

Are You Building a Brighter World?

“Dedicate the precious days of your lives to the betterment of the world . . .” –Bahá’u’lláh

If a crystal ball could show you the future, what do you think you’d see? It may be hard to imagine. When you hear scary news about climate change, disease, or war, you might wonder if the world will ever be peaceful.

But you can also find positive stories of people who give to others or create awesome inventions. We can all help build a brighter world. You have your own stories to tell!

Like constructing a bridge, building a new world calls for dedication and positivity. Focus on actions you can take. When you show kindness to a friend who’s stressed, help out in your community, or speak up about injustice, you put another brick in place. Piece by piece, your efforts add up, and you develop more skills. One day, you may be surprised at the amazing world you’ve helped create!

Do you focus on building a brighter world?
Circle your answers, then add up your points.

Try this quiz online! Scan code
to go to *Brilliant Star*’s website.



1. I focus on the positive things in life, even when I’m facing challenges.
Often = 3 • Sometimes = 2 • Rarely = 1

2. When I’m worried, I talk to trusted people and do things like go out in nature, make art, or pray to feel better.
Often = 3 • Sometimes = 2 • Rarely = 1

3. I try to learn about and make friends with people from all cultures, faiths, and backgrounds.
Often = 3 • Sometimes = 2 • Rarely = 1

4. When I have a question, I search for truth and make up my own mind.
Often = 3 • Sometimes = 2 • Rarely = 1

5. When I make a mistake, I keep my cool and try to learn from it.
Often = 3 • Sometimes = 2 • Rarely = 1

6. I find ways to help my family, community, and school.
Often = 3 • Sometimes = 2 • Rarely = 1

7. I encourage others and tell them what I appreciate about them.
Often = 3 • Sometimes = 2 • Rarely = 1

8. Every day, I think about what I’m thankful for and express my gratitude.
Often = 3 • Sometimes = 2 • Rarely = 1

9. I try to see the good in everyone and remember we’re all one human family.
Often = 3 • Sometimes = 2 • Rarely = 1

10. When I disagree with someone, I try to understand their side of things.
Often = 3 • Sometimes = 2 • Rarely = 1

11. In groups, I focus on what we have in common and ways we can cooperate.
Often = 3 • Sometimes = 2 • Rarely = 1

12. I am honest and trustworthy, and I follow through with what I say I’ll do.
Often = 3 • Sometimes = 2 • Rarely = 1



My Score

36–28 POINTS You’re taking action to build a brighter world! Keep up your efforts with joy and confidence.

27–20 POINTS You’re making progress at building a new world. Try a tip from the quiz to add more tools to your toolbox.

19–12 POINTS You can develop your strengths to help build a better world. Try some tips from the quiz.