

# Cuttlefish Community



**W**hat has eight arms, two tentacles, and wild stripes? It could be a cuttlefish! It's no joke—like octopuses and squid, cuttlefish are super-smart masters of disguise. When cuttlefish flex their muscles, pigment cells shift, bringing different colors to the surface of their skin. They can make countless colors and patterns. This enables them to blend in with the background and hide or helps them attract a mate.

It would be cool if we could quickly transform into

someone smarter or faster. But it's even more satisfying to alter the patterns of our lives to become kinder, braver, or more patient. We can start a wave of positive action that flows to others.

We can't change our lives with the simple flex of a muscle. But with effort, prayer, and help from family and friends, we can bring our virtues to the surface. In time, we can transform ourselves, our communities, and the world!



Find nine cuttlefish using their virtues to transform themselves and their community.

