

Giving Thanks: Make a Super Gift

“Real thankfulness is a cordial giving of thanks from the heart.” –‘Abdu’l-Bahá

Our mail carrier, Mr. Bumble, is amazing! Rain, snow, or shine, he buzzes around the neighborhood delivering letters and packages. He always waves or says “Hello!” Even in storms or other challenging times, he perseveres and does his work with patience and kindness. He’s like a superhero!

Another one of my heroes is my fun and helpful

teacher, Ms. Violet. Today, I’m making gifts for both of them to let them know how much I appreciate them. A homemade gift shows that I put time, thought, and care into making something unique just for them.

Who’s a person you’re grateful for? What do you value most about them? Create your own thank-you gifts for superheroes in your community!



You'll Need

- approx. 6" x 2" (15.2 x 5.1 cm) candy, granola, or dried fruit bar
- tacky glue
- ruler
- tape
- 6" (15.2 cm) square decorative paper
- markers
- construction paper
- scissors
- optional: pipe cleaner, stickers, craft hair, or craft fur
- pencil
- yarn

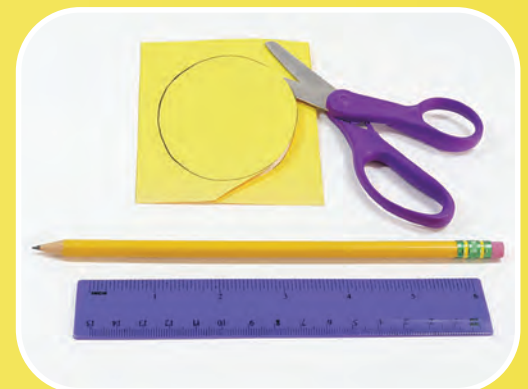
- 1 Center bar on decorative paper so top edges meet. For cape, pull paper's top corners down to snugly overlap front of bar. Secure corners with glue. Press cape's sides to create creases.



- 2 Flip bar over. Tape center of 10" (25.4 cm) piece of yarn along top edge of cape to make arms. Flip bar to front.



- 3 For the head, use pencil to draw 3 1/4" x 2 1/2" (8.3 x 6.4 cm) oval on construction paper. Cut out.





- 4 Use rolled pieces of tape to secure head to top of bar. Bottom third of face should overlap cape's neckline.



- 5 Draw eyes or mouth on construction paper. Cut out and glue to head. Add nose or other details with markers.



- 6 Optional (for bug): (a) Flip hero over. Fold pipe cleaner in half and curl ends. Tape folded portion to back of head. (b) Draw wings on construction paper. Cut out and glue to upper back, so they extend from sides. Flip hero to front.



- 7 Cut 2 1/4" (5.7 cm) square of construction paper. Write a message to your super friend, parent, teacher, or helper.



- 8 Use rolled piece of tape to secure message under hero's chin. Glue yarn tips to sides of square, so hero holds message.



- 9 Glue yarn, craft fur, or craft hair to head. Decorate gift with stickers or markers. Have fun creating different designs for the heroes in your life!

