

Sailing Toward Peace

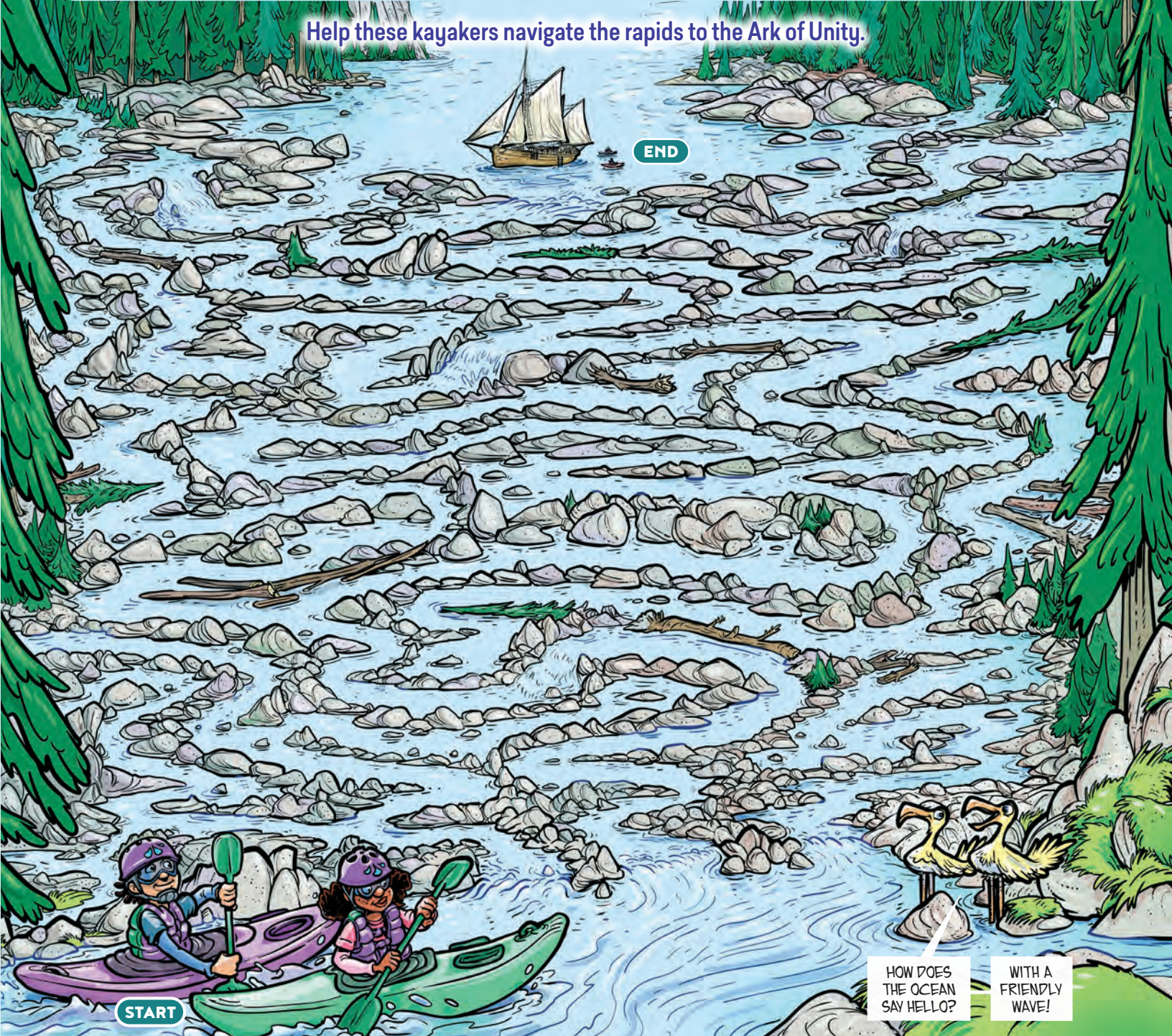
You've been counting the days to your kayaking trip, and it's finally here! You strap on your helmet and life jacket, hop into your kayak, and start paddling with joy. Then the wind gets fierce! Choppy waves slap your boat and jagged rocks appear. You sing prayers to stay calm as you seek tranquil waters.

Our human family is similar to a vast, mighty sea. Our diverse cultures and ways of life are like waves dancing on the surface. Beneath our differences, we are one, and we're all connected.

When the troubling winds of prejudice, backbiting, or other forms of disunity shake our world, it can help to focus on what we have in common. Ask questions and listen to other points of view. Pray for guidance. If you feel frustrated, sad, or overwhelmed, talk with a trusted friend or family member.

Every journey has its storms, but we can try to learn from them. With hope and perseverance, we can navigate toward peace.

Help these kayakers navigate the rapids to the Ark of Unity.



START

END

HOW DOES
THE OCEAN
SAY HELLO?

WITH A
FRIENDLY
WAVE!