

How Welcoming Are You?

“The world of humanity . . . is like a garden, and humankind are like the many-colored flowers.” –‘Abdu’l-Bahá

Have you ever moved to another town or started going to a new school? It’s not easy being the new kid and trying to make friends. What a relief when someone starts talking to you or invites you to join their game.

Being the new kid may only last a short time, but other differences – such as skin color, ethnicity, or religion – are part of who a person is. Some people see such differences

as a reason to stay away. But the Bahá’í Faith celebrates diversity. Like the flowers in a garden, diversity makes our world beautiful and interesting.

Being inclusive, or welcoming, shows people that you respect them and appreciate the things that make them unique. What are your favorite ways to connect with others?

Are you a welcoming person? Circle your answers, then add up your points.

1 I try to make friends with people from diverse cultures.

Often = 3 • Sometimes = 2 • Rarely = 1

2 In a group project, I listen carefully to everyone’s ideas.

Often = 3 • Sometimes = 2 • Rarely = 1

3 I’m patient and friendly with new people.

Often = 3 • Sometimes = 2 • Rarely = 1

4 I encourage friends to welcome diverse kids into our group.

Often = 3 • Sometimes = 2 • Rarely = 1

5 I avoid making assumptions about people based on their looks.

Often = 3 • Sometimes = 2 • Rarely = 1

6 If a classmate looks lonely, I go over and talk to them.

Often = 3 • Sometimes = 2 • Rarely = 1

7 I learn about diverse people and world cultures.

Often = 3 • Sometimes = 2 • Rarely = 1

8 I try to stand up for kids who are bullied for being different.

Often = 3 • Sometimes = 2 • Rarely = 1

9 When I meet a new person, I smile, say hello, and learn something about them, if possible.

Often = 3 • Sometimes = 2 • Rarely = 1



10 I invite kids who are different from me to hang out at my house.

Often = 3 • Sometimes = 2 • Rarely = 1

11 I speak up if I hear an insult or joke about a race or group.

Often = 3 • Sometimes = 2 • Rarely = 1

12 I try to set a good example by speaking kindly to everyone.

Often = 3 • Sometimes = 2 • Rarely = 1



My Score

36–28 points: You’re a world citizen who is wise in the ways of making people feel welcome. Way to go!

27–20 points: You’re connecting with others and building unity. To polish your skills, try another tip from the quiz.

19–12 points: It takes courage to reach out to others. For more practice, try some tips from the quiz.