

Maya's MYSTERIES

“Bahá’u’lláh came to bring unity to the world, and a fundamental unity is that of the family.” —Bahá’í Writings

WHEN WE BALANCE THE DIVERSE PIECES, IT'S BEAUTIFUL!



OUTDOOR ART

Guess who got the summer job of taking care of her little sibs twice a week? That’s right—me! We’ve been having fun playing tennis, going to Taiko drum class, and helping in the garden. Today we’re mixing two of my fave things, nature and art!

Nature has so many cool colors and patterns; it always

inspires me with creative ideas. To collect nature items, we don’t harm any plants or animals—we just pick things up.* My sibs love it, and I learn a lot, too. Today, as we were gathering stuff, I realized how diverse nature is—just like my family and our community. All that diversity is beautiful! Try out our nature-inspired art projects.

CREATIVE FUN



MANDALA MEDITATION

A mandala is a spiritual symbol in many cultures. In some traditions, the circle stands for the universe. You can meditate by focusing on the mandala and imagining you’re moving slowly to the center. To make one, find a flat surface. Collect nature objects like leaves, stones, sticks, and pinecones, and thoughtfully arrange them in a creative design.



WILD WINDCATCHER

Find an arm-length stick. Gather diverse nature items. Cut natural string or twine in different lengths. Tie items to strings so they dangle from the stick. Tie a string to each end of the windcatcher for hanging.

NATURE PORTRAIT

Make a face by using pebbles or leaves for an outline, or draw a shape in sand or dirt. Use leaves or pine needles for hair and other nature objects for facial features. You can make yourself, your dog, or your whole family. When done, take a photo or draw a picture of it.



SUN PRINTS

On a sunny day, arrange nature items on dark-colored construction paper. Cover with a plastic sheet protector held in place with rocks or an empty picture frame. Wait 4–6 hours. Once the paper color fades, you have a sun print! Create a card from it, or give it as a gift.

