

Gabriella Zooms into Nature

Have you ever noticed how shadows dance through the trees on a windy day? Have you studied the tiny veins on a leaf? Nature is bursting with fascinating things to see, hear, touch, and smell. Wherever you live, you can investigate the world outside. All it takes is a spirit of curiosity and time in nature.

As you explore, pay close attention to details like light, colors, and reflections. Study patterns and textures. Look at things from different angles—close up, far away, or even upside down. Use all of your other senses—how do the birds sound? How does the air smell?

Each created thing has something to teach us. What virtues come to mind when you see rain falling on a garden? What can you learn from a mother bird and her nest? Step outside and let God's creation touch your spirit. Keep track of your discoveries with notes, drawings, or photos.

