

DAYS OF LIGHT AND JOY

"With faces joyous and beaming with light, associate with your neighbor." —Bahá'u'lláh

It's time to celebrate! From February 25–March 1, Bahá'ís invite their friends and neighbors to fun parties and gatherings. These are days for joy, hospitality, gift giving, and service. Bahá'ís also prepare for the Fast (March 2–20), when those aged 15–70 don't eat or drink between sunrise and sunset. Here are some activities to brighten your festivities!

BALLOON BOP

Choose a Bahá'í quote to memorize together. Give each person a paper plate to decorate, then tape a jumbo craft stick to the back.

Blow up a balloon and use the plates as paddles to pass the balloon around. When someone hits it, they say the next word of the quote (others may help if needed). Start over if you forget a word or a player misses the balloon. Play until you can easily recite the quote.



FRIENDLY FLIGHTS



On a sheet of paper, each person writes their favorite community activity, a virtue they admire, a hobby, a favorite food, and a future goal. Fold the sheets into paper airplanes.

For one minute, have fun flying planes around the room to mix them up. Then everyone finds a new plane and opens it to read the answers. Guests mingle until they find the writer of their plane's message.

FELT HEART HUGS

Cut two heart shapes from felt. Sew together or seal with fabric glue, leaving a small opening. Fill with toy stuffing, then seal the opening.

On 1" x 3" cardstock, write a Bahá'í quote about love and punch a hole in the top. Thread 4" of yarn on a needle, draw it through the heart, and tie it to the card. Give the heart to someone you love.



MARSHMALLOW POPS



Thread three large marshmallows on a cake pop stick or a paper straw. Melt 1½ cups of chocolate chips. Use a spoon to spread the chocolate over the marshmallows. Tap to remove excess chocolate.

Decorate them with sprinkles, chopped nuts, or small candies. Let dry on waxed paper and serve!

