 • Sometimes = 2 • Rarely = 1
- 12 I’m flexible if the group wants to make a change or try doing something in a new way.
Often = 3 • Sometimes = 2 • Rarely = 1

MY SCORE

36–28 points You’re definitely a positive team player. Way to support and encourage your group!

27–20 points Your cooperative skills are starting to shine through. Keep up the good work.

19–12 points You’ve made it through teamwork tryouts. Add some skills to boost your score.