

Do You Connect with Your Community?

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What do you do when someone new moves to your neighborhood? You might feel shy about saying hi for the first time or asking them to hang out. But being brave enough to speak up helps build a strong community.

Sometimes, people can be in the same place for a long time without getting to know each other. Maybe we mostly send texts or chat in video games. We might not ask for help from others, even if we really need it.

Building community is about taking small steps to include more people in your life. You might invite a new classmate to eat lunch with you. Or you could ask friends to help you plan a clean-up day on your street. Community helps us learn from others, increase unity, and solve problems.

Connecting with others can often boost happiness. When you help build your community, you make life better for yourself and everyone around you!

Are you building community with friends and neighbors? Circle your answers and add up your score.

Try this quiz online! Scan the code to go to *Brilliant Star*'s website.



1. I make friends with people of different cultures, ages, and religions.
Often = 3 • Sometimes = 2 • Rarely = 1
2. I ask people questions to get to know them at a deeper level.
Often = 3 • Sometimes = 2 • Rarely = 1
3. When someone new moves to my area, I help them feel welcome.
Often = 3 • Sometimes = 2 • Rarely = 1
4. I try to discover what I have in common with people I meet.
Often = 3 • Sometimes = 2 • Rarely = 1
5. I help keep my neighborhood looking clean and beautiful.
Often = 3 • Sometimes = 2 • Rarely = 1
6. I do volunteer work or service projects with my family or friends.
Often = 3 • Sometimes = 2 • Rarely = 1
7. My friends and I do art together—like music, drawing, or acting.
Often = 3 • Sometimes = 2 • Rarely = 1
8. When I see a problem in my community, I bring it up with someone I trust.
Often = 3 • Sometimes = 2 • Rarely = 1



9. When I say I'll do a task, I follow through and get it done.
Often = 3 • Sometimes = 2 • Rarely = 1
10. If a family member or friend is having a tough time, I ask how I can help.
Often = 3 • Sometimes = 2 • Rarely = 1
11. When I haven't heard from a friend in a while, I reach out to ask how they are.
Often = 3 • Sometimes = 2 • Rarely = 1
12. I help plan fun events for my family, school, or community.
Often = 3 • Sometimes = 2 • Rarely = 1



My Score

36-28 POINTS You and your friends are building a warm community. Keep reaching out to others with joy and kindness.

27-20 POINTS You're starting to help your community take shape. Keep it up! What can you do next?

19-12 POINTS You're on the right track! Think about who you could get to know better, and try some tips from the quiz.