

Maya's MYSTERIES

"Every part of the universe is connected with every other part by ties that are very powerful and admit of no imbalance..." —Abdu'l-Bahá

EXPLORING NATURE IS A GREAT WAY TO CONNECT!



CONNECT IN NATURE

I had fun hanging out with my friend Zoe today. I hadn't seen her since she moved out of our neighborhood. It felt like *forever!* At first we were kind of quiet. Then I suggested going for a walk in the woods with my dog, Pinecone. Did you know that nature can help people connect? Spending time outdoors together can boost gratitude and wonder. That can make us feel happy and more open-hearted.

It felt easier to talk to Zoe surrounded by the trees and the warm sunshine. It inspired us to have a fun photoshoot with Pinecone too. We found lots of pinecones for him to pose with. He looked so cute! We also came up with these ideas for having fun outside with friends. We're going to get together with other friends in the neighborhood and try them out. Zoe and I felt like our old selves in no time!

FRESH AIR FUN

MAZE OF TRUST

Create a maze with sticks, rope, or stones. Break into pairs. Player 1 puts on a blindfold, and Player 2 places hands on their shoulders and guides them safely through the maze. Then switch places, so Player 2 is blindfolded.



PHOTO HUNT



Make a list of cool things to find on a nature walk. Divide into teams, and give each team a copy of list. Take a walk and snap photos of the items. Then share your images. List ideas: animals playing, something colorful, body of water, item that looks like a smile, cool pattern, etc.

AMOEBTA TAG

Choose 1 or 2 Amoeba Taggers. When an Amoeba Tagger tags someone, they hold hands to join. When a chain has 4 Amoeba Taggers, it splits into 2 groups of 2. If a chain breaks, players must join together before tagging anyone. Play until everyone is caught.



PLAY NATURE BINGO

Scan the QR codes for these fun ways to explore nature with friends and family!

INCLUSIVE Shares group of items	FRIENDLY Gathering of animals	BEAUTY Something colorful	NURTURING Strong roots	TEAMWORK Cautious walking together
HARMONY IN NATURE				
SUPPORT Items leaning on each other	LOVE Looks like a heart	HARMONY Sounds good together	POSITIVE Looks like a smile	WONDER Spirits, secrets, or magic



AWK Something amusing	CURIOUS Nature looking around	FRIENDLY Looks like it's smiling	JOY A cheerful sight	PEACE A calming creature
NATURE'S VIRTUES				
HUMOR Makes me smile or laugh	DETERMINED Going to an unusual way	GENTLE Soft, smooth texture	LISTENING Alert, still creature	REVERENCE Makes me feel spiritual

