

ZEKE & RHOMBUS: UNIVERSAL EMOTIONS

Greetings! Zeke here, with my pet, Rhombus. We're touring the galaxy to study peace. In our travels, we've learned that even on peaceful planets, we can't *always* be happy. All beings—if they have feelings—are sad sometimes. Life is full of changes and challenges. Some are really hard, like illness, disappointment, or even death.

When I'm sad, I talk to my family and friends. I look at the stars and focus on all the amazing things that God created in the universe.

Sometimes, with Rhombus's help, I feel better quickly. Other times I try these Happiness Hints. Soon I'm shining like Earth's Sun. Helping others is one of my favorite tips, so it gives me a lift to share our list with you!

USE THE ZILIZAG CODE TO COMPLETE OUR HAPPINESS HINTS.

- 1 Take a walk in _____ that's found _____ on your planet.
⊕ ⊖ ⊙ ⊛ ⊜ ⊝
- 2 Spend time with family and _____ of any species.
⊞ ⊟ ⊠ ⊡ ⊢ ⊣ ⊤ ⊥
- 3 _____, write, or create a piece of art.
⊦ ⊧ ⊨ ⊩ ⊪ ⊫ ⊬ ⊭
- 4 Keep your body _____ with exercise, nutritious food, and sleep.
⊮ ⊯ ⊰ ⊱ ⊲ ⊳ ⊴ ⊵
- 5 Say _____ and meditate in a quiet, calming place.
⊶ ⊷ ⊸ ⊹ ⊺ ⊻ ⊼ ⊽
- 6 Listen to upbeat or soothing _____ from a new culture or galaxy.
⊾ ⊿ ⊿ ⊿ ⊿ ⊿ ⊿ ⊿
- 7 Write down three things that make you feel _____.
⊿ ⊿ ⊿ ⊿ ⊿ ⊿ ⊿ ⊿
- 8 Memorize an inspiring _____.
⊿ ⊿ ⊿ ⊿ ⊿ ⊿ ⊿ ⊿
- 9 Learn something new that sparks your _____.
⊿ ⊿ ⊿ ⊿ ⊿ ⊿ ⊿ ⊿
- 10 _____ good times by looking at family photos or holograms.
⊿ ⊿ ⊿ ⊿ ⊿ ⊿ ⊿ ⊿

ZEKE'S ZILIZAG DECODER

A ⊕	C ⊞	E ⊞	G ⊖	I ⊖	K ⊙	M ⊙	O ⊛	Q ⊙	S ⊖	U ⊛	W ⊤	Y ⊞
B ⊖	D ⊞	F ⊞	H ⊖	J ⊞	L ⊙	N ⊙	P ⊙	R ⊛	T ⊙	V ⊙	X ⊤	Z ⊛