

Are You a Community Builder?

“The part of youth is very great; you have the opportunity to really determine to exemplify in word and deed the teachings of Bahá’u’lláh . . .” —Bahá’í Writings

What does “community” mean to you? It can be the place where you live or a group you share an interest with (like music or dance). It’s also a feeling of togetherness. In Hawaiian culture, people express unity, respect, and love with the word *aloha*. It’s used for hello or good-bye, but the “aloha spirit” also conveys warmth at any time.

Like dropping a pebble in a tide pool, your actions can start a flow of kindness that ripples out to reach many others.

Think about ways to build love and friendship with those around you. You can smile at people, listen to them, or write an encouraging note. You can help a parent, friend, or neighbor with a chore. How will you make ripples today?

Do your actions help to build unity?

Circle your answers, then add up your points.



1. I enjoy learning about cultures that are different from my own.

Often = 3 • Sometimes = 2 • Rarely = 1

2. I express my appreciation at events for the people who work to make them happen.

Often = 3 • Sometimes = 2 • Rarely = 1

3. I treat everyone with kindness and compassion, no matter what their background.

Often = 3 • Sometimes = 2 • Rarely = 1

4. If someone is being excluded from a group, I try to include them.

Often = 3 • Sometimes = 2 • Rarely = 1

5. I like to cooperate with others on events or service projects.

Often = 3 • Sometimes = 2 • Rarely = 1

6. At community gatherings, I find out how I can be helpful.

Often = 3 • Sometimes = 2 • Rarely = 1

7. If someone makes a racist joke or comment, I speak up.

Often = 3 • Sometimes = 2 • Rarely = 1

8. I like to use my unique skills or talents to make people happy.

Often = 3 • Sometimes = 2 • Rarely = 1

9. I make a point to welcome new people in my area.

Often = 3 • Sometimes = 2 • Rarely = 1

10. When someone is kind to me, I show my appreciation.

Often = 3 • Sometimes = 2 • Rarely = 1

11. At events, I greet people and make them feel welcome.

Often = 3 • Sometimes = 2 • Rarely = 1

12. I show respect for my parents, teachers, and elders in my community.

Often = 3 • Sometimes = 2 • Rarely = 1



MY SCORE

36-28 POINTS You know how to spread joy and connect with others in your community. Keep making ripples!

27-20 POINTS You’re learning how to uplift your community. Try a tip from the quiz to sharpen your skills.

19-12 POINTS You can boost your community-building skills. Begin by trying a couple of tips from the quiz.