

# UPROOTING RACISM

“We must endeavor to free the soil of the hearts from useless weeds and sanctify it from the thorns of worthless thoughts . . .” –Abdu’l-Bahá

**L**ike weeds that are hard to eliminate, the roots of racism grow deep in our society. Though laws can protect people, some groups still don't have fair opportunities for jobs, education, housing, healthcare, and more. And just as weeds can damage a garden, unfairness stops everyone from growing to their full capacity.

We all need to dig deep within ourselves and root out prejudice. We can start by being friendly to people

who are different from us. Watch for assumptions about people based on how they look. Listen to everyone's thoughts with respect. Be alert to the negative ways that minorities are often portrayed in the media. Find out more about injustice and share what you learn.

Picture our human family as a garden of flowers in every color. Keep pulling those weeds of racism, patiently and persistently, until every last one is gone.

In this community garden, find nine items that will help to uproot racism.



BRAVE BASKET



CARING CART



GENTLE GLOVES



HUMBLE HOE



PATIENT PRUNERS



RAKE OF RESPECT



SINCERE SHOVEL



TACTFUL TROWEL



WISE WATERING CAN

