Maya's Mysteries

"Give light to our eyes, hearing to our ears, and understanding and love to our hearts." —'Abdu'l-Bahá

I SPY KINDNESS

In science experiments, it helps to have superb observation skills. When I pay close attention to anything, from plants to pollution, I make cool discoveries.

It's amazing to observe the people around me, too. I love to see all the ways that people practice kindness. I've found that when we pay attention to and appreciate each other's thoughtful actions, it encourages the spread of even more positivity. Imagine the world if everyone made observations like these!

What acts of kindness do you catch at home, at school, or in your community? Create this "I spy" game to play with family and friends. It's a great way to practice your powers of perception.

YOU'LL NEED

white paper • 10–20 trinkets or words that express kindness • clear sheet protector • scissors • glue sheet of thick paper • hole punch • binder ring • 3-ring pencil pouch with clear window and zipper about 1 lb. (454 g) assorted beads • digital camera, printer, and printer paper *or* pencil and markers

CREATE A FUN "I SPY" GAME

1 Set trinkets on white paper in neat rows. Take pictures and make prints (or draw them on paper).

2 Glue drawing or photo onto thick paper. Trim excess paper. Place inside sheet protector against its crease.

3 Trim excess protector. Punch hole in corner of key card. Attach card to pouch with ring.

4 Put all beads and trinkets in pouch, zip, and shake it up.

TO PLAY

Have friends time each other to see who can be the quickest to spy all the items! For new challenges, switch trinkets and key card to another theme, such as animals or nature.