

# THE OVERVIEW EFFECT

“Every part of the universe is connected with every other part...” –‘Abdu’l-Bahá

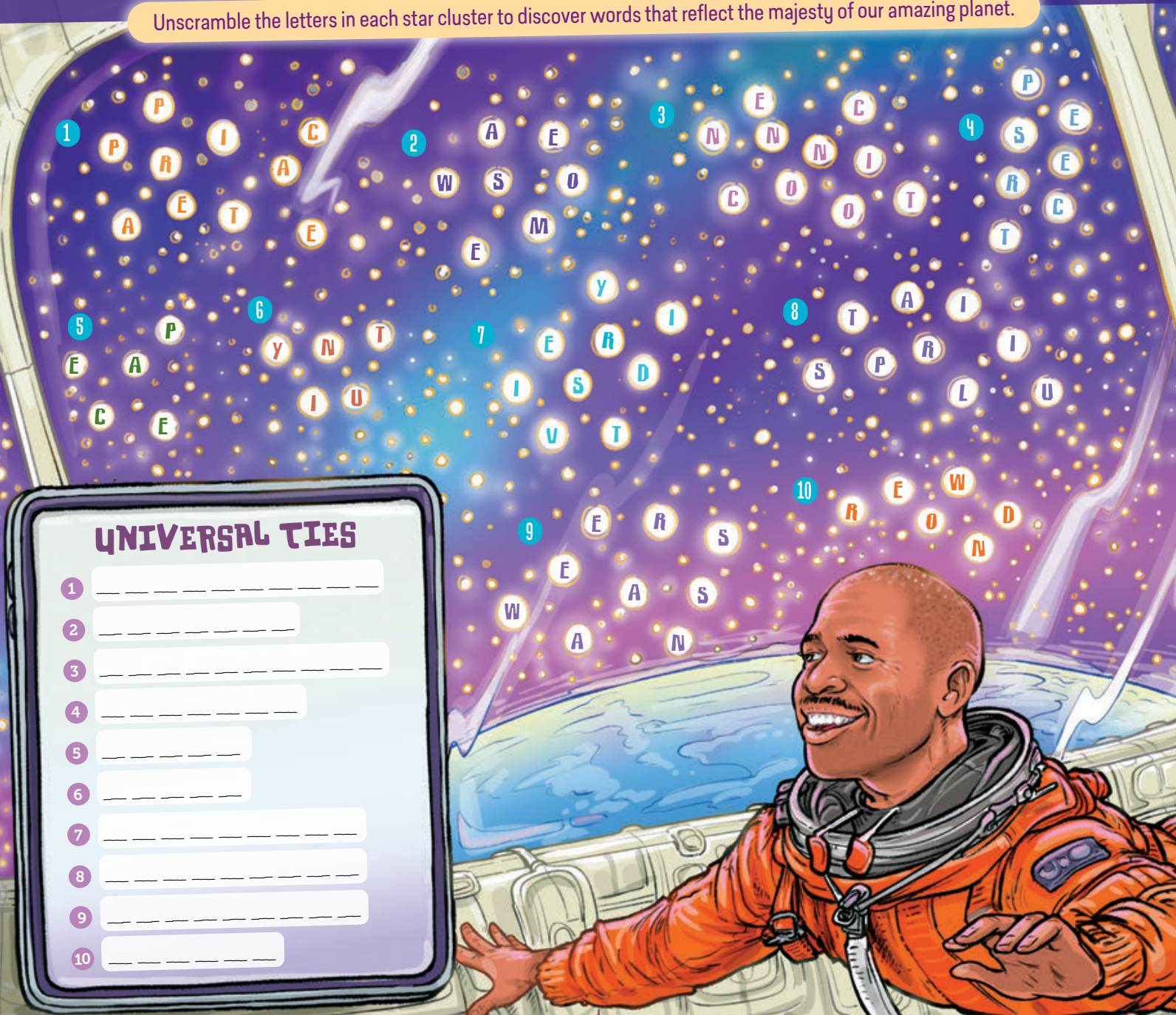
**W**hen astronauts see Earth from space, they often marvel at how their outlook changes. NASA Astronaut Leland Melvin said, “I looked back at the planet, and it was just stunningly beautiful, all the colors, the mountains, the oceans...”

As he shared a meal with astronauts from around the globe, he said, “This was my ‘Aha!’ moment. This was the

moment where I realized that my perspective had changed... It changed the way I wanted to interact with people when I came back home. That’s called the **overview effect**.”

When we gaze at the stars, meditate, or pray, we can try to focus on a similar feeling of connection and wonder. By keeping in mind that we’re all part of one human family, we can choose words and actions that build true unity.

Unscramble the letters in each star cluster to discover words that reflect the majesty of our amazing planet.



## UNIVERSAL TIES

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