

Shine Bright

“Polish the mirrors of hearts in order that they may become illumined and receptive of the divine light.” –Abdu’l-Bahá

When light streams into a room and you look in a mirror, you’ll see a clear image shining back. In a similar way, the love of God is like a light, and you can be a mirror that reflects it.

Challenges such as selfishness or dishonesty are like dust on a mirror—they block your radiant strengths. But you

can clear away the grime. If you make a mistake or hurt someone’s feelings, apologize sincerely. Reach out to others with kindness. Lend a hand with a task or tell a friend how much you appreciate them. Prayer and meditation are refreshing, too.

With a polished mirror, your virtues will shine bright and help illuminate the world!

Draw yourself doing an activity with friends that helps your spirit shine, like being creative or kind. Add qualities you see in yourself around the frame, then add a title at the bottom.

