

My Inner Gems

“Ye are My treasury, for in you I have treasured the pearls of My mysteries and the gems of My knowledge.” –Bahá’u’lláh

Imagine you’re on a treasure hunt. While you explore, you’re seeking the gems inside you—unique qualities you can polish and share with the world. As you try out different activities, learn about new interests, and visit cool places, you may discover some of those gems.

Treasure hunting takes time and effort. You’ll dig through some dirt and rocks to get to the good stuff. Thinking about what brings you joy and energy can help you find a clear path. The more you look, the more likely you are to uncover your own brilliant gems and make them shine!

Name:



Three things I love to do:

A song that cheers me up:

My favorite part of the day:

My strongest virtues or qualities:

Virtues or qualities I’m working on:

People who encourage and support me:



What helps me overcome a big challenge:

Some things I’m good at:

Some things I’d love to learn about:

A project or class I really enjoyed:

Something that fills me with awe and wonder:

A place I’d love to visit:

Three things I’m thankful for:

What always makes me laugh: