

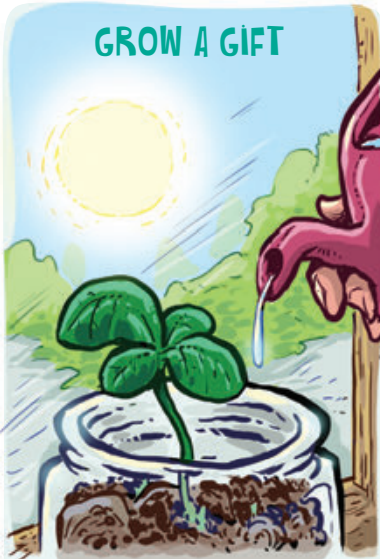
FUN IN FEBRUARY

“You must become distinguished for . . . service to the human world, for love toward every human being, for unity and accord with all people . . .” — ‘Abdu’l-Bahá

It's time to get ready for Ayyám-i-Há! How do you and your family prepare for these days of celebration (February 25–28 in 2017)? Some quieter plans involve reflecting on the upcoming Nineteen Day Fast,* saying prayers, singing songs, and giving thanks to God.

Maybe you have a service project in mind, such as helping elders with chores. Or do you want to make special gifts or treats for family, friends, and neighbors? Since hospitality is one reason for this season, who will your family invite to join you? Try these ideas for having fun together.

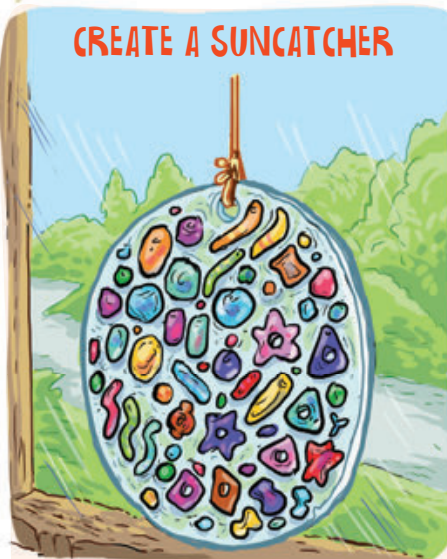
GROW A GIFT



In early February, put about two inches of small rocks in empty jar (for drainage). Fill with potting mix to about an inch below top of jar. Sow herb seeds, cover with another inch of soil, and add water.

Label jars and add instructions to put herbs in a sunny spot indoors and water lightly as needed. Give those sprouting plants away!

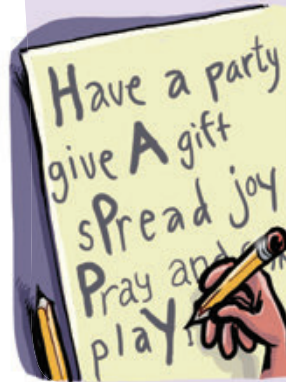
CREATE A SUNCATCHER



Pour white glue and even out a thick layer into a five-inch wide lid from an empty plastic container. Arrange colored glass gems or beads closely together on top of the glue. Spread a thin layer of glue on top of your design.

Let dry three or four days, then peel glue out of lid. Use a needle and yarn to poke through a thick edge section of dried glue. Tie yarn in loop and hang in sunny window.

AYYÁM-I-HÁ POETRY



Split into groups of four or five. Each team will create an acrostic poem, where each line starts with (or includes) a letter in the phrase “HAPPY AYYÁM-I-HÁ.” See who can come up with the funniest and most original poem.

SNOWBALL RELAY RACE



Create two teams, and give each team a cotton ball and a magazine. Mark a start and finish line. The first racer on each team fans cotton ball with magazine to blow it across the room (or table), then back to their team.

The player hands magazine and “snowball” to the next person. The team who finishes first, wins.



*During the Bahá'í Fast, March 1–19 in 2017, Bahá'ís ages 15–70 do not eat or drink between sunrise and sunset.

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