

STEPPING STONES

“Stumbling blocks can be made stepping stones for progress.” –Bahá’í Writings

On your hike, you’re zipping along as you admire the rays of sunshine breaking through the trees. It’s a beautiful day, and the landscape is incredible. Then, whom! You run into a huge rock. You’re face down in the dirt. Ouch!

Of course, you don’t stay there. You pick yourself up, brush yourself off, and keep going.

Everyone faces challenges now and then. They’re not fun—

but they’re chances to grow. When life’s tough, ask yourself: What can I learn? What’s a positive way to look at this? If you fight with a friend, you can talk things over and deepen your friendship. If you don’t get the part you want in the school play, you can help with making costumes or running the lights.

Turn your stumbling blocks into stepping stones. You’ll strengthen your muscles of perseverance for your next journey.

If you find a block, imagine pushing it over and using it to make a river bridge or a smooth path. If the block doesn’t have a river or a stone-shaped gap behind it, find another path.

