## LIONHEARTS

'Their qualities of fearlessness, consecration, and detachment . . . impress themselves upon everyone . . . How striking, too, is the young age at which so many of those lionhearts made their indelible mark on history." —Bahá'í Writings

symbol of royalty and strength across cultures. The Bahá'í writings refer to some early followers of the Báb as "lion-hearted" for their courage while being persecuted. With the force of lions, whose thunderous roars can be heard for miles, many Bábís sacrificed their lives for their faith.

The lion is often seen as the "king" of animals. Lions are the only big cats that live in groups called **prides**.

Males protect the group, and females lead the hunt. Since the pride works together, lions have the power to take large prey, such as hippos and buffalos. Lions help to keep the ecosystem in balance by limiting the number of herd animals.

When we need to stand up for justice or truth, we can turn to our "pride" of friends and family for help. Inspired by the lion-like bravery of young Bábí heroes, we can fiercely pounce on fears and challenges.

