

Interview a Stargazer

Have you ever had a heart-to-heart talk with a friend or family member? When someone opens up to share their stories or feelings, it means they trust and appreciate you. When they listen to you in return, you may feel understood or loved. It's a great feeling to have this mutual openness and respect.

Choose a person you'd like to know better, and ask to interview them. Use these questions to start. Put away devices or distractions, focus on the person, and listen closely. The things you learn may surprise and inspire you! With their okay, share your interview with us at brilliant@usbnc.org. We'd love to see it!

Stargazer's Name

Birthplace

Birth Year

Draw your Stargazer's portrait, or attach a photo of them.

Draw your Stargazer doing what they love, or attach a photo.

What's one of your favorite memories?

Where do you live, and what's your favorite thing about it?

What are some things that make you happy?

If you could have a superpower, what would it be, and why?

Reflections

Virtues I see in this Stargazer:

Things we have in common:

Something interesting I learned:

What happens when you connect with others?

- Good friendships can boost your happiness and self-esteem. They give you a sense of belonging.
- Close friendships can help make you more resilient, so you bounce back from challenges.
- You build trust and empathy. If you have a disagreement, you're more likely to find the patience to resolve it.
- You can turn to them for support when you need it. It's great to know that someone's got your back.
- You can be your true self around them. They accept and encourage you, and you do the same for them.
- Listening deeply and talking openly with others are valuable skills that enhance all areas of life.

Draw your Stargazer with their family or friends, or attach a photo.

What places in the world would you love to visit, and why?

What's a big challenge you had, and how did you handle it?

If you could fix a global problem, what would you choose, and why?

What three things are you most thankful for?

When you're feeling sad or stressed, who or what helps you?

What's your greatest wish for the kids and youth of the world?
