

Muhammad's Kindness

Long ago, in the land of Arabia, many people lived in fear. They'd forgotten about God, and violence and hatred were common. When the Prophet Muhammad began teaching about God, love, and peace, many people didn't want to listen. The leaders of Muhammad's tribe did not want to change their ways. People mocked Him and said He was crazy. They tried to stop Him from teaching His new faith, Islam.



Every day, Muhammad walked to the mosque to pray. Along the way, He had to pass the house of an old woman, who showed her hatred by throwing garbage at Him. In spite of this, Muhammad would walk by courteously. Day after day, He never showed any anger toward her.

One day, Muhammad was surprised to find that the woman didn't appear and throw her garbage as He passed by. Rather than continue to the mosque, He stopped to ask her neighbor where the woman was. The neighbor told Him that she had fallen ill. Muhammad politely asked if He could see her.

The woman was sure that Muhammad was angry and wanted to take revenge on her while she was weak. But Muhammad told her that He had come to visit her and see if she needed anything. He said that God's command is to help anyone who is sick and needs

assistance. Even though she wasn't a Muslim—and, in fact, hated Muslims—Muhammad treated her with love and kindness.

Muhammad's compassion changed the woman's heart. The light of His character so impressed her that she immediately accepted Him as a Messenger of God.



Promoting Peace



Disunity among religions is a challenge faced in many parts of the world.

Try some of these ideas to encourage unity among people of all faiths.



Invite friends of all faiths to a Unity Game Night. Play cooperative games that use teamwork to overcome challenges.

Read books, and learn and share prayers from another faith.

Plan a Peace Potluck, where each person shares a dish and an idea for promoting peace.

Host an interfaith prayer gathering. Ask friends to share their favorite stories, prayers, and traditions from their faiths.

Suggest an art competition to celebrate religious diversity in your school or community.

Start a Unity Club at your school, open to anyone who wants

to join. Look for service projects you can do in the community.

Ask a friend to join you at a religious event or your house of worship. Find out if you can visit their house of worship.

Hold an interfaith music night. Ask people to bring their favorite songs and instruments.