Honestly Enchanting

"Beautify your tongues, 0 people, with truthfulness, and adorn your souls with the ornament of honesty." —Bahá'u'lláh

ouldn't it be exciting to wave your magic wand and reveal the truth about *anything*? Sometimes people lie to get something they want, or fib to stay out of trouble. But lies of any size put up barriers between people. It's hard to trust someone who has lied to you. Instead of feeling connected, you may wonder what the person really thinks.

It may not always be easy to tell the truth, but

you can conjure up a way. If a friend asks something private that you don't want to share, politely ask to talk about something else. If you make a mistake, admit it and help fix it. It takes courage to be honest with yourself and others. But it can feel good, build trust, and strengthen friendships.

Instead of faking the facts, focus on the magic word—**truth**—and make deceptions disappear.

