

# SWEET MOMENTS

“The sweetest moments of all for any enkindled heart are those spent with spiritual sisters and brothers . . .” —The Universal House of Justice

The festival of Ayyám-i-Há (February 25–28) brings extra fun and fellowship! During this joyful holiday, families and communities celebrate with parties, service projects, performances, gifts, and more. Bahá'ís also prepare for the Bahá'í Fast (March 1–19), a time of spiritual renewal. Ayyám-i-Há is a perfect time to invite friends of all faiths to get together, enjoy delicious food, share creative talents, and strengthen friendships. Check out these ideas for your festivities.

## A POP OF LOVE



Cut five 3" hearts from colorful construction paper. Fold each in half. Glue back half of one heart to matching back half of another heart. Continue until all are connected in a 3D heart. In center of a blank card, glue back left flap of 3D heart to left side of card. Glue back right flap of 3D heart to right side of card, so heart pops open when card unfolds. Add an uplifting quote and give to a friend.

## MYSTERY PHOTOS



Ask guests to bring a photo of themselves as a baby or kid (no originals, please!), and three facts about their childhood. Glue each photo to a colorful piece of paper, and write facts on the back. Number photos and attach to a board. Guests write down who is in each photo. Host reads the facts on the back of each photo, and people share their guesses.

## BLOSSOMING FRIENDSHIPS

Give paper and markers to each team of 4 people. Each group draws a large flower with a center and 1–3 petals per person. In flower's center, group members write 5 things they have in common. Focus on interests (“We all like to sing”), not general things (“We all ate lunch”). Each person writes a unique fact about themselves on their petals and decorates them. Teams share finished flower with larger group.



## APPLE COOKIES

Remove the cores from several apples. Slice the apples into rings. Spread with almond butter or your favorite nut butter. Add granola, chocolate chips, shredded coconut, or other toppings.

