

# Maya's MYSTERIES

"Service to humanity is service to God." —'Abdu'l-Bahá

WE LOVE HELPING NATURE!



## BLOOM WITH SERVICE

**M**y junior youth group has been reading cool stories about 'Abdu'l-Bahá. He always found ways to help people around him, especially those who were poor or sick.

'Abdu'l-Bahá also loved nature. He helped plant the gardens at the Shrine of Bahá'u'lláh, his father. He enjoyed flowers and took walks in parks and gardens. I love nature, too. Reading those stories inspired me

to want to care for the environment even more.

To honor 'Abdu'l-Bahá's spirit of service and love of nature, our group cleaned up a hiking trail by my house. It was fun to do a service project outside, and the trail looks beautiful again!

How do you like to be of service? Check out these ideas we came up with to help our Earth and spread love.



## SPROUTS OF SERVICE

Invite friends and family to see how many of these services you can do in two weeks. Add your own ideas, too.

- Find a story about 'Abdu'l-Bahá admiring nature, and share it with a friend.
- Invite friends to capture nature with art. Find a location to photograph or draw together, then share your creations.
- Invite a family member or friend to go outside and meditate on the beauty you see, then share your thoughts.
- Plant flowers that are native to your area to attract pollinators like butterflies, bees, and hummingbirds.
- Turn off the TV and other electronics, and have a game night with family and friends.
- Offer to water a neighbor's plants when they're on a trip.
- Plant a tree or garden in honor of a loved one.
- Create a homemade art project for an elder using recyclable materials.
- Ask your family to bike or walk to an event instead of driving.
- Host a prayer gathering outside. It could be in a backyard, at a park, or at the beach!
- Offer to help an elderly neighbor with a garden project.
- Write a poem, story, or song about caring for Earth and share it with friends and family.
- Learn three facts about an endangered species in your area and find out how you can help.
- Learn three fun facts about a landmark in your area, then share your findings with a friend.
- Ask a sibling or friend to do a science experiment with you. One idea: *Maya's Mysteries: How Earth Heats Up\**
- Make a bird feeder out of recyclable materials.
- Visit a farmer's market to find local fruits and veggies.
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