

MONSTERS OF THE MIND

Have you met any monsters of the mind lately? Sometimes, when you least expect it, unkind thoughts can sneak into your brain, like creepy creatures. You might see someone who looks or sounds different from you and think, “Ew, he’s weird!” or “Yikes! I’m staying away.”

Prejudice lurks all around us. We can pick it up from the media or from the words and actions of others. Even

when we want to be fair and friendly to everyone, those nasty notions may catch us off guard.

How do you banish monstrous thoughts? Make friends with people who come from diverse cultures or who have different interests. You have the power to tame the monsters in your head. So stand up to their scary scowls—and make them scatter.

These monsters want to read up on stopping prejudice and negativity. Connect each one with the book that will help.

1 BOASTING BORKA

DON'T YOU KNOW THAT I'M THE **BEST**? I ALWAYS RULE ABOVE THE REST.

2 LYING LOOPA

TELL THE TRUTH? THAT'S JUST FOR FOOLS. IT'S FINE WITH ME TO BREAK THE **RULES**.

3 STEREOTYPING SORGA

I KNOW JUST BY LOOKING IF YOU WILL BE **COOL** OR STUPID OR SMART OR MY BEST FRIEND AT SCHOOL.

4 GOSSIPING GULZO

I TELL MY TALES TO ANY EAR. I RELISH SPREADING PAIN AND FEAR.

5 CYBER CYBOO

I'M VICIOUS IN E-MAIL OR TEXT. JUST WATCH OUT, OR YOU WILL BE **NEXT!**

6 FURIOUS FURGUS

DON'T CROSS MY PATH, OR I'LL **EXPLODE!** YOU'LL HATE MY TOXIC ANGER MODE.

7 BULLYING BONZO

I GET MY KICKS FROM TAUNTS AND **TEASES**, LIKE, “YOU'RE WEIRD AND HAVE DISEASES!”

8 CRUEL CRAMMO

AH-HA-HA-HA! SOME CALL ME **CRUEL**. BUT I JUST WANT TO RULE AT SCHOOL.

BOOK A: **KINDNESS IS KING**

BOOK B: **CHEERS, NOT SNEERS**

BOOK C: **TRUTH ROCKS!**

BOOK D: **HUMBLE HEART**

BOOK E: **GETTING TO KNOW YOU**

BOOK F: **KEEP YOUR COOL**

BOOK G: **RUN FROM RUMORS**

BOOK H: **CONNECT AND RESPECT**