What if there were a magic potion that would instantly make you the most popular, most athletic, or smartest kid in your school? Would you want to use it?

It can be fun to be admired and have a lot of friends—but that alone won't make you happy. A big part of happiness is being your true, authentic self.

You are a unique individual, with special talents and a one-of-a-kind personality. Your hobbies, interests, background, or religion may be different from others. Sometimes you may even feel like you want to change to fit in better. But it's more enchanting to follow your own dreams and goals. Focus on doing things that are best for you. And stick with friends who like you for who you really are.

It's not always easy to be yourself. You might make mistakes or get embarrassed once in a while. But you'll always be the best at it—you're the only person who can be you. And that's truly magical!

Wendell the Wizard is mixing a potion to help people express their true selves. Find the ingredients and write them on the scroll. Start with the orange letter and follow connected lines to spell out a word. You'll return to some letters more than once.